

**LAST WEEK'S COLLECTIONS: Offertory - £1157.18**  
**Thank you for your generosity and commitment.**

**PARISH LUNCH TODAY (NOVEMBER 26):** Thanks to everyone who has volunteered for specific jobs setting up etc. Main things: Please plan to cook/bake/buy something to add to the table. Non-perishables can come in on Saturday evening, perishables on Sunday morning. More info at Mass today.

**SACRAMENT OF CONFIRMATION:** The first meeting of parents and children who are going to prepare the Sacrament of Confirmation will be held **on Monday 27th November 2023 at St Gabriel's Church Hall from 7 pm to 8 pm.** We have sent an email reminder to all parents to participate the meeting together with your children.

**SVP CHRISTMAS PARTY FOR SENIOR CITIZENS:** SVP is hosting a Senior Citizen Christmas Party for our elderly parishioners in St. Gabriel's Church Hall on Saturday, 9th of December from 2-5pm. Please leave your details with the Parish Secretary and let us know if you require assistance with transportation. Kindly RSVP by Friday, 1st December and pass on this invitation to other senior parishioners of South Harrow and Northolt.

**NOVEMBER: MONTH OF THE HOLY SOULS:** Envelopes are still available at the back of the church for you to enclose a list of your deceased family and friends and any offering you wish to make for Masses offered. Mass is offered regularly through November for all those so remembered.

**ADVENT "WALK WITH ME" BOOKLET:** On the Repository shops we have copies of the well known Walk with Me booklet of daily prayers and meditations for Advent. Great value at £1 per copy and a good resource for Advent. Don't forget that our Repository shops carry a good range of Christmas cards and calendars for 2024.

**CONTACTLESS MACHINES:** We would like to invite parishioners to use our contactless (DONA) machine for your contributions.

**THANK YOU:** We would like to thank your generous contributions for Catholic Agency For Overseas Development (CAFOD) and Mission Sunday collections: CAFOD £516.89; World Mission Day £496.36. We will inform you about Sick and Retired priests collection soon.

## **VOLUNTEERING FOR THE CHURCH:**

**FLOWER ARRANGING:** Flowers beautify altars and invites us to pray. We see some parishioners volunteer to arrange flowers. We would like to invite those who want to volunteer to arrange flowers in the church, please call the office.

**REPAIRING OUR GATES:** Last week some one hit exit gate of St Bernard's Church. We have found the metal things that were pulled out of the gate. The work looks simple enough welding it together. We would like to know if anyone can volunteer to see the gate work is done.

**REPOSITORY:** Both shops are now fully stocked with items for Christmas, Advent calendars, cards, cribs, children's books, diaries, etc. All at very competitive prices. If you would like to help Joyce Gomes with the shops in any way please do not hesitate to talk to Fr. Raja or contact the office. Joyce would be very grateful for your help.

**MISSIO" RED BOXES/ WORLD MISSION SUNDAY TODAY:** We have more Red Boxes in stock. Ask at the office or at the sacristy at St Bernard's. Thank you for supporting *Missio*. See posters in church for details. Envelopes for Gift Aid donations are in the foyer. All donations go to the Universal Solidarity Fund to support developing or impoverished Catholic communities around the world. For more information about World Mission Sunday, visit <https://missio.org.uk/wms>

**SOME FINANCE MATTERS:**

**1) THANK YOU! GIFT AID TAX RECLAIM:** We have now received all our Tax Reclaims for 2023, coming to a total of **£16,076.53**. Thanks to everyone who has signed a Gift Aid Declaration which makes it possible for us to claim this money. If you are a taxpayer and don't currently Gift Aid your donations, please consider this. Forms are available in the foyer of church and on the website <http://parish.rcdow.org.uk/harrowsouth/donate>. *(Also, should you cease being a tax payer, please let the office know).*

**2) DONATE BY STANDING ORDER:** Would you consider donating your offering by Standing Order instead of cash? If so, there's a form in the foyer or just ask for advice from the office or the clergy. Standing Orders make it easier to keep track of your outgoings, easier for the parish to plan what our income is, and easier and more secure as we handle less cash.

**3) CONTACTLESS MACHINES:** The contactless machines at both churches are working with Wi-Fi changes. You can contribute your offertory now with Dona app. ***Thank you to everyone for your commitment and generosity in hard and uncertain times.***

**CALLING ALL SINGERS/MUSICIANS! MUSIC FOR SUNDAY MASS:** During August there's less music at Sunday Mass. That reminds us how important music is to our worship and how, like anything valuable, it needs to be constantly renewed and developed. For the foreseeable future our Sunday Mass schedule is remaining as it is now, and we want to build up the music especially at 9am, 10am and 11am Mass. **A GREAT WAY TO OFFER A MINISTRY TO YOUR PARISH IS TO COME AND JOIN THE SINGERS TO LEAD MUSIC AT THESE MASSES.** Speak with the clergy or with Simon (Director of Music) if you can offer your talent in this way...and don't be shy!

**MISSIO IN OUR PARISH:** Fr Carlos, as diocesan *Missio* Secretary writes: As Catholics we are called to raise awareness of the Church's evangelisation around the world. MISSIO is the charity from the Holy See that helps provide awareness in our local church to support those helping the global community, regardless of background or relief. Awareness exists through prayer and conversation, but financial help is always necessary - often through the famous 'Red Box'. We wish to take focus on MISSIO in the coming months. Currently, there is discussion of appointing a local secretary - a parish representative of MISSIO, but perhaps you may wonder how can you help. For more information visit [missio.org.uk](https://missio.org.uk) or speak with one of the clergies.

**MISSIO RED BOXES THANK YOU!** In 2022 our parish raised £1,625.45 through our Rex Boxes and donations to MISSIO and the Mill Hill Missionaries. This is part of a worldwide network of people supporting missionaries through prayer and financial assistance. Your support of projects such as the Fundong Mission Station in Cameroon has enabled Fr Leon, a Mill Hill Missionary, to help children learn in a safe environment and instil values that empower them to turn away from conflict and towards faith in God. Visit [missio.org.uk](http://missio.org.uk) to find more about how your support changes lives for the better. Red Boxes are available from the Parish Office or from the Sacristy at St Bernard's.

### **SACRAMENTAL PREPARATION IN OUR PARISH:**

Families and candidates should not come with particular expectations or sense of entitlement to what should happen when: candidates should come to the sacraments when they are ready, and the first step to being ready is that habitual Sunday worship in line with the "Obligation" should be the established norm for the families of small children - and the children be part of this - or chosen personally by those of teenage years and above. After that, we can start to look at the base on which to build.

If you have any questions or observations, contact Fr Raja Sebastian.

**VOLUNTEERING IN THE PARISH:** As things move on from the Covid period, it is important to keep an eye on all the nuts-and-bolts things that keep our churches running:

**Cleaning and grounds care:** Church cleaning is a really useful gift to offer your parish, and is also a great aid to spiritual life as we care for the place of worship. Cleaning teams currently meet for an hour on occasional Saturday mornings at 8.30am. There will also be occasional cleaning sessions on Fridays at St Gabriel's after 10am Mass.

**Can you join?** Many hands make swift and light work. Please contact the Parish Office to be added to the contact email list.

Similarly, there is now an enthusiastic team to give occasional care to the grounds of our sites. This provides a time of fellowship and a real sense of achievement! Could you join the team? Contact Parish Office as above.

### **OTHER NEWS**

**ADVENT RETREAT FOR YOUNG ADULTS (18-30S)** with the Assumption Sisters on Sunday **3rd December 2023 in Kensington**. Young people are invited for a day retreat to prepare spiritually for Christmas, with reflections, prayer, adoration, and confessions. Venue: Our Lady of Mount Carmel and St Simon Stock, London W8 4BB. Timings: Mass at 12.15pm, Lunch at 1pm, Retreat from 2pm-5.30pm. Donations only. Register: [tramy@assumptionreligious.org](mailto:tramy@assumptionreligious.org)

**DIVINE MERCY ADVENT REFLECTION:** The Divine Mercy Apostolate, London is holding a Divine Mercy Advent Reflection at St Saviour's Roman Catholic Church Lewisham **on Saturday 9 December 2023 from 1:30 pm to 4:30 pm led by the Marian Fathers**. Another Divine Mercy Advent Reflection 2023 at Sacred Heart RC Church New Priory Quex Road Kilburn London NW6 4PS on **Saturday 10 December 2023 from 2:30 pm to 5:30 pm** led by the Marian Fathers. The Retreat will include teachings on the Message of Mercy, Stations of the Cross, Holy Mass, Hour of Mercy with Adoration and Benediction and Veneration of the Image of Merciful Jesus. All Welcome. Please call Millie on 07957594646 for more information

**CATHEDRAL LIGHTING:** Westminster Cathedral the mother Church of our diocese has improved the lighting of its main sanctuary. The improved lighting is of great benefit on major occasions particularly if they are being broadcast or live streamed. The improvements are being funded by the Friends of Westminster Cathedral. They

are asking for our help by supporting their Big Give Campaign with online donations. For donations made from 12.00 noon on Tuesday 28 November and before 12.00 noon on Tuesday 5 December every £1 given is worth £2 with matched funding and £2.25 if you can tick the Gift Aid box. The link to the donation site is <https://bit.ly/FriendsBG23>

**HOME FOR UKRAINE MATCHING SERVICE:** Caritas Social Action Network, in partnership with St John of God Hospitaller Services, an international Catholic charity with many services for the vulnerable in the UK and Ireland, are matching Ukrainian people displaced by the brutal war with people in the Catholic community willing to host them in their homes for six months. If you have room in your home and in your heart to consider welcoming a stranger displaced by war, then we'd love to hear from you. Please visit <https://sjog-homesforukraine.uk/> for more information.

**JUBLIEE 2025: YEAR OF THE COUNCIL:** Two online talks, **Tuesday Evenings, 7.30-8.30pm**, given by Fr Brian O'Mahony. **7th November Lumen Gentium:** How the Church Looks at Herself **28th November Gaudium et Spes:** How the Church Looks at the World **THE** talks will be delivered via Zoom. To register: Please contact Warren Brown [catadmin@rcdow.org.uk](mailto:catadmin@rcdow.org.uk) For information or queries, contact Anna, [annadupelycz@rcdow.org.uk](mailto:annadupelycz@rcdow.org.uk) Participants are invited to make a donation of £5 per talk: <https://rcdow.org.uk/donations/agency-for-evangelisation/> by adding 'Year of the Council' in the optional message box.

**DIOCESAN WEEKLY JOB UPDATE** 16 November 2023

Job Title	Dept name	Closing date
<b>DBS Administrator</b>	Safeguarding	30/11/2023
<b>Pilgrimages Bookings Administrator (FTC 7 months)</b>	Pilgrimages Team	30/11/2023
<b>Catechetical Coordinator</b>	Kilburn	01/12/2023

**YOUTH MINISTRY**

**Advent Summit:** This Advent all young people in the diocese are invited to join Westminster Youth Ministry **on Saturday 2<sup>nd</sup> December from 2pm to 5pm**. This afternoon of prayer and adoration will be themed around 'the dwelling place' with speakers including Cardinal Vincent Nichols and Emmanuelle McFarlane-Barrow. Confessions will be available throughout. The event will take place at Our Lady Queen of Heaven, Queensway. For more information see the attached poster or email [youth@rcdow.org.uk](mailto:youth@rcdow.org.uk) if you are interested in bringing a group. You can sign up at <https://youth.rcdow.org.uk/events/advent-summit-2/>

**FIVE ADDITIONAL FOUNDATION DIRECTORS:** The All Saints Catholic Academy Trust (ASCAT) is currently seeking to appoint up to 5 additional Foundation Directors to the Trust board as part of the ongoing expansion of the Trust in line with the Diocese of Westminster's Academy Strategy. Foundation Directors are key strategic decision-makers in a Catholic Academy Trust (CAT). The legal responsibility for the performance of each academy rests with them. Their role is strategic rather than operational much in the same way that the role of a Foundation Governor is within a single non-academy Catholic school. This is an exciting opportunity to play a role in a vibrant and collaborative Trust that is in the process of expansion and development. The role of Foundation Director is incredibly rewarding and the benefits include personal and professional development;

Supporting the local and wider Catholic community; gaining insight into the Education Sector; and having impact on the Schools in the Trust. If this is something that is of interest please contact Christina Reffold at [governance@ascat.co.uk](mailto:governance@ascat.co.uk)

More information is available on the Trust website <https://www.ascatonline.co.uk/Become-a-Foundation-Director/>

**JOB OPPORTUNITY AT ST DOMINIC'S COLLEGE:** St. Dominic's Sixth Form College vacancy – Student Services Assistant. For info please download an application from the website [www.stdoms.ac.uk](http://www.stdoms.ac.uk) or contact the college business manager - Jacqueline Brosnan on [JAB@stdoms.ac.uk](mailto:JAB@stdoms.ac.uk)

**VOLUNTEERS WANTED BY SPUC:** The Society for the Protection of Unborn Children needs help with labelling and packing letters and other office work at HQ: Kennington SE11 4AB. Suits all over 16. Lunch provided and fares refunded. Contact Elizabeth Foody on 020 7091 7091; [lizfoody@spuc.org.uk](mailto:lizfoody@spuc.org.uk)

**"RIGHT TO LIFE UK" NEED OUR HELP:** RTL writes: You may have heard about the recent tragic case of a woman being sent abortion pills by the abortion provider, BPAS, who had not accurately established the gestation of her baby, Lily, who was then aborted at between 32 and 34 weeks, which is around 8 months gestation. Rather than take responsibility for sending out abortion pills 22 weeks beyond the legal limit for at-home abortions, BPAS is running a major campaign to fully 'decriminalise' abortion, which would introduce abortion up to birth!

Right To Life UK has launched an easy-to-use tool on our website which makes it simple for you to send an email to your MP asking them to oppose the introduction of abortion up to birth and instead ask the Government to reinstate in-person appointments to ensure babies like Lily are protected in the future. For more info, AND TO FIND AN EASY AID TO WRITING TO YOUR MP, go to:

[www.righttolife.org.uk/noabortionuptobirth](http://www.righttolife.org.uk/noabortionuptobirth)

**COULD YOU BE A FOUNDATION GOVERNOR AT A CATHOLIC SCHOOL?** The All Saints Catholic Academy Trust (ASCAT) is currently seeking to recruit Foundation Governors for a number of our Schools local Governing Boards, across the Trust, to ensure high standards of achievement for all children and young people in the school by setting the school's vision, ethos and strategic direction; holding the headteacher to account for the educational performance of the school and its pupils; and overseeing the financial performance of the school and making sure its money is well spent.

This is an exciting opportunity to play a role in a vibrant and collaborative Trust that is in the process of expansion and development. The role of Foundation Governor is a rewarding one and offers various opportunities for professional and personal development. To be eligible for appointment, you must be a practicing and committed Catholic, in communion with the Church. If you are interested in the opportunity to apply to become a Foundation Governor please contact Christina Reffold, Director of Governance & Compliance, via email [governance@ascat.co.uk](mailto:governance@ascat.co.uk). See poster in church.

**CARITAS HOMES FOR UKRAINE MATCHING SERVICE:** See the poster in church. Caritas, in partnership with St John of God Hospitaller Services have launched a service to bring together displaced Ukrainians with those in the Catholic community willing to host them for 6 months. If you have room in your home in these difficult times to consider welcoming a stranger displaced by the evil war, visit <https://sjog-homesforukraine.uk/> for information.

**GOOD COUNSEL NETWORK CAMPAIGN INFO:** GCN have sent their 2022 Review (copy on the noticeboard at St Bernard, which amongst other things lists the names of lives saved with your support during the last year. GCN writes: *“Please also pray that the plans to introduce national buffer zones around abortion centres in the UK will not come to pass. In GK Chesterton’s epic poem, The Ballad of the White Horse, Our Lady tells King Alfred, “I tell you naught for your comfort, Yea, naught for your desire, Save that the sky grows darker yet And the sea rises higher.” Things may seem very dark indeed and the tide seems to rise higher but it is Christmas, and this is a season of hope. We do have a reason to hope. And the children that will celebrate their first Christmas this year because of your support, are a witness to this hope and this Christian joy!* To be a regular supporter or get involved in peaceful prayer vigils, write to [info@goodcounselnetwork.com](mailto:info@goodcounselnetwork.com).

“There have now been over ten **million abortions** in Great Britain since the Abortion Act was passed 55 years ago, in October 1967. With this terrible number of lives lost, please pray and fast for the end of abortion in this country. GCN have sent a link to an article about the 10 million abortions that have taken place in Britain since the Abortion Act was passed on 27<sup>th</sup> October 1967. Also see what you can do to help end abortion. Please also share the article, <https://mariastopsabortion.blogspot.com/>. There are cards in the foyer to help you get involved.

**CARITAS WESTMINSTER:** The umbrella department for all social outreach have written to share a film that was produced to show the impact of our social justice work across the Diocese. It is a celebration of what we have achieved together across the Diocese. Here is a link to the film: <https://youtu.be/Vgxvakd-8Ug>

**YOUNG CATHOLICS (AGE 18-35 YEARS):** Keep in touch with the Youth Ministry website at [www.dowym.com](http://www.dowym.com) for many resources. Particularly now “Words of advice for Catholic Young Professionals”.

**NEWS FROM CARITAS WESTMINSTER: POVERTY CHALLENGE - SEE, JUDGE, ACT:** Following the Pandemic many households face new hardships as prices rise. Caritas Social Action Network (CSAN) the Catholic agency addressing poverty and injustice in England and Wales has released a new booklet to increase awareness of Catholic Social Teaching on poverty. This can be downloaded at [www.csan.org.uk](http://www.csan.org.uk)

**COST OF LIVING HUB:** The Mayor of London has launched a new Cost of Living Hub to help people access information, support and advice about claiming benefits, dealing with debts, financial management and mental health support. Visit <https://www.london.gov.uk/cost-living-hub>

**GRANTS TO HELP WITH ENERGY DEBTS:** Possible help from a charitable trust plus links to other advice providers at <https://fuelpovertysource.org.uk/focus-on/fuel-debt-and-trust-funds/>

**THE CATHOLIC NETWORK:** See the poster in church advertising this free digital on-line service, a point of contact and interaction for catholics seeking to interpret the world we live in. Each week the network welcomes guests, commentaries, reflections and instruction, as well as news items about work being done by catholic organisations. More information at [www.thecatholicnetwork.co.uk](http://www.thecatholicnetwork.co.uk).

**INTRODUCING CATHOLIC LISTENERS:** Catholic Listeners; Diocese of Westminster, a new confidential listening helpline has been set up for those who are returning to the faith. The number is 0800 448 0704. This service is based on the Landings ethos of compassionate listening. Although not a counselling service, they

have a professional team trained on signposting to other services and agencies. They aim to help those in need of a safe space to talk. For further information please contact Ade at Catholiclisteners@gmail.com



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**Support our parish.**

You can make a donation to the parish by scanning the QR code or making a card payment on the card machine at the entrance of both of our churches.