

PRAYERS FOR HOME: NOVEMBER 2020, NO. 1

PRAYER FOR CHRISTIAN PATIENCE

Teach me, my Lord, to be sweet and gentle in all the events of my life, in disappointments, in the thoughtlessness of others, in the insincerity of those I trusted, in the unfaithfulness of those on whom I relied.



Let me forget myself so that I may enjoy the happiness of others. Let me always hide my little pains and heartaches so that I may be the only one to suffer from them. Teach me to profit by the suffering that comes across my path.

Let me so use it that it may mellow me, not harden or embitter me; that it may make me patient, not irritable; that it may make me broad in my forgiveness, not narrow or proud or overbearing.

May no one be less good for having come within my influence; no one less pure, less true, less kind, less noble, for having been a fellow traveller with me on our journey towards eternal life.

As I meet with one cross after another, let me whisper a word of love to You. May my life be lived in the supernatural, full of power for good, and strong in its purpose of sanctity. Amen.

PRAYERS FOR OUR LOVED ONES WHO HAVE DIED

Psalm 129

¹Out of the depths I cry to you, O LORD;

²Lord, hear my voice!

O let your ears be attentive
to the sound of my pleadings.

³If you, O LORD, should mark iniquities,
Lord, who could stand?

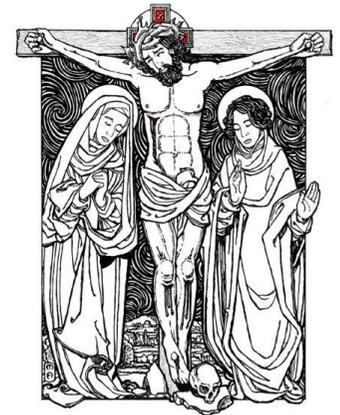
⁴But with you is found forgiveness,
that you may be revered.

⁵I long for you, O LORD,
my soul longs for his word.

⁶My soul hopes in the Lord
more than watchmen for daybreak.
More than watchmen for daybreak,

⁷Let Israel hope for the LORD.
For with the LORD there is mercy,
in him is plentiful redemption.

⁸It is he who will redeem Israel
from all its iniquities.



God our Father,
Your power brings us to birth,
Your providence guides our lives,
and by Your command we return to dust.

Lord, those who die still live in Your presence,
their lives change but do not end.

I pray in hope for my family,
relatives and friends,
and for all the dead known to You alone.

In company with Christ,
Who died and now lives,
may they rejoice in Your kingdom,
where all our tears are wiped away.
Unite us together again in one family,
to sing Your praise forever and ever.

Eternal rest grant unto them, O Lord, and let perpetual light
shine upon them. May they rest in peace. Amen.

**POPE FRANCIS'S PRAYER AT THIS TIME OF THE
CORONAVIRUS OUTBREAK.**

O Mary, you always shine on our path as a sign of salvation and of hope. We entrust ourselves to you, Health of the Sick, who at the cross took part in Jesus's pain, keeping your faith firm.

You, Salvation of the Roman People, know what we need, and we are sure you will provide so that, as in Cana of Galilee, we may return to joy and to feasting after this time of trial.

Help us, Mother of Divine Love, to conform to the will of the Father and to do as we are told by Jesus — who has taken upon himself our sufferings and carried our sorrows — to lead us, through the cross, to the joy of the resurrection.

Under your protection, we seek refuge, Holy Mother of God. Do not disdain the entreaties of us who are in trial, but deliver us from every danger, O glorious and blessed Virgin. Amen.

Our Lady, "Salus Populi Romani"



PRAYER TO MAKE A SPIRITUAL COMMUNION

St. Thomas Aquinas once defined a Spiritual Communion as "an ardent desire to receive Jesus in the Most Holy Sacrament [in Communion at Mass] and in lovingly embracing Him as if we had actually received Him."

My Jesus, I believe that you are present in the most Blessed Sacrament.

I love You above all things and I desire to receive You into my soul.

Since I cannot now receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there, and unite myself wholly to You.

Never permit me to be separated from You. Amen.

