



Diocese of Westminster

Our Lady, Queen of Apostles

Served by the Society of the Divine Vocations - Vocationists

15 The Green, Heston, Hounslow TW5 0RL

020 8570 1818 - heston@rcdow.org.uk

www.parish.rcdow.org.uk/heston



@olqaheston



facebook.com/olqaheston



Parish Priest: Fr Luigi Morrone, SDV

Assistant Priest: Fr Ritche Podador, SDV

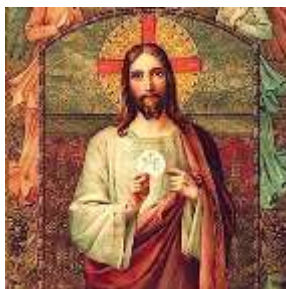
Parish Secretary: Sandra Duarte

Bookkeeper: Bejoy Ignatious

Parish Safeguarding Representative: Salette Coutinho and Melanie Keshwala

The Office is open to the public on Monday to Thursday 9 AM to 1 PM

11 JUNE 2023 – THE MOST HOLY BODY AND BLOOD OF CHRIST (CORPUS CHRISTI)



This Sunday we celebrate the Feast of the Body and Blood of Christ (Corpus Christi). At the Last Supper, Jesus and his disciples gathered around a table to share their last meal together before his death. Jesus loved his disciples very much. And so on the night in which he was betrayed, he took bread and, after giving thanks, broke it, saying, “This is my body which is for you; do this in memory of me.” In the same way, taking the cup after the supper, he said, “This cup is the new covenant in my blood. Whenever you drink it, do it in memory of me”.

This is what we celebrate in the Mass. When we gather as a church or school family to receive the Body of Christ, we show that we are united as the Body of Christ. When we share with our neighbour, we become sisters and brothers in Jesus, and bring his life and love into the world. The Church is a place where rich and the poor, black and white, old and young are all called to gather together around Christ’s table. At the Eucharist we pray as one God’s family, praising God for all his gifts and above all for his unconditional love for each one of us. Jesus said: ‘I am the bread of life; whoever comes to me shall never be hungry, and whoever believes in me shall never be thirsty’. Jesus is promising us that if we come to him and believe in his words we shall never be hungry or thirsty. He will provide us with what we need in our daily life, above all he will offer us his love, forgiveness and grace, so that we may be able to share his love and forgiveness with our brothers and sisters. Following the teaching of Jesus, we believe that everyone is chosen and special and a valuable part of the family of God. We believe that God created our beautiful world; a world where everyone should have the basic things we need in life. Jesus is inviting us to be good members of this great family of God. This family of God is a place where all people are called to gather around the table with Jesus, to share his bread of life. The Eucharist is a sacrament of love and a sign of unity. The word communion reminds us of union and community. We celebrate our union with Christ and our community with people locally and globally. Let us remember those who do not have daily bread, those with no home and those who live in war areas and those who are persecuted for their belief in Jesus. May Jesus the bread of life satisfy their hunger and quench their thirst.

<https://www.stmargaretclitherschool.org.uk/corpus-christi-the-presence-of-jesus-in-the-world/>

***** NOTICES *****

VOCATIONISTS IN HESTON: When you are a religious, you know that you can never be rooted in one place; God's will may always call you to go somewhere else where our talents and presence may be needed. We never know exactly how and when this will happen but we know that eventually it will. This is something that we all do the best we can to help the people we serve understand so that, when the time to move come, they can support and accompany us. With this in mind, we want to announce some changes among the Vocationists in Heston. You have all met Fr Rionelle who joined us from Holywell at the end of April, he has been assigned to our community and, upon his return to the UK, he will begin working as Assistant Parish Priest. With Fr Rionelle's arrival, we will have to unfortunately say goodbye to Fr Ritche. Fr Ritche has been with us for the past 5 years and we have seen him grow and mature in the young man, religious, and priest he is now and we can never be prodder of what he has achieved. Fr Ritche has been asked by our superiors to help opening and setting up our new Mission in Papua New Guinea and he has generously agreed and embraced this new obedience given him. He will be with us until the beginning of August, when he will travel to the Philippines to visit his family and from there move on to the new assignment. Please accompany and support him at this time and especially as he prepares to this new chapter of his religious life. As a sign of thanksgiving for everything he has done for our Parish, on Sunday 23 July we will have one Mass at 10.30am in thanksgiving to God for his ministry and service followed by a celebratory celebration. More details will be given in due time.

DRESS CODE: As we are getting closer to summertime and with the warm weather, we are experiencing lately, a gentle reminder that everyone is required to dress appropriately and modestly when visiting our church. Please make sure that you not wearing anything with a low neckline, sleeveless garments which expose the shoulders, clothing that exposes the knees or upper legs (whether sitting or standing), clothing that exposes the stomach or back, or clothing made of see-through material; also avoid excessively tight clothing. Dress well; you are in the presence of Our Lord, your king.

SUMMER TIMETABLE: In the past, we used to cancel the weekday evening Mass and the 5.30pm on Sundays during summertime, but with the numbers of these Masses on the rise, we have decided to keep them all through summer. The only change will be on Sunday mornings starting from Sunday 2 July, when the Masses will be at 8 am, 10.30 am and 5.30 pm.

SECOND COLLECTION: Next Sunday there will be a second collection for Day for Life. This is the day in the Church's year dedicated to raising awareness about the meaning and value of human life at every stage and in every condition.

REPOSITORY: The Repository is open after Mass on weekends, there is new stock available and also cards and gifts for Holy Communions and Confirmations.

SUMMER FAYRE RAFFLE: Tickets for the Summer Fayre Raffle are now on sale £1 per tickets or £5 for a book, tickets can be bought after Masses or from the Office. If you wish to help us selling them, please ask the helpers for books. For those who take books with them, please ensure that stubs and money are returned to the Parish Office in time. The Raffle will be drawn at the end of the Summer Fayre on Saturday 15 July.

ALTAR SERVERS OUTING: We have planned an outing for our Altar Servers on Saturday 22 July at the Airport Bowl, more details will be given in the coming weeks.

ACROSS CHARITY that specialises in transport for the sick and unable are running a Pilgrimage to Lourdes from St Bridget's in Isleworth on the 27th July – 5th Aug. www.across.org.uk The total group would number 24. 10 sick we call them VIPs + 10 carers + 2 nurses + 1 doctor + 1 priest. The group is short on carers and specifically carers for unable men. If you feel that you would be able to look after someone and allow them to go on Pilgrimage please contact me for more information. John McGinley 07941355671

WORLD REFUGEE DAY takes place every year on the 20th June. 2023 marks the 25th anniversary of Refugee Week, which is an initiative founded in the UK. The theme for this year's Refugee Week is COMPASSION. Pope Francis has called compassion 'the language of God' and 'the path of true justice'. He also says that 'closeness, tenderness, compassion are the style of God. God draws near, and he draws near with tenderness and compassion.' Recently the Catholic Bishops' Conference shared the new document 'Love the Stranger'. You can read this at <https://www.cbcew.org.uk/love-the-stranger/>

WESTMINSTER CATHEDRAL FRIENDS On Wednesday 14 June at 6.30 Westminster Cathedral Friends host a quiz with Fish and Chip supper. Enjoy a good night out whilst supporting Westminster Cathedral. Advanced booking by 10.00 am on Wednesday 14 June for catering to be finalised. On Tuesday 20 June at 7.15 Cardinal Vincent Nichols will speak and host a number of speakers on the theme Coronation Reflections. Full details of events and online booking on our webpage <https://tinyurl.com/CathedralFriends>. Contact friends@rcdow.org.uk

***** USEFUL PRAYERS *****

SPIRITUAL COMMUNION PRAYER OF ST ALPHONSUS

My Jesus, I believe that you are present in this Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever. Amen.

PRAYER FOR VOCATIONS

Divine Jesus, Son of the eternal Father and Mary Immaculate, grant many of the faithful true generosity in following your call and bestow on them the grace of your Holy Spirit to persevere in overcoming all obstacles to their vocations. Give the church in this Diocese and throughout the world many holy priests and fervent religious. Through the intercession of the Most Blessed Virgin Mary, Saint Justin, all the Angels and all Saints, we humbly ask you to hear our prayers and multiply the ministries by which we may serve one another in faith and love.

PRAYER AFTER COMMUNION OF SAINT JUSTIN RUSSOLILLO

O my God and my all, Father, Son and Holy Spirit, may your will be done, your love reign, your glory shine always more in me and in everyone as in yourself, O my God and my all.

PRAYER FOR ASKING FAVOURS THROUGH

THE INTERCESSION OF SAINT JUSTIN MARIA RUSSOLILLO

O Most Holy Trinity, Father, Son and Holy Spirit, for the wellbeing of the Church you endowed with extraordinary gifts Saint Justin Maria Russolillo, and you made him a pious and zealous Priest, an apostle of "Divine Vocations" and a fervent promoter of your Glory, Love and Will for the Universal Sanctification and for the "Divine Union" of all souls, grant us the grace of experiencing the power of his intercession while imitating his devotion, humility, patience, zeal and kindness. May the Grace (...) that you will grant us through his intercession, be of spiritual advantage to us, for your own glory and for the growth of Your Kingdom on earth. (Three "Glory Be" in honour of the Holy Trinity)

CHURCH DONATIONS AND COLLECTION

Have you considered giving your donation to the Parish via bank transfer (single donations) or via Standing Order? If you wish to do so, you can use the following details:

Account Name: WRCDT Heston Sort Code: 40-05-20 Account Number: 11094912

Please add your Surname and First Name as a reference, to help our bookkeeper.

If you wish to Gift-Aid your donation, forms are available at the back of the Church or on the website. Gift-aid is available to all UK taxpayer and comes at no extra cost to you.

JUNE 2023	TIME	MASS INTENTION
Saturday 10th	7 pm Vigil Mass	Samantha Da Costa, Birthday
Sunday 11th THE MOST HOLY BODY AND BLOOD OF CHRIST	8 am Mass 9:30 am Family Mass 11:30 am Mass 5:30 pm Mass	Annete de Mel RIP, 4th Month FHC Thanksgiving Mass Alicia Solano, Birthday Maureen McDermott RIP
Monday 12th	9 am 9:30 am Mass 7 pm Mass	Prayer of the Rosary Souls in Purgatory Avely Pereira, Good Health, Th. to St Anthony
Tuesday 13th <i>St Anthony of Padua</i>	9 am 9:30 am Mass 7 pm Mass	Prayer of the Rosary Anthony John D'Souza RIP Emi and Roxana, 25 th Wedding Anniversary
Wednesday 14th	9 am 9:30 am Mass 7 pm Mass	Prayer of the Rosary Abandoned Souls Sachin Mascarenhas RIP
Thursday 15th	9 am 9:30 am Mass 7 pm Mass	Prayer of the Rosary Members of the Moore and Marron Family Bernie O'Byrne, Death Anniversary
Friday 16th The Most Sacred Heart of Jesus	9 am 9:30 am Mass 7 pm Mass	Prayer of the Rosary Aborted Children of Family Tree Richard Fernandes RIP
Saturday 17th <i>The Immaculate Heart of Mary</i>	9:30 am Mass 10-10:30 am 7 pm Vigil Mass	Cajetan De Souza, Roy D'Cunha and Felix Lobo RIP Exposition and Adoration / Confessions Erral Fernandes, 1 st Death Anniversary
Sunday 18th 11th SUNDAY OF ORDINARY TIME	8 am Mass 9:30 am Family Mass 11:30 am Mass 5:30 pm Mass	Felicio Eleuterio Mendes RIP Souls of Lelis Fernandes and Virginia De Souza Hugh Joseph Slack RIP Tome Luis RIP

Let us pray for the sick people of our Parish: Catherine Jennings, Peter Wade, Ann Duckmanton and Grace Gauci.

Let us pray for those whose anniversaries occur around this time: Kathleen Ranson, William O'Reilly, Ivy St Anne, Brian Fitzgerald, Fidel Debone, Hector Burges, Dorothy Burrell, Mary Maggott, Cardinal Basil Hume and Cardinal Thomas Winning.
Eternal rest grant unto them, O Lord and let perpetual light shine upon them; may they rest in peace. Amen.

DATES OF UPCOMING EVENTS

11 JUNE: FHC Thanksgiving Mass at 9:30 am / Confirmation Class (Film Viewing)

15 JUNE: Summer Fayre Helpers Meeting

17 JUNE: Confession and Confirmation Rehearsals starting at 10:15 am

24 JUNE: Confirmation Mass at 11 am

***** SATURDAY 15 JULY SUMMER FAIR *****

22 JULY: Altar Servers outing (Time TBC)

***** SUNDAY 23 JULY FR RITCHE FAREWELL MASS AT 10.30 AM *****