

Diocese of Westminster Our Lady, Queen of Apostles

Served by the Society of the Divine Vocations - Vocationists 15 The Green, Heston, Hounslow TW5 0RL

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Parish Secretary: Bejoy Ignatious (Mon), Gill Satchell (Tue & Thur)

Bookkeeper: Bejoy Ignatious

Parish Safeguarding Representative: Salette Coutinho and Melanie Keshwala

Parish Office Hours: Monday, Tuesday & Thursday – 9.30 am – 1.00 pm

28th January 2024 – FOURTH SUNDAY IN ORDINARY TIME



The three Scripture readings assigned for this Fourth Sunday in Ordinary Time speak about being attentive and listening to the prophet whom God will send (the first reading from Deuteronomy), of being free from worry (second reading from First Corinthians), and finally, in the Gospel, the importance of the "completely new teaching in the spirit of authority," which Jesus heralds. The reading today from the Book of Deuteronomy is addressed to God's people by Moses, considered to be the greatest of the prophets. Moses' words carry an important message for those who belong to God, that God will not abandon his people, but will continue to raise up prophets after Moses, who acts on God's behalf, as did Moses, to make God's ways and commands known to the nations. Eventually

such a prophet was to be understood and being embodied in the promised Messiah, whom we now recognize as embodied in Jesus Christ, true God and true man, who as the Gospel today expresses it, teaches and acts "in a spirit of authority," derived from God. The reading from Saint Paul's Letter to the Corinthians today is not so much about which is better, married life or the single life, as it is about that fact that every person has his or her own special gift from God. Paul desires, in the spirit of the Gospel he is preaching, that no one be bogged down with anxiety, or feeling that a noose has been thrown around their neck. Rather, everyone should consecrate him or herself to the Lord, according to one's call. Saint Paul is not advocating pushing anyone into an ideal that is beyond the capacity of the believer. Turning to the Gospel for this Sunday, we find Jesus teaching in the synagogue of Capernaum. The synagogue there, by the Sea of Galilee, is neither grand nor outstanding, and in its present state stands partly in ruins, with no roof on it. This fact, of being roofless, strikes me as underlining the fact that the message of the saving deeds of the Lord cannot in any way be bound or confined, but must extend to all the ends of the earth. In other words, there is no roof on Jesus' message. Our work is cut out for us as followers of Christ, challenging us to proclaim the Gospel by our lives. We should never give up in our search for God each day of our life, trusting in the loving help of the One who created us and who has sustained us to the present. At the same time, we need also to keep in mind that at some point we will all be exchanging time for eternity, one definition of the reality of death. May we be prepared to meet the Lord now and at the moment of the completion of our earthly pilgrimage.

https://christdesert.org/2024/01/fourth-sunday-in-ordinary-time-year-

 $\underline{b/\#:\sim:} text=The\%\ 20 three\%\ 20 Scripture\%\ 20 readings\%\ 20 assigned, the\%\ 20 importance\%\ 20 of\%\ 20 the\%\ 20\%\ E2\%\ 80\%\ 9C completely$

"The Penny Catechism" - 7. PENANCE

- **64.** What sins must we tell in confession? In confession we must tell all our big sins, but it is well to tell also our little sins.
- 65. When is a confession bad? A confession is bad if we are not sorry for our sins or if we conceal a big
- 66. What must we do if we made a bad confession? If we made a bad confession we must confess that we made a bad confession and then we must repeat all our sins since our last good confession.

Diocese of Westminster Reg. Charity No 233699

Vocationists Reg. Charity No 1135796

*** NOTICES ***

POLITE NOTICE – If your child becomes noisy and disruptive can you please take them to the room at the back of the church for the duration of the mass. Also, accompany the kneelers when you are using them and do not drop them so to avoid loud noise especially at Consecration time.

LITTERING: We have noticed that some people have a habit of leaving behind used tissues, please dispose of them on your way out or put them in your pocket and dispose of the them when home. It is a matter of respect, hygiene and common sense, do not leave your rubbish for other to clean.

SWITCH OFF YOUR PHONE: When you enter the Church, it may be possible that you hear "the call of God". However, it is unlikely that He will call you on your mobile. It may be a good exercise to switch it off or at least put it on silent before you enter the Church. If you want to talk to God, find a quiet place, pray and talk to Him.

BLESSED PALMS: If you have Blessed Palms from past Palm Sundays please bring them to the Parish Office so we can collect them for our Burning of Palms in preparation for Ash Wednesday. Please make sure that Blessed Palms are brought to us by Sunday 11 February.

SOCIAL COMMITTEE: We want to invite all those interested in joining our social committee to join us for a meeting on Tuesday 30 January at 7:30 pm in the Parish Room. The meeting is open to everyone who wishes to find out more and for those who can help and support social and fundraising events in the Parish.

DONATION ENVELOPES: We are at that time of the year when we need to put an order for Gift-Aid and Planned Giving envelopes and we want to make sure that we order the right number of boxes and do not have the Parish pay for boxes, which then will sit in the Office waiting to be collected. If you give your donations by Standing Order then we will not be ordering you a donation box, if you still wish to have a box of envelopes please let the Parish Secretary know so we can make sure we have our details up to date.

MASS INTENTIONS: We are now booking mass intentions for 2024 up until June.

FIRE WARDENS: As part of our H&S requirements, we need to have Fire Wardens to help in case of evacuation. We need some people to help at any of the Masses. If you are willing to help please contact the Parish Office. Training will be offered to those who will be helping.

MASS ATTENDANCE CARD: We have noticed that a number of families do not have an attendance card for their children. The attendance card is for children who are 2yo up to those in Year 5 and you will need for when you are going to apply for a Catholic School as it will help priests make sure you have attended Mass regularly and therefore they can sign the form. If you do not have one please contact the office.

HOW TO BE A SYNODAL CHURCH: Pope Francis calls for all the baptised to be involved in the Synodal Process - ARE YOU? Join people from a range of parishes and backgrounds for a day of reflection, conversation, and action, to prepare for the October 2024 Synodal Assembly, in Rome. The event will take place on Saturday 10 February 10.30 am to 4 pm, at The Aula Magna, London Jesuit Centre, 114 Mount Street, London W1K 3AH. RSVP - FarmStreetOffice@rcdow.org.uk 020 8986 0807

CATHOLIC MEDICAL ETHICS GROUP: The group is for current university students of the healthcare professions interested in learning about the Catholic Church's response to difficult ethical questions. This semester, Dr Mehmet Çiftçi of the Anscombe Bioethics Centre, Oxford, alongside other guest academics and professionals, will be leading a seven-week virtual Bioethics lecture on Mondays between 7pm and 8pm on Teams with the first titled 'An Introduction to Catholic Moral Thinking & Catholic Anthropology' scheduled for 5th February. To sign up for the group, or for more information, students should email Laurence Jasper, Catholic Chaplain of King's College London (Guy's campus) at laurence.jasper@kcl.ac.uk using their university email account.

THE SOCIETY FOR THE PROTECTION OF UNBORN CHILDREN (SPUC) Wishes to recruit a full-time Administration Assistant (35 hours p.w.). The position will be based at SPUC's Kennington office (SE11). For a full job description and application form, please contact Lucille McQuade at lucillemcquade@spuc.org.uk or on 020 7091 7091.

KNOCK PILGRIMAGE 2024: Escorted Tour to Knock & Co Mayo, 10th March 2024. £899.00 pps. Price includes flight, 10kg hold luggage, 5 nights' in 4* Castlecourt Hotel, Westport with Dinner, Bed

& Breakfast. Lunch on three days. All entertainment, excursions and transport included. Visit Knock, Galway City, Kylemore Abbey, Croagh Patrick & Ashford Castle. Single supplement on Enquiry. Contact Patricia or Natali on 01268 762 278 or 07740 175557 or email knockpilgrimages@gmail.com. THE DIVINE MERCY APOSTOLATE, LONDON is holding a Divine Mercy Afternoon of Reflection on Saturday 10 February 2024 from 1:30 pm - 4:30 pm at St Georges R.C. Cathedral, Westminster Bridge Road London SE1 7HY. The Reflection will include teachings on the Message of Mercy, Holy Mass, Way of the Cross, Hour of Mercy with Adoration and Benediction and Veneration of the Image of Merciful Jesus. All Welcome. Please call Millie on 07957594646 for more information CHORISTER OPPORTUNITIES AT WESTMINSTER CATHEDRAL CHOIR SCHOOL Would any boys with musical potential in Years 2, 3 or 4 consider becoming a chorister at Westminster Cathedral? Becoming a chorister at Westminster Cathedral is a wonderful, one-off opportunity to join a thriving choir and school. There are no financial barriers to entry: all boys receive a generous scholarship with bursaries worth up to 100% of fees available on a means-tested basis. For more information contact Lucy Auger at lauger@choirschool.com.

THE ROSARY CATHOLIC PRIMARY SCHOOL is seeking new Foundation Governors to serve on our Governing Body. Like all school governors, Foundation Governors work to support the Leadership team and staff but also have a special responsibility to support the Christian ethos of the school. This is an important voluntary role, offering the opportunity to make a positive difference, working with the team to promote the school's success. If you would be interested in receiving more information about the role and an application form, please email Mrs Dulko at admin@rosary.hounslow.sch.uk

SACRAMENTS

BAPTISMS: Please use the form on the Parish Website to enquire about the Baptism for your child. We celebrate Baptisms on a Saturday only; we ask that you give us minimum 6 weeks' notice.

MARRIAGE: If you are planning to marry, we can only start the paperwork needed by the diocese 6 months prior your wedding day. Whether you are marrying in the UK or abroad we need minimum 6 months' notice, especially if we need to arrange a marriage course. Please do not leave it to the last minute!

*** USEFUL PRAYERS ***

SPIRITUAL COMMUNION PRAYER OF ST ALPHONSUS

My Jesus, I believe that you are present in this Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever. Amen.

PRAYER FOR VOCATIONS

Divine Jesus, Son of the eternal Father and Mary Immaculate, grant many of the faithful true generosity in following your call and bestow on them the grace of your Holy Spirit to persevere in overcoming all obstacles to their vocations. Give the church in this Diocese and throughout the world many holy priests and fervent religious. Through the intercession of the Most Blessed Virgin Mary, Saint Justin, all the Angels and all Saints, we humbly ask you to hear our prayers and multiply the ministries by which we may serve one another in faith and love.

PRAYER AFTER COMMUNION OF SAINT JUSTIN RUSSOLILLO

O my God and my all, Father, Son and Holy Spirit, may your will be done, your love reign, your glory shine always more in me and in everyone as in yourself, O my God and my all.

INVOCATION OF OUR LADY – THE MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired with this confidence, I fly to you, O Virgin of virgins, my Mother. To you I come, before you, I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy, hear and answer me.

PRAYER FOR ASKING FAVOURS THROUGH THE INTERCESSION OF ST JUSTIN RUSSOLILLO

O Most Holy Trinity, Father, Son and Holy Spirit, for the wellbeing of the Church you endowed with extraordinary gifts Saint Justin Maria Russolillo, and you made him a pious and zealous Priest, an apostle of "Divine Vocations" and a fervent promoter of your Glory, Love and Will for the Universal Sanctification and for the "Divine Union" of all souls, grant us the grace of experiencing the power of his intercession while imitating his devotion, humility, patience, zeal and kindness. May the Grace (...) that you will grant us through his intercession, be of spiritual advantage to us, for your own glory and for the growth of Your Kingdom on earth. (Three "Glory Be" in honour of the Holy Trinity)

JANUARY 2024	TIME	MASS INTENTION
Saturday 27 th	7 pm Vigil Mass	Orlando Noronha - Birthday Remembrance RIP
Sunday 28th	8 am Mass	-
+FOURTH	9:30 am Family Mass	Lelis Fernandes & Virginia De Souza - RIP
SUNDAY OF	11:30 am Mass	Vallon Leitao – Birthday
ORDINARY TIME	5:30 pm	-
Monday 29th	9 am	Prayer of the Rosary
	9:30 am Mass	Roque Anthony Coutinho – RIP
	7 pm Mass*	Jennifer - Birthday
Tuesday 30 th	9 am	Prayer of the Rosary
	9:30 am Mass	Mathias Viegas - RIP
	7 pm Mass*	1
Wednesday 31st	9 am	Prayer of the Rosary
St John Bosco	9:30 am Mass	John & Santana Viegas - RIP
	7 pm Mass (Novena)	-
Thursday 1st	9 am	Prayer of the Rosary
February	9:30 am Mass	-
	7 pm Mass*	-
Friday 2 nd	9 am	Prayer of the Rosary
The Presentation of	9:30 am Mass	Lewis & Anna Clara De Sousa – RIP
the Lord		Divine Mercy Chaplet
First Friday	7 pm Mass*	Adedna Joanes – Good Health
Saturday 3 rd	9:30 am Mass	Macon Fernandes - RIP
Ss Laurence, Dunstan	10-10:45 am	Adoration & Confessions
& Theodore	7 pm Vigil Mass	Paddy Martin - Anniversary
Sunday 4th	8 am Mass	-
+FIFTH SUNDAY	9:30 am Family Mass	Lelis Fernandes & Virginia De Souza – RIP
OF ORDINARY	11:30 am Mass	Rebecca Stoke – RIP (9 th Anniversary)
TIME	5:30 pm	Guilhermina Fernandes – RIP (1 st Anniversary)
*Mass will be celebrated in the Martyrs' Chapel, please use the Car Park Entrance.		

Let us pray for the sick people of our Parish

Catherine Jennings, Ann Duckmanton, and Grace Gauci.

Let us pray for those whose anniversaries occur around this time

Bishop Gerald Mahon, Seamus Hannan, Frank Tong, Patrick Zaki, Myrtle Ann Ingram, Dorothy Kelly, Mary Clarke, Bill Lecky, Joyce Mangatal, Josephine Cole, Reet Murton Mitchel, Eileen Sammon,

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.

UPCOMING EVENTS

28 JANUARY: FHC Class and Parents' Meeting after 9:30 am Mass **30 JANUARY:** Social Committee Meeting at 7.30 pm in the Parish Room

4 FEBRUARY: Confirmation Class after 9:30 am Mass **8 FEBRUARY:** FHC First Confession Rehearsals

10 FEBRUARY: FIRST CONFESSIONS

11 FEBRUARY: Vocationist Cooperators Cake Sale 13 FEBRUARY: Burning of Palms after 9:30 am Mass

14 FEBRUARY: ASH WEDNESDAY (Day of Fasting and Abstinence)

CHURCH DONATIONS AND COLLECTION

Have you considered giving your donation to the Parish via bank transfer (single donations) or via Standing Order? If you wish to do so, you can use the following details:

Account Name: WRCDT Heston Sort Code: 40-05-20 Account Number: 11094912 Please add your Surname and First Name as a reference, to help our bookkeeper.

If you wish to Gift-Aid your donation, forms are available at the back of the Church or on the website. Gift-aid is available to all UK taxpayer and comes at no extra cost to you.