

# CATHOLIC PARISH OF HEMEL WEST

## 1ST SUNDAY IN LENT

6 MARCH 2022

Sunday cycle  
Readings Year C  
Weekday readings  
Year 2  
Divine Office  
Week 1



### **TODAY'S MASS**

*The Temptation  
in the Wilderness*

Fr Brian writes....

#### **Background on the Gospel Reading : Luke 4:1-13**

In each of the three Synoptic Gospels, after his baptism, Jesus is reported to have spent forty days in the desert, fasting and praying. In Luke and in Matthew, the devil presents three temptations to Jesus. The devil tempts Jesus to use his power to appease his hunger, he offers Jesus all the kingdoms of the world if Jesus will worship him, and he tempts Jesus to put God's promise of protection to the test. In each case, Jesus resists, citing words from Scripture to rebuke the devil's temptation. Each temptation that Jesus faces offers insight into the spirituality we hope to develop as we keep the forty days of the Season of Lent. We can trust God to provide for our material needs. We worship God because God alone has dominion over us and our world. We can trust God to be faithful to his promises. Jesus' rejection of the devil's temptations shows that he will not put God to the test. Grounding himself on the Word and authority of Scripture, Jesus rebukes the devil by his confidence in God's protection and faithfulness. This Gospel highlights for us one of the central themes of the Season of Lent. We are dependent upon God for all that we have and all that we are. Anything that leads us to reject this dependency or to distrust its sufficiency, is a temptation from the devil. The devil is a real and spiritual being, a fallen angel, unrelentingly opposed to us and desiring our spiritual downfall. We battle him, along with the world and the flesh. Jesus' responses to the temptations of the devil teach us how we can respond to temptation. As we start our journey through Lent, this Sunday's Gospel calls us to adopt the same confidence that Jesus had in the face of temptation: God's word alone will suffice, God's promise of protection can be trusted, and God alone is God. Have a good lent!

# PARISH NEWS

**Welcome to the parish of Hemel West. If you are new to the parish, please make yourself known to Fr Brian, by contacting him on 01442 391 759.**

## LENT 2022

**HOLY HOUR:** (with Confessions, Adoration & Benediction) 7pm Fridays at Ss Mary & Joseph. This will also be Livestreamed. Please note there will not be Confessions, Adoration & Benediction on 18 March and 8 April.

**STATIONS OF THE CROSS:** Please come and join St Mark's for the Way of the Cross, 7pm every Tuesday in Lent. If you cannot make it then please watch the Livestream on the YouTube account <https://www.youtube.com/c/HemelWestCatholic>

**STATIONS OF THE CROSS:** Every Thursday 11am at Ss Mary & Joseph lead by the Catholic Women's league. (Starting on 10 March).

**TAIZE SERVICE** at Ss Mary & Joseph Friday 18 March and Friday 8 April at 7pm.

**RECEPTION OF HOLY COMMUNION:** If you are wearing a mask, you'll find it easier to remove your mask just before you receive Holy Communion and then replace it. And just a reminder that you when you receive Holy Communion, you must immediately consume the Sacred Host and not walk away with the Sacred Host. I ask parents to be especially vigilant in regards to their children in this matter. There has been at least one situation recently where the Sacred Host has been found on the floor after Mass. This is an act of sacrilege, albeit unintentional, but none the less very serious for which there is no excuse. Please say a small prayer in reparation.

**PRAYING FOR THE SICK:** Do write and place the names of those who are sick inside a small sealed envelope, that you would like prayed for and remembered at Mass, into the bronze bowl on the sanctuary. You'll see it next to the lectern below the sign. Do let me know of any healings or favours received so that a Mass of Thanksgiving can be offered to the glory of God. Let the sick

person know that their name is in the bowl and encourage them to have faith in God for healing.

**CARDINAL'S LENTEN APPEAL: HEAT or EAT?** Help those facing this choice. This year, we celebrate 10 years of Caritas Westminster, the social action agency of the Diocese, working with parishes to restore hope, and enable people to lead a life of dignity. Funds raised in this year's Cardinal's Lenten Appeal will be shared between parishes and Caritas Westminster. The effects of the pandemic are making daily life harder for all. Price rises mean many families face an impossible choice: HEAT or EAT? The Church is responding, with thousands of people putting their faith into action by serving those in need. Cardinal Nichols has expressed his gratitude to everyone who supports the Appeal, with whatever they can afford. Just as a mosaic is made up of many different coloured pieces, each one unique, each person's contribution to this mosaic of hope will bring light into the lives of people across our Diocese. Please take a donation envelope, alternatively you can use the QR code to make

## GOSPEL READINGS FOR THE FORTHCOMING WEEK:

Mon:	Matthew	25:31-46
Tues:	Matthew	6: 7- 15
Wed:	Luke	11:29-32
Thurs:	Matthew	7: 7-12
Fri:	Matthew	5:20- 26
Sat:	Matthew	5:43-48
Sunday:	Luke	4: 1-13

## PARISH FINANCES

**PLANNED GIVING:** Thank you to all those who have made the switch to donating by Standing Order. For those who wish to donate in this way, the details are:

*Account Name: WRCDT Hemel West*  
*Sort Code: 40-05-20*  
*Account No.: 31095048*

**The offertory collection Income figures are published on a monthly basis once the bank reconciliation is completed.**

your donation online. Thank you for your anticipated generosity this season of Lent.. You can view two short films about the impact of your previous support, on the website [www.CardinalsLentenAppeal.org.uk](http://www.CardinalsLentenAppeal.org.uk).

**CATHOLIC WOMENS LEAUGE:** We will be meeting on Thursday 10 March, 7.30pm at St Joseph's Hall. All ladies of the Parishes are welcome. We will be discussing arrangements for our forthcoming Flower Festival on the May bank holiday weekend. Any help with flower arranging and sponsorship for flowers welcome.

**CAFOD FAMILY FAST DAY FRIDAY 11 MARCH:** Family Fast Day is a day when we are asked to eat simply and give generously. CAFOD is asking us this day to support mums, like Amie in Sierra Leone, with expert training in growing and making healthy food. You can donate in Church using a CAFOD envelope; or go to [cafod.org.uk/lent](http://cafod.org.uk/lent). Thank you for your generosity.

**ANNUAL MASS OF THANKSGIVING:** Annual Mass of Thanksgiving for the Sacrament of Matrimony : Westminster Cathedral, Saturday 14 May 2022 at 3pm. The Cardinal is inviting to this Mass all couples in the Diocese, who are celebrating their 5th 10th, 25th, 30th, 40th, 50th and 60th (and every year over 60) Wedding Anniversary of Catholic Marriage in 2022. If you are celebrating an anniversary, please email Fr Brian the following details: husband and wife's names, wedding date, full postal address and email (or telephone number, if no email) by Friday 25 March.

**NEWSLETTER ITEMS:** When submitting an item for the newsletter, please send the details and information as you would like to see it published in the newsletter. Please keep your item to no more than 60 words. Please email Shirley by Wednesday 12 Noon and she will be do her best to accommodate it.

**Office Hours and Telephone cover for Hemel West.**

**Email: [shirleybailey@rcdow.org.uk](mailto:shirleybailey@rcdow.org.uk)  
Phone: 01442 391 759 option 2**

Telephone cover for West	Hemel West Office Hours
<b>Monday 12 noon-6pm</b>	<b>Monday 3pm-6pm</b>
<b>Tuesday 9.30am-3.30pm</b>	<b>Tuesday Closed</b>
<b>Wednesday 9.30am-3.30pm</b>	<b>Wednesday 9.30am-3.30pm</b>
<b>Thursday 9.30am-3.30pm</b>	<b>Thursday 9.30am-12.30pm</b>
<b>Friday 9.30am-3.30pm</b>	<b>Friday 9.30am-12.30pm</b>

**Reflection**

Love is the one thing that cannot hurt your neighbour; that is why it is the answer to every one of the Commandments.

(Jesuit Spirituality)

**Prayer**

Father, we pray for our Sisters and Brothers across the World.

Give us hearts that seek you, help us to love and support all our Sisters and Brothers as one family of God, and help us to reach out to them with great generosity this Family Fast Day.

Amen

# HOLY MASS INTENTIONS

<b>SUN 6 Mar</b>	1st Sunday of Lent	<b>(SMSJ)</b> 6pm (Vigil) <b>(SMSJ)</b> 8.30am <b>(SMSJ)</b> 10.15am <b>(SM)</b> 12 noon	Michael Flanagan (RIP ANNIV) Pro Populo Alonso Espinosa (1st RIP ANNIV)
<b>MON 7 Mar</b>	Lent feria	<b>(SMSJ)</b> 10am	Paul Liversidge (RIP)
<b>TUE 8 Mar</b>	Lent feria	<b>(SMSJ)</b> 10am	
<b>WED 9 Mar</b>	Lent feria	<b>(SMSJ)</b> 10am	Funeral for Dr Stephanie Christine Yvonne Sita Xavier (RIP)
<b>THU 10 Mar</b>	Lent feria		NO PUBLIC MASS
<b>FRI 11 Mar</b>	Lent feria	<b>(SMSJ)</b> 10am	
<b>SAT 12 Mar</b>	Lent feria	<b>(SMSJ)</b> 6pm	
<b>SUN 13 Mar</b>	2nd Sunday of Lent	<b>(SMSJ)</b> 8.30am <b>(SMSJ)</b> 10.15am <b>(SM)</b> 12 noon	Pro Populo Mary Nash (RIP) Kaz & Peg Sitkowski (RIP)

**MASS INTENTIONS:** If you would like a Mass offered for a deceased family member or a friend, or for any other intention, do let Shirley Bailey know by emailing her at [shirleybailey@rcdow.org.uk](mailto:shirleybailey@rcdow.org.uk) or you can call her on 01442 391 759. It is customary to make an offering and the diocese recommends £10 per Mass. If this is unaffordable for you, please feel free to make an offering you can afford.

**SACRAMENT OF RECONCILIATION:** **Saturday:** 5pm-5.30pm at SS Mary & Joseph church and by appointment.



Please switch off  
all mobile phones

## MAKING CONTACT AT HEMEL WEST CATHOLIC PARISH

**Parish Priest:** Fr Brian McMahon      [brianmcmahon@rcdow.org.uk](mailto:brianmcmahon@rcdow.org.uk) ( Opt 3)

**Deacon:** Rev Simon Wright      [simonwright@rcdow.org.uk](mailto:simonwright@rcdow.org.uk)

**Parish Administrator:** Shirley Bailey      [shirleybailey@rcdow.org.uk](mailto:shirleybailey@rcdow.org.uk) ( Opt 2)

**Hall Bookings:** via Shirley or [hemelwesthallbookings@rcdow.org.uk](mailto:hemelwesthallbookings@rcdow.org.uk) (In Office Hours)

**Address:** The Presbytery, 186 St John's Road, Hemel Hempstead, Herts. HP1 1NR

**website:** <https://parish.rcdow.org.uk/hemelhempestadwest/>

**01442 391 759**

*Diocese of Westminster Charity N<sup>o</sup>: 233699*