



Diocese of Westminster


**Our Lady, Queen of Apostles**

Served by the Society of the Divine Vocations - Vocationists

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[www.parish.rcdow.org.uk/heston](http://www.parish.rcdow.org.uk/heston)

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**Parish Priest:** Fr Luigi Morrone, SDV      **Assistant Priest:** Fr Rionelle Hinampas, SDV

**Parish Secretary:** Gill Satchell (Tuesday, Thursday & Friday)

**Bookkeeper:** Bejoy Ignatious

**Parish Safeguarding Representative:** Salette Coutinho and Melanie Keshwala

**Parish Office Hours:** Tuesday, Thursday & Friday – 9.30 am – 1.00 pm

**10<sup>TH</sup> MARCH 2024 – 4<sup>th</sup> Sunday of Lent**

Loving God, as a mother gives life and nourishment to her children, so you watch over your Church.

Bless these women, that they may be strengthened as Christian mothers. Let the example of their faith and love shine forth. Grant that we, their sons and daughters, may honour them always with a spirit of profound respect.



### CHURCH DONATIONS AND COLLECTION

Have you considered giving your donation to the Parish via bank transfer (single donations) or via Standing Order? If you wish to do so, you can use the following details:

**Account Name:** WRCDT Heston      **Sort Code:** 40-05-20      **Account Number:** 11094912

**Please add your Surname and First Name as a reference, to help our bookkeeper.**

If you wish to Gift-Aid your donation, forms are available at the back of the Church or on the website. Gift-aid is available to all UK taxpayer and at no extra cost to you.

**You can also give your donation by scanning the Qr Code.**



**\*\*\* NOTICES \*\*\***

**DONA COLLECTION PLATE:** In March last year we acquired a Digital Collection plate and since then we have raised £8733.46, with some donations we have also been able to claim gift-aid. We are extremely grateful for your generosity! We have now acquired two more machines, which you can find by the side door and by the statue of Our Lady. The machine by Our Lady has also an option for your donation towards votive candles.

**POLITE NOTICE** – If your child becomes noisy and disruptive can you please take them to the room at the back of the church for the duration of the mass. Also, accompany the kneelers when you are using them and do not drop them so to avoid loud noise especially at Consecration time.

**SWITCH OFF YOUR PHONE:** When you enter the Church, it may be possible that you hear “the call of God”. However, it is unlikely that He will call you on your mobile. It may be a good exercise to switch it off or at least put it on silent before you enter the Church. If you want to talk to God, find a quiet place, pray and talk to Him.

**CAR PARK:** Our Car Park operates on a one-way system with clear signage on the ground. When exiting the car park, cars must pass through the back of the halls. Also, drivers please ensure you drive slowly and pay attention to pedestrians, especially any children, while driving.

**STATIONS OF THE CROSS:** Throughout the season of Lent we will celebrate the Stations of the Cross every Friday at 6:15 pm.

**CARDINAL’S LENTEN APPEAL DONATION ENVELOPES** are available at the back of the Church.

**LENTEN ALMS:** During the season of Lent, you will find a donation box by the Baptism Font where you can leave your donation of the Lenten Alms. Alms are donation that come from our fasting. As we fast from some food or the Friday abstinence from meat, that money we might have used to buy these we could donate it towards the Lenten Alms. The Lenten Alms will go towards the Cardinal Lenten appeal.

**THE ROSARY CATHOLIC PRIMARY SCHOOL**, have a new job opening for a School Meals Supervisory Assistant, please see website for more details:

<https://www.rosary.hounslow.sch.uk/Vacancies/>

**LENTEN DEVOTIONS, WESTMINSTER CATHEDRAL CHOIR**, will perform Johann Sebastian Bach’s retelling of St John Passion on Thursday, 14<sup>th</sup> March at 7.30 pm at Westminster Cathedral. Tickets are offered at a discount of 30%. Use link for tickets and use password: SJP30

<https://www.ticketmaster.co.uk/event/1F00602BD7A81B4F?did=sjp30>

**PARISH EVENTS:** On the back page of the newsletter, you can find the event we have planned for this year together with the Social Committee. Please note them in your diary so you can make sure you will be here to join us. More information about each event will be given closer to each date.

**LENT RETREAT DAY FOR YOUNG ADULTS** with the Assumption Sisters & Fathers on Saturday, 16<sup>th</sup> March 2024 at 11.00 am – 7.00 pm at The Assumption Priory, Victoria Park Square, London, E2 9PB (closest tube station: Bethnal Green). Programme includes talks, prayer, adoration and confessions, Stations of the Cross, faith sharing, mass and social time. Donations only. Register by emailing: [tramy@assumptionreligious.org](mailto:tramy@assumptionreligious.org)

**ANNUAL MASS OF THANKSGIVING FOR THE SACRAMENT OF MATRIMONY, WESTMINSTER CATHEDRAL, SATURDAY 25<sup>TH</sup> MAY 2024 AT 2:30PM:** The Cardinal is inviting to this Mass all couples in the Diocese, who are celebrating their 5<sup>th</sup>, 10<sup>th</sup>, 25<sup>th</sup>, 30<sup>th</sup>, 40<sup>th</sup>, 50<sup>th</sup> and 60<sup>th</sup> (and every year over 60) wedding anniversary of Catholic marriage in 2024. If you are celebrating an anniversary, please give your parish clergy the following details: husband and wife’s names, wedding date, full postal address and email (or telephone number, if no email). Details of attendees are sent to [family@rcdow.org.uk](mailto:family@rcdow.org.uk)

**ALTAR SERVERS ALBS:** Last year we run a fundraising to purchase new albs for the Altar Servers and those have been distributed, however, we have realised that some Altar Servers have kept the old albs as well. As we have new altar servers training, we would require albs for everyone, so if you have old albs at home please return them to us. Parents make sure that your children’s albs are clean before coming to Church.

**MASS ATTENDANCE CARD:** We have noticed that a number of families do not have an attendance card for their children. The attendance card is for children who are 2yo up to those in Year 5 and you will need for when you are going to apply for a Catholic School as it will help priests make sure you have attended Mass regularly and therefore they can sign the form. If you do not have one please contact the office.

**THE ROSARY CATHOLIC PRIMARY SCHOOL** is seeking new Foundation Governors to serve on our Governing Body. Like all school governors, Foundation Governors work to support the Leadership team and staff but also have a special responsibility to support the Christian ethos of the school. This is an important voluntary role, offering the opportunity to make a positive difference, working with the team to promote the school's success. If you would be interested in receiving more information about the role and an application form, please email Mrs Dulko at [admin@rosary.hounslow.sch.uk](mailto:admin@rosary.hounslow.sch.uk)

### **\*\*\*SACRAMENTS\*\*\***

**BAPTISMS:** Please use the form on the Parish Website to enquire about the Baptism for your child. We celebrate Baptisms on a Saturday only; we ask that you give us minimum 6 weeks' notice.

**MARRIAGE:** If you are planning to marry, we can only start the paperwork needed by the diocese 6 months prior your wedding day. Whether you are marrying in the UK or abroad we need minimum 6 months' notice, especially if we need to arrange a marriage course. Please do not leave it to the last minute!

**CONFESSIONS:** Every Saturday 10-10:45 am and during the Station of the Cross every Friday 6:15-6:45 pm.

### **\*\*\* USEFUL PRAYERS \*\*\***

#### **SPIRITUAL COMMUNION PRAYER OF ST ALPHONSUS**

My Jesus, I believe that you are present in this Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever. Amen.

#### **PRAYER FOR VOCATIONS**

Divine Jesus, Son of the eternal Father and Mary Immaculate, grant many of the faithful true generosity in following your call and bestow on them the grace of your Holy Spirit to persevere in overcoming all obstacles to their vocations. Give the church in this Diocese and throughout the world many holy priests and fervent religious. Through the intercession of the Most Blessed Virgin Mary, Saint Justin, all the Angels and all Saints, we humbly ask you to hear our prayers and multiply the ministries by which we may serve one another in faith and love.

#### **PRAYER AFTER COMMUNION OF SAINT JUSTIN RUSSOLILLO**

O my God and my all, Father, Son and Holy Spirit, may your will be done, your love reign, your glory shine always more in me and in everyone as in yourself, O my God and my all.

#### **INVOCATION OF OUR LADY – THE MEMORARE**

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired with this confidence, I fly to you, O Virgin of virgins, my Mother. To you I come, before you, I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy, hear and answer me.

#### **PRAYER FOR ASKING FAVOURS THROUGH THE INTERCESSION OF ST JUSTIN RUSSOLILLO**

O Most Holy Trinity, Father, Son and Holy Spirit, for the wellbeing of the Church you endowed with extraordinary gifts Saint Justin Maria Russolillo, and you made him a pious and zealous Priest, an apostle of "Divine Vocations" and a fervent promoter of your Glory, Love and Will for the Universal Sanctification and for the "Divine Union" of all souls, grant us the grace of experiencing the power of his intercession while imitating his devotion, humility, patience, zeal and kindness. May the Grace (...) that you will grant us through his intercession, be of spiritual advantage to us, for your own glory and for the growth of Your Kingdom on earth. (*Three "Glory Be" in honour of the Holy Trinity*)

<b>MARCH 2024</b>	<b>TIME</b>	<b>MASS INTENTION</b>
<b>Saturday 9<sup>th</sup></b>	7 pm Vigil Mass	Anthony Fernandes - RIP
<b>Sunday 10<sup>th</sup></b> <b>+FOURTH</b> <b>SUNDAY OF</b> <b>LENT</b>	8 am Mass 9:30 am Family Mass 11:30 am Mass 5:30 pm	Don Carver Una Karai – Get Well Albert Pires – RIP Casimiro Luis & Alicia Gonsalves - RIP
<b>Monday 11th</b>	9 am 9:30 am Mass 7 pm Mass*	<b>Prayer of the Rosary</b> Molly Dias & Amul Dias – RIP Alisha Fernandes - Birthday
<b>Tuesday 12<sup>th</sup></b>	9 am 9:30 am Mass 7 pm Mass*	<b>Prayer of the Rosary</b> Souls of the Kameth Family Ann Duckmanton – Mothering Sunday
<b>Wednesday 13<sup>th</sup></b>	9 am 9:30 am Mass 7 pm Mass	<b>Prayer of the Rosary</b> Dulcina D’Souza – RIP Ida Fernandes E Palha - RIP
<b>Thursday 14<sup>th</sup></b>	9 am 9:30 am Mass 7 pm Mass	<b>Prayer of the Rosary</b> Eimear McBride – RIP Manel Fernando - Thanksgiving
<b>Friday 15<sup>th</sup></b>	9 am 9:30 am Mass 6:15 pm 7 pm Mass	<b>Prayer of the Rosary</b> All Souls in Purgatory <b>Stations of the Cross</b> Orlando Noronha – RIP (2 <sup>nd</sup> Anniversary)
<b>Saturday 16<sup>th</sup></b>	9:30 am Mass 10-10:45 am 7 pm Vigil Mass	Cavin Roy Fernandes - Birthday <b>Adoration &amp; Confessions</b> Thanksgiving
<b>Sunday 17<sup>th</sup></b> <b>+FIFTH</b> <b>SUNDAY OF</b> <b>LENT</b>	8 am Mass 9:30 am Family Mass 11:30 am Mass 5:30 pm	Ester Phelan Nevita Carneiro – Thanksgiving Thanksgiving Elmano Noronha & Deceased Family – RIP
<b>*Mass will be celebrated in the Martyrs’ Chapel, please use the Car Park Entrance.</b>		

**Let us pray for the sick people of our Parish**

Catherine Jennings, Ann Duckmanton, and Grace Gauci.

**Let us pray for those whose anniversaries occur around this time**

*Beatrice Cecilia Tuck, John Mason, John Ronan, Teacher & 16 Children at Dunblane, Don Carver, Dorothy Flannery, Orlando Noronha, Helen Mary Chilton, Rosaline Doyle, John Morgan*

*May their souls and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.*

**PARISH EVENTS – FOR YOUR DIARY**

**SUNDAY 31 MARCH:** Easter Draw  
**SATURDAY 20 APRIL:** SDV Cooperators Disco and Curry Night  
**SUNDAY 19 MAY:** International Mass  
**FRIDAY 31 MAY:** May Procession  
**SUNDAY 2 JUNE:** Parish BBQ  
**SUNDAY 30 JUNE:** Parish Community Picnic  
**SATURDAY 13 JULY:** Fr Simon’s Silver Jubilee

**PARISH EVENTS – FOR YOUR DIARY**

**SATURDAY 20 JULY:** Summer Fayre  
**SATURDAY 21 SEPTEMBER:** Bingo Night  
**SATURDAY 5 OCTOBER:** SDV Cooperators Dinner & Dance  
**SUNDAY 20 OCTOBER:** Fr Paul’s Golden Jubilee  
**SATURDAY 9 NOVEMBER:** Bingo Night  
**SATURDAY 7 DECEMBER:** Christmas Fair

**UPCOMING PARISH EVENTS/ACTIVITIES**

**SUNDAY 10 MARCH:** FHC Class after 9:30 am Mass  
**SUNDAY 10 MARCH:** FHC Parents’ Meeting after 9:30 am Mass  
**SATURDAY 16 MARCH:** FHC Stations of the Cross at 11 am  
**SUNDAY 17 MARCH:** Confirmation Class after 9:30 am Mass  
**SATURDAY 23 MARCH:** Altar Servers Church Cleaning and Preparation for Holy Week