

YEAR C

12th SUNDAY IN ORDINARY TIME

FOLLOW ME

VISUAL AIDS

- > A collection of flags, emblems, badges, etc., of clubs, teams, countries.
- > A cross.
- > Cross shape cut-outs.

WELCOME AND PROCLAIM THE GOSPEL

Say/sing together:

Alleluia, alleluia!
Anyone who follows me
will have the light of life.
Alleluia!

A reading from the Good News
given to us by Luke.
Glory to you, Lord.

One day, after he had been praying,
Jesus said to his friends,
'If you want to follow me,
you will not find it easy.

If you want to follow me,
you will have to give up your own
way.

DISCUSSION

Jesus is our leader:
what does he say to us?

How does he speak to us?

What kind of people does he want us
to be?

Jesus is our leader.
His sign is the cross.

Why is his sign the cross?
What does the cross stand for?

In what ways do we find it hard to
follow Jesus?

What are our crosses?

What did Jesus do for us?

YEAR C

12th SUNDAY IN ORDINARY TIME

SHARING

Once upon a time there were two great leaders: one was very bad and one was good and kind. From time to time these leaders called their followers to speak to them. What kind of place do you think the bad leader would have ready for his followers? What do you think he would say to them?

What tone of voice? What might he ask them to do?

And the good leader: what kind of place would he choose? What would he say? What tone of voice?

What would he want his followers to do?

Listen now to Jesus as he speaks to us.

Every day you will have to take up your cross and follow me.

I am ready to suffer and die for you.

Anyone who follows me must be ready to do the same.'

This is the Gospel of the Lord.
Praise to you, Lord Jesus Christ.

ACTIVITIES

- > Give out the cross shapes.
- > On them have the children write or draw:
 - either, the things they find hard;
 - or, the help they need to follow Jesus;
 - or, a way in which they will try to follow Jesus.

