

FR JAMES WRITES ABOUT OUR NEW PARISH CLERGY: The office of the Vicar General called this week to tell us that **Fr Anthony Raja Sebastian** (Parish Priest) and **Fr Abhimanyu Nayak** (Assistant Priest) of the Congregation of the Sacred Hearts of Jesus and Mary (**SSCC**) will be arriving in the coming week. This is excellent news. Please pray for our new clergy team as they come to a new place. As I write I haven't heard from them directly and so don't know any more.

FAREWELL TO OUR PARISH CLERGY: Fr Carlos's last Sunday is *today* at St Gabriel's, and in the days following he moves to his new parish. Fr James will be helping the in-coming clergy to settle in, and then there will be a chance to say a formal goodbye to both our priests with a **PARISH LUNCH ON 10 SEPTEMBER** in St Gabriel's hall after the 12 Noon Mass. This will follow the usual pattern, so just come along and bring something to share to eat. Lunch finishes about 3pm.

FR CARLOS WRITES - As Frank Sinatra sings, 'And now the end is here...'

As I pack my boxes, I have had the opportunity to reflect in the past eighteen months at Harrow South and Northolt. I recall arriving, after a sudden change of clergy, just as the COVID Pandemic began to taper off. I can say I have felt welcomed into the parish. I hope that I have been able to be present for you: not necessarily always agreeable; but to counsel, warn, and even admonish while at the same time offering a lending ear, understanding the hardships of the world that we all live in. No priest is perfect, and for forgiveness for my weaknesses and misgivings, or even moments when I was just plainly harsh. I hope you have accepted a 33-year-old, hot-blooded, American for who he is.

Obviously, I cannot have served you with the best of my ability without your help. I thank Fr. James and Janeider, Gaynor, and Cynthia, each for the pastoral and administrative preparedness that leads now to Queensway; and to each and everyone of you for helping me each day to be faithful to God as a priest, in whatever situation.

A MESSAGE ABOUT OUR DEPARTING CLERGY from the Finance Committee: Some have been asking at the office, or from us, about making a collection for Frs James and Carlos as they leave the parish, and this is a traditional and a nice thing for us to do. The collection "buckets" in the foyer will be labelled in the coming weeks for this purpose, or anything in an envelope marked "clergy leaving collection" or similar can be added to the offertory or given to the office before Friday 8 Sept. Thank you on behalf of the whole parish.

AYLESFORD DIVINE MERCY RETREAT: The Divine Mercy Apostolate, London is holding a Retreat at Aylesford Priory, Monday 28 Aug. 10 am to 4:30 pm. Includes teachings on the Message of Divine Mercy, Holy Mass, Hour of Mercy with Stations of the Cross, Adoration and Benediction and Veneration of the Image of Merciful Jesus. Call Millie on 07957594646 for more information.

VOLUNTEERING IN THE PARISH: As things move on from the Covid period, and with all the upheaval of a change in clergy, it is important to keep an eye on all the nuts-and-bolts things that keep our churches running:

Cleaning and grounds care: Church cleaning is a really useful gift to offer your parish, and is also a great aid to spiritual life as we care for the place of worship. Cleaning teams currently meet for an hour on occasional Saturday mornings at 8.30am. Can you join? Many hands make swift and light work. Please contact the Parish Office to be added to the contact email list.

Similarly, there is now an enthusiastic team to give occasional care to the grounds of our sites. This provides a time of fellowship and a real sense of achievement! Could you join the team? Contact Parish Office as above.

REPOSITORY SHOPS: Thank you to the volunteers who have offered to staff the shops on Sundays. What we really need is someone willing to work with the office to keep the shops stocked and to organize the volunteers. Could that be you? If so, please speak with Fr James.

SVP CONFERENCE: Our SVP Conference will be becoming the focus for voluntary work in the parish to reach particular needs and offer pastoral support. There will be more news soon about practical arrangements. However, the next formal meeting of the Conference will be **TUESDAY 12 SEPT** at 7.30pm at St Gabriel's hall. Come along and find out more.

SVP SUMMER RAFFLE: The SVP alleviates the effects of poverty and loneliness through its members, volunteers and staff by providing friendship, practical assistance, and daily support in parishes. **THIS WEEKEND** raffle tickets will be on sale to support both our parish Conference and the national work of SVP. Tickets are £1 each or £5 per book. First prize is £5000!!; second prize is £1000 and then fifteen prizes of £100. Prizes are drawn at the SVP centre in Bradford on 27 September. Well worth a punt!

SYCAMORE GROUP NEXT MEETING: The group will next meet on Monday 11 September, at St Gabriel's Hall, 7pm for food and then meeting at 7.30pm. for an hour or so. *Sycamore* is a resource designed to help us come to ask questions about Catholic Faith and talk about aspects of the faith. All are welcome.

DIOCESAN PILGRIMAGE TO WALSINGHAM: Saturday 23 September. We have booked a coach! Prices inevitably rise, and seats on the coach are priced at £28, for a break-even total. Seats can be purchased from the Parish Office. The date may be a while away, but do sign up as soon as possible.

FREE AUTUMN CONCERT OF CLASSICAL MUSIC: Come to an informal concert at St Bernard's at 2pm on **SATURDAY 30 SEPTEMBER** featuring Simon Reynolds (our Director of Music), piano and Helen Schilsky, viola. Concert will last 2 hours approx. Tea and biscuits available after!

MARCH FOR LIFE, SATURDAY 2 SEPTEMBER: Put the date in your diary to join this important act of witness by Catholics and others of good will. This year's theme is 'Freedom to Live'. "Many are concerned about restrictions on freedoms but it's not until these restrictions affect us personally that we speak up. Sadly, those who have their most fundamental freedom taken from them, by abortion, cannot speak for themselves – this is why we march. For our nation to be truly free, no one can be denied the number one freedom, the freedom to live!" 10:30am: Mass at Westminster Cathedral; 10:30am-1pm: Events/Stalls/Talks/Testimonies at The Emmanuel Centre 1:30pm: March for Life (Emmanuel Centre to Parliament Square). Web: www.marchforlife.co.uk.

WORLD YOUTH DAY DIOCESAN SUMMER PICNIC: SAT 2 SEPT: Join Westminster Youth Ministry for a taste of Lisbon at their Summer Picnic. This event is aimed at any young person (12-35) in the Diocese who wasn't able to make it to World Youth Day. It will explore the theme for World Youth Day, 'Mary arose and went with haste', with workshops activities, testimonies and Mass with Bishop Paul McAleenan. Sign up at <https://youth.rcdow.org.uk/events/world-youth-day-summer-picnic/> Please note, for Safeguarding reasons any young person 12-16 year old will need to be accompanied either by a parent or group leader of a parish/school group. For 16-18 year olds additional sign up requirements are in place.

DIVINE MERCY RETREAT DAY AT NORTH HARROW: St John Fisher, 80 Imperial Close, Harrow HA2 7LW on Sat 9 Sept from 1:30pm to 4:30pm. The Retreat will include teachings on the Message of Divine Mercy, Holy Mass, Hour of Mercy with Stations of the Cross, Adoration and Benediction and Veneration of the Image of Merciful Jesus. All welcome. No advance booking or registration required" See poster in church.

ST JOAN OF ARC SCHOOL RICKMANSWORTH OPEN DAYS: Open Evening and Open Morning for prospective students and parents for Year 7 places in Sept 2024. Dates are:

- Open Evening Thurs 5 Oct from 5.00pm until 8.00pm
- Open Morning Fri 6 Oct 9.00am until 11.30am

Details of our Open Events, together with our Admission Policy and Supplementary Form (SIF) can also be found on our school website. See poster in church.

MISSIO IN OUR PARISH: Fr Carlos, as diocesan Missio Secretary writes: As Catholics we are called to raise awareness of the Church's evangelisation around the world. MISSIO is the charity from the Holy See that helps provide awareness in our local church to support those helping the global community, regardless of background or relief. Awareness exists through prayer and conversation, but financial help is always necessary - often through the famous 'Red Box'. We wish to take focus on MISSIO in the coming months. Currently, there is discussion of appointing a local secretary - a parish representative of MISSIO, but perhaps you may wonder how can you help. For more information visit missio.org.uk or speak with one of the clergy.

VOLUNTEERS WANTED BY SPUC: The Society for the Protection of Unborn Children needs help with labelling and packing letters and other office work at HQ: Kennington SE11 4AB. Suits all over 16. Lunch provided and fares refunded. Contact Elizabeth Foody on 020 7091 7091; lizfoody@spuc.org.uk

INVITATION TO YOUNG ADULTS FROM THE COMMUNITY OF O.L. WALSINGHAM: The Community of Our Lady of Walsingham (COLW) is offering an opportunity to Catholic men and women aged 18 - 35 to live alongside their community in Norfolk for a week this summer. As well as joining community prayers, meals and activities, there will be formation on topics such as Prayer, Scripture, Discernment and the Spirituality of Walsingham. There's one date left: 30 August - 6 Sept. Enquiries welcome by 31 July at freetobe@walsinghamcommunity.org; Tel: 01362 421442; www.walsinghamcommunity.org.

"RIGHT TO LIFE UK" NEED OUR HELP: RTL writes: You may have heard about the recent tragic case of a woman being sent abortion pills by the abortion provider, BPAS, who had not accurately established the gestation of her baby, Lily, who was then aborted at between 32 and 34 weeks, which is around 8 months gestation. Rather than take responsibility for sending out abortion pills 22 weeks beyond the legal limit for at-home abortions, BPAS is running a major campaign to fully 'decriminalise' abortion, which would introduce abortion up to birth!

Right To Life UK has launched an easy-to-use tool on our website which makes it simple for you to send an email to your MP asking them to oppose the introduction of abortion up to birth and instead ask the Government to reinstate in-person appointments to ensure babies like Lily are protected in the future. For more info, AND TO FIND AN EASY AID TO WRITING TO YOUR MP, go to: www.righttolife.org.uk/noabortionuptobirth

COULD YOU BE A FOUNDATION GOVERNOR AT A CATHOLIC SCHOOL? The All Saints Catholic Academy Trust (ASCAT) is currently seeking to recruit Foundation Governors for a number of our Schools local Governing Boards, across the Trust, to ensure high standards of achievement for all children and young people in the school by setting the school's vision, ethos and strategic direction; holding the headteacher to account for the educational performance of the school and its pupils; and overseeing the financial performance of the school and making sure its money is well spent.

This is an exciting opportunity to play a role in a vibrant and collaborative Trust that is in the process of expansion and development. The role of Foundation Governor is a rewarding one and offers various opportunities for professional and personal development. To be eligible for appointment, you must be a practising and committed Catholic, in communion with the Church. If you are interested in the opportunity to apply to become a Foundation Governor please contact Christina Reffold, Director of Governance & Compliance, via email governance@ascat.co.uk. See poster in church.

PILGRIMAGE TO ROME AND ASSISI 6-13 NOVEMBER: Fr Tom has sent details of a pilgrimage he will be leading from Northwood parish between 6-13 November. 4 nights in Rome and 2 in Assisi. Full details on the poster in church.

DIOCESAN PILGRIMAGE TO THE HOLY LAND 19-27 NOVEMBER: The annual Pilgrimage to the Holy Land will take place from Sunday 19th Nov to Monday 27th Nov, led by Bishop John Sherrington and Fr John Farrell OP. You can book online at <http://www.tangney-tours.com/WHL> or call Gill at Tangney Tours 01732 886666 or Elizabeth at the Pilgrimage office 0207 798 9173. It will include visits to Galilee, Jerusalem and Bethlehem. Flights will be from Heathrow. Costs are £2265 per person sharing, £682 single room supplement; travel insurance essential.

VOCATION TO RELIGIOUS LIFE? COME AND SEE WEEKENDS: The Cistercian Nuns of Holy Cross Abbey, Whitland, Pembrokeshire, are inviting single Catholic Women between the ages of 25 and 45 who are discerning a vocation to experience their monastic life during one of these weekends: Friday 11th August – Monday 14th August; • Friday 20th October – Monday 23rd October. Info at www.hcawhitland.co.uk.

MISSIO RED BOXES THANK YOU! In 2022 our parish raised £1,625.45 through our Red Boxes and donations to MISSIO and the Mill Hill Missionaries. This is part of a worldwide network of people supporting missionaries through prayer and financial assistance. Your support of projects such as the Fundong Mission Station in Cameroon has enabled Fr Leon, a Mill Hill Missionary, to help children learn in a safe environment and instil values that empower them to turn away from conflict and towards faith in God. Visit missio.org.uk to find more about how your support changes lives for the better. Red Boxes are available from the Parish Office or from the Sacristy at St Bernard's.

CARITAS HOMES FOR UKRAINE MATCHING SERVICE: See the poster in church. Caritas, in partnership with St John of God Hospitaller Services have launched a service to bring together displaced Ukrainians with those in the Catholic community willing to host them for 6 months. If you have room in your home in these difficult times to consider welcoming a stranger displaced by the evil war, visit <https://sjog-homesforukraine.uk/> for information.

GOOD COUNSEL NETWORK CAMPAIGN INFO: GCN have sent their 2022 Review (copy on the noticeboard at St Bernard, which amongst other things lists the names of lives saved with your support during the last year. GCN writes: *"Please also pray that the plans to introduce national buffer zones around abortion centres in the UK will not come to pass. In GK Chesterton's epic poem, The Ballad of the White Horse, Our Lady tells King Alfred, "I tell you naught for your comfort, Yea, naught for your desire, Save that the sky grows darker yet And the sea rises higher." Things may seem very dark indeed and the tide seems to rise higher but it is Christmas, and this is a season of hope. We do have a reason to hope. And the children that will celebrate their first Christmas this year because of your support, are a witness to this hope and this Christian joy!* To be a regular supporter or get involved in peaceful prayer vigils, write to info@goodcounselnetwork.com.

"There have now been over ten **million abortions** in Great Britain since the Abortion Act was passed 55 years ago, in October 1967. With this terrible number of lives lost, please pray and fast for the end of abortion in this country. GCN have sent a link to an article about the 10 million abortions that have taken place in Britain since the Abortion Act was passed on 27th October 1967. Also see what you can do to help end abortion. Please also share the article, <https://mariastopsabortion.blogspot.com/>. There are cards in the foyer to help you get involved.

CONTACTLESS MACHINES: We, like other parishes have been experiencing problems with the contactless payment consoles. We have made a little progress with determining the problems, but not yet as far as getting a solution. *Thank you for your patience.*

Thank you to everyone for your commitment and generosity in hard and uncertain times.

CALLING ALL SINGERS/MUSICIANS! MUSIC FOR SUNDAY MASS: During August there's less music at Sunday Mass. That reminds us how important music is to our worship and how, like anything valuable, it needs to be constantly renewed and developed. For the foreseeable future our Sunday Mass schedule is remaining as it is now, and we want to build up the music especially at 9am, 10am and 11am Mass. A GREAT WAY TO OFFER A MINISTRY TO YOUR PARISH IS TO COME AND JOIN THE SINGERS TO LEAD MUSIC AT THESE MASSES. Speak with the clergy or with Simon (Director of Music) if you can offer your talent in this way...and don't be shy!

CARITAS WESTMINSTER: The umbrella department for all social outreach have written to share a film that was produced to show the impact of our social justice work across the Diocese. It is a celebration of what we have achieved together across the Diocese. Here is a link to the film: <https://youtu.be/Vgxvkd-8Ug>

YOUNG CATHOLICS (AGE 18-35 YEARS): Keep in touch with the Youth Ministry website at www.dowym.com for many resources. Particularly now "Words of advice for Catholic Young Professionals".

NEWS FROM CARITAS WESTMINSTER: POVERTY CHALLENGE - SEE, JUDGE, ACT: Following the Pandemic many households face new hardships as prices rise. Caritas Social Action Network (CSAN) the Catholic agency addressing poverty and injustice in England and Wales has released a new booklet to increase awareness of Catholic Social Teaching on poverty. This can be downloaded at www.csan.org.uk

COST OF LIVING HUB: The Mayor of London has launched a new Cost of Living Hub to help people access information, support and advice about claiming benefits, dealing with debts, financial management and mental health support. Visit <https://www.london.gov.uk/cost-living-hub>

GRANTS TO HELP WITH ENERGY DEBTS: Possible help from a charitable trust plus links to other advice providers at <https://fuelpovertysource.org.uk/focus-on/fuel-debt-and-trust-funds/>

THE CATHOLIC NETWORK: See the poster in church advertising this free digital on-line service, a point of contact and interaction for Catholics seeking to interpret the world we live in. Each week the network welcomes guests, commentaries, reflections and instruction, as well as news items about work being done by Catholic organisations. More information at www.thecatholicnetwork.co.uk.

INTRODUCING CATHOLIC LISTENERS: Catholic Listeners; Diocese of Westminster, a new confidential listening helpline has been set up for those who are returning to the faith. The number is 0800 448 0704.

This service is based on the Landings ethos of compassionate listening. Although not a counselling service, they have a professional team trained on signposting to other services and agencies. They aim to help those in need of a safe space to talk. For further information please contact Ade at Catholiclisteners@gmail.com

SACRAMENTAL PREPARATION IN OUR PARISH: As we emerge from the Covid period to a new reality, so too our approach to preparation for the sacraments needs to change. We don't have an official line on this in our diocese as yet, but Cardinal Grech, Chair of the European Conference of Bishops, memorably said in 2020 that if after Covid the Church went back to doing what we did before it would be suicide!

There are some radical new ways of thinking on this unfolding in some parishes around the UK as we wait for the bishops to take a lead. We will be a little less radical.

As Parish Priest I ask families and candidates not to come with particular expectations or sense of entitlement to what should happen when: candidates should come to the sacraments when they are ready, and the first step to being ready is that habitual Sunday worship in line with the "Obligation" should be the *established* norm for the families of small children - and the children be part of this - or chosen personally by those of teenage years and above. After that, we can start to look at the base on which to build. If you have any questions or observations, contact Fr James. (*Notice issued March 2022*)



Support our parish.

You can make a donation to the parish by scanning the QR code or making a card payment on the card machine at the entrance of both of our churches.