



Diocese of Westminster


**Our Lady, Queen of Apostles**

Served by the Society of the Divine Vocations - Vocationists

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[www.parish.rcdow.org.uk/heston](http://www.parish.rcdow.org.uk/heston)

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**Parish Priest:** Fr Luigi Morrone, SDV      **Assistant Priest:** Fr Rionelle Hinampas, SDV

**Parish Secretary:** Gill Satchell (Tuesday, Thursday & Friday)

**Bookkeeper:** Bejoy Ignatious

**Parish Safeguarding Representative:** Salette Coutinho and Melanie Keshwala

**Parish Office Hours:** Tuesday, Thursday & Friday – 9.30 am – 1.00 pm

## 11<sup>th</sup> February 2024 – 6<sup>th</sup> Sunday of the Ordinary Time



In today's Gospel, we continue to hear Mark report the miraculous healings that Jesus performed in Galilee. The Gospel begins with Jesus healing a man with leprosy. Leprosy is a disfiguring, infectious skin disease that has been surrounded by many social and religious taboos throughout history. In 1873, the cause of leprosy, also known as Hansen's disease, was identified. We now know that leprosy is caused by a bacterial infection. Although it is infectious, modern medical studies have shown that transmission is more difficult than previously thought. Since the 1940s, medical treatments have been available, and the patient no longer

needs to be isolated once long-term treatment has begun. In Jesus' time, however, religious and social taboos dictated the behaviour of those with leprosy and other skin diseases. The Law of Moses provided for the examination of skin diseases by the priests, and if leprosy was identified, the person was declared unclean. People with leprosy lived in isolation from the community. They were instructed to rip their clothes and to announce their presence with loud cries when moving in the community. If the sores of leprosy healed, the Law of Moses provided a purification rite that permitted the person to return to the community. In today's Gospel, the man with leprosy took the initiative, approaching Jesus and asking for healing. In doing so, the leper violated the religious customs of the day by approaching a person who was clean. His request to Jesus can be interpreted as a courageous and daring act. The confidence of the leper in Jesus' ability to heal him is evident in the words of his request. But his words can also be read as a challenge to Jesus, asking just how far Jesus was willing to extend himself in order to heal someone. While healing the man, Jesus touched him, which also violated established social norms. This is an important sign of the depth of Jesus' compassion for the man and an important statement about Jesus' interpretation of the Law of Moses. Although Jesus touched the leper, he did not break completely with the Law of Moses. He instructed the man not to tell anyone about the cure and told him to present himself to the priests as prescribed by the Law of Moses. The first instruction sounds nearly impossible to honour. Certainly, the man would want to share the good news of his healing, and his quick improvement would require an explanation. The second instruction honours the Law of Moses. Mark's Gospel tells us that after this healing, it became difficult for Jesus to travel freely. There are several possible explanations for this. There might have been concern about the repercussions of Jesus' breach of social and religious norms. In touching the man with leprosy, Jesus made himself unclean. Mark's narrative, however, leads to the conclusion that Jesus' movement was hampered by his popularity. Despite his instructions, the cured man spread the word about Jesus' healing power. Even when Jesus was in deserted places, people sought him out in search of his healing.

<https://www.loyolapress.com/catholic-resources/liturgical-year/sunday-connection/>

**\*\*\* NOTICES \*\*\***

**POLITE NOTICE** – If your child becomes noisy and disruptive can you please take them to the room at the back of the church for the duration of the mass. Also, accompany the kneelers when you are using them and do not drop them so to avoid loud noise especially at Consecration time.

**SWITCH OFF YOUR PHONE:** When you enter the Church, it may be possible that you hear “the call of God”. However, it is unlikely that He will call you on your mobile. It may be a good exercise to switch it off or at least put it on silent before you enter the Church. If you want to talk to God, find a quiet place, pray and talk to Him.

**CAKE SALE:** This Sunday the Vocationist Cooperators will hold a Cake Sale after 9.30am Mass to raise funds for Vocations. Donations of home baked or store bake cakes are welcome!

**AVAILABILITY FORM:** Readers and Eucharistic Ministers should have received the Availability form via email, if you have not paper copies are available at the back of the Church. Make sure you hand in your form or email it to the Office by no later than Friday 17 February. If you have given your email and have not received it, please write to the office at [heston@rcdow.org.uk](mailto:heston@rcdow.org.uk). Emailing the forms helps us to be more efficient and use less paper.

**BURNING OF PALMS:** The burning of palms will take place on Tuesday after the 9.30 am Mass. Afterwards, we will share pancakes with the FHC Children outside the Church if the weather allows it.

**ASH WEDNESDAY:** Wednesday marks Ash Wednesday and the beginning of the Lenten season. Ash Wednesday is an obligatory day of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

**STATIONS OF THE CROSS:** Throughout the season of Lent we will celebrate the Stations of the Cross every Friday at 6:15 pm.

**CARDINAL’S LENTEN APPEAL DONATION ENVELOPES** are available at the back of the Church.

**LENTEN ALMS:** From Wednesday, you will find a donation box by the Baptism Font where you can leave your donation of the Lenten Alms. Alms are donation that come from our fasting. As we fast from some food or the Friday abstinence from meat, that money we might have used to buy these we could donate it towards the Lenten Alms. The Lenten Alms will go towards the Cardinal Lenten appeal.

**ALTAR SERVERS CHURCH CLEANING:** On Saturday 17 February at 11 am we are meeting in the Church with all Altar Servers for Church cleaning. All Altar Servers are required to attend as we will also discuss the rota and other information.

**ALTAR SERVERS ALBS:** Last year we run a fundraising to purchase new albs for the Altar Servers and those have been distributed, however, we have realised that some Altar Servers have kept the old albs as well. As we have new altar servers training, we would require albs for everyone, so if you have old albs at home please return them to us. Parents make sure that your children’s albs are clean before coming to Church.

**DONATION ENVELOPES:** We are at that time of the year when we need to put an order for Gift-Aid and Planned Giving envelopes and we want to make sure that we order the right number of boxes and do not have the Parish pay for boxes, which then will sit in the Office waiting to be collected. If you give your donations by Standing Order then we will not be ordering you a donation box, if you still wish to have a box of envelopes please let the Parish Secretary know so we can make sure we have our details up to date.

**MASS INTENTIONS:** We are now booking mass intentions for 2024 up until June.

**MASS ATTENDANCE CARD:** We have noticed that a number of families do not have an attendance card for their children. The attendance card is for children who are 2yo up to those in Year 5 and you will need for when you are going to apply for a Catholic School as it will help priests make sure you have attended Mass regularly and therefore they can sign the form. If you do not have one please contact the office.

**THE DIVINE MERCY APOSTOLATE,** London is holding a Divine Mercy Lenten Retreat on Saturday 24 February 2024 from 1:30 pm - 4:30 pm at St. Lawrence Church, 1 Hamilton Road, Sidcup

Kent DA15 7HB. The Retreat will include teachings on the Message of Mercy, Stations of the Cross, Holy Mass, Hour of Mercy with Adoration and Benediction and Veneration of the Image of Merciful Jesus. All Welcome. Please call Millie on 07957594646 for more information

**KNOCK PILGRIMAGE 2024:** Escorted Tour to Knock & Co Mayo, 10th March 2024. £899.00 pps. Price includes flight, 10kg hold luggage, 5 nights' in 4\* Castlecourt Hotel, Westport with Dinner, Bed & Breakfast. Lunch on three days. All entertainment, excursions and transport included. Visit Knock, Galway City, Kylemore Abbey, Croagh Patrick & Ashford Castle. Single supplement on Enquiry. Contact Patricia or Natali on 01268 762 278 or 07740 175557 or email [knockpilgrimages@gmail.com](mailto:knockpilgrimages@gmail.com).

**CHORISTER OPPORTUNITIES AT WESTMINSTER CATHEDRAL CHOIR SCHOOL**  
Would any boys with musical potential in Years 2, 3 or 4 consider becoming a chorister at Westminster Cathedral? Becoming a chorister at Westminster Cathedral is a wonderful, one-off opportunity to join a thriving choir and school. There are no financial barriers to entry: all boys receive a generous scholarship with bursaries worth up to 100% of fees available on a means-tested basis. For more information contact Lucy Auger at [lauger@choirschool.com](mailto:lauger@choirschool.com).

**THE ROSARY CATHOLIC PRIMARY SCHOOL** is seeking new Foundation Governors to serve on our Governing Body. Like all school governors, Foundation Governors work to support the Leadership team and staff but also have a special responsibility to support the Christian ethos of the school. This is an important voluntary role, offering the opportunity to make a positive difference, working with the team to promote the school's success. If you would be interested in receiving more information about the role and an application form, please email Mrs Dulko at [admin@rosary.hounslow.sch.uk](mailto:admin@rosary.hounslow.sch.uk)

#### **\*\*\*SACRAMENTS\*\*\***

**BAPTISMS:** Please use the form on the Parish Website to enquire about the Baptism for your child. We celebrate Baptisms on a Saturday only; we ask that you give us minimum 6 weeks' notice.

**MARRIAGE:** If you are planning to marry, we can only start the paperwork needed by the diocese 6 months prior your wedding day. Whether you are marrying in the UK or abroad we need minimum 6 months' notice, especially if we need to arrange a marriage course. Please do not leave it to the last minute!

#### **\*\*\* USEFUL PRAYERS \*\*\***

##### **SPIRITUAL COMMUNION PRAYER OF ST ALPHONSUS**

My Jesus, I believe that you are present in this Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever. Amen.

##### **PRAYER FOR VOCATIONS**

Divine Jesus, Son of the eternal Father and Mary Immaculate, grant many of the faithful true generosity in following your call and bestow on them the grace of your Holy Spirit to persevere in overcoming all obstacles to their vocations. Give the church in this Diocese and throughout the world many holy priests and fervent religious. Through the intercession of the Most Blessed Virgin Mary, Saint Justin, all the Angels and all Saints, we humbly ask you to hear our prayers and multiply the ministries by which we may serve one another in faith and love.

##### **PRAYER AFTER COMMUNION OF SAINT JUSTIN RUSSOLILLO**

O my God and my all, Father, Son and Holy Spirit, may your will be done, your love reign, your glory shine always more in me and in everyone as in yourself, O my God and my all.

##### **INVOCATION OF OUR LADY – THE MEMORARE**

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired with this confidence, I fly to you, O Virgin of virgins, my Mother. To you I come, before you, I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy, hear and answer me.

##### **PRAYER FOR ASKING FAVOURS THROUGH THE INTERCESSION OF ST JUSTIN RUSSOLILLO**

O Most Holy Trinity, Father, Son and Holy Spirit, for the wellbeing of the Church you endowed with extraordinary gifts Saint Justin Maria Russolillo, and you made him a pious and zealous Priest, an apostle of "Divine Vocations" and a fervent promoter of your Glory, Love and Will for the Universal Sanctification and for the "Divine Union" of all souls, grant us the grace of experiencing the power of his intercession while imitating his devotion, humility, patience, zeal and kindness. May the Grace (...) that you will grant us through his intercession, be of spiritual advantage to us, for your own glory and for the growth of Your Kingdom on earth. (*Three "Glory Be" in honour of the Holy Trinity*)

<b>FEBRUARY 2024</b>	<b>TIME</b>	<b>MASS INTENTION</b>
<b>Saturday 10<sup>th</sup></b>	7 pm Vigil Mass	Private Intention
<b>Sunday 11<sup>th</sup></b> <b>+SIXTH SUNDAY</b> <b>OF ORDINARY</b> <b>TIME</b>	8 am Mass 9:30 am Family Mass 11:30 am Mass 5:30 pm	Mary Lobo - Anniversary Kingsley & Bernishal Rodrigues – 1 <sup>st</sup> Wedding Anniversary Joseph Rozario St Edmund - Thanksgiving
<b>Monday 12<sup>th</sup></b>	9 am 9:30 am Mass 7 pm Mass*	<b>Prayer of the Rosary</b> Louis, Mary & Felix - RIP -
<b>Tuesday 13<sup>th</sup></b>	9 am 9:30 am Mass 7 pm Mass*	<b>Prayer of the Rosary</b> Zita & Lewis Fernandes – RIP Assis & Gilu Fernandes - Thanksgiving
<b>Wednesday 14<sup>th</sup></b> <b>ASH WEDNESDAY</b>	<b>9 am</b> <b>9:30 am Mass</b> <b>7 pm Mass</b>	<b>Prayer of the Rosary</b> People of Heston People of Heston
<b>Thursday 15<sup>th</sup></b>	9 am 9:30 am Mass 7 pm Mass*	<b>Prayer of the Rosary</b> Michael Kennedy – RIP Joaquim & Rosalina Fernandes - RIP
<b>Friday 16<sup>th</sup></b>	9 am 9:30 am Mass 6:15 pm 7 pm Mass	<b>Prayer of the Rosary</b> Bridget Mongon – RIP (6 <sup>th</sup> Anniversary) <b>Stations of the Cross</b> Jose Correia - RIP
<b>Saturday 17<sup>th</sup></b>	9:30 am Mass 10-10:45 am 7 pm Vigil Mass	Anaiah Fernandes - Birthday <b>Adoration &amp; Confessions</b> Roylee – Thanksgiving
<b>Sunday 18<sup>th</sup></b> <b>+FIRST SUNDAY</b> <b>OF LENT</b>	8 am Mass 9:30 am Family Mass 11:30 am Mass 5:30 pm	Visitation Pereira Sean Feeney - RIP Alex & Severine De Sousa - RIP Mitch - Thanksgiving

**\*Mass will be celebrated in the Martyrs' Chapel, please use the Car Park Entrance.**

**Let us pray for the sick people of our Parish**

Catherine Jennings, Ann Duckmanton, and Grace Gauci.

**Let us pray for those whose anniversaries occur around this time**

Harold St John Ambrose, Pauline Anne Rea, Edward O'Reilly, Patrick Coskeran

*Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.*

**UPCOMING EVENTS**

**11 FEBRUARY:** Vocationist Cooperators Cake Sale

**13 FEBRUARY:** Burning of Palms after 9:30 am Mass

**13 FEBRUARY:** Parish Finance Committee Meeting (PFC Member ONLY)

**14 FEBRUARY: ASH WEDNESDAY (Day of Fasting and Abstinence)**

**EVERY FRIDAY IN LENT STATIONS OF THE CROSS AT 6:15 PM**

**FRIDAY 23 FEBRUARY:** CAFOD Family Fast Day

**SUNDAY 25 FEBRUARY:** Second Collection for CAFOD

**CHURCH DONATIONS AND COLLECTION**

Have you considered giving your donation to the Parish via bank transfer (single donations) or via Standing Order? If you wish to do so, you can use the following details:

**Account Name: WRCDT Heston      Sort Code: 40-05-20      Account Number: 11094912**

**Please add your Surname and First Name as a reference, to help our bookkeeper.**

If you wish to Gift-Aid your donation, forms are available at the back of the Church or on the website. Gift-aid is available to all UK taxpayer and comes at no extra cost to you.