

YEAR C

16th SUNDAY IN ORDINARY TIME

# **ONLY ONE THING IS IMPORTANT**

## **VISUAL AIDS**

- > Cooking utensils.
- > A brush, duster, polish.
- > Pictures of people working, people listening.
- > A clock.
- > Cards with clock faces drawn on them, but no hands.

## **WELCOME AND PROCLAIM THE GOSPEL**

*Say/sing together:*

**Alleluia, alleluia!**  
**Happy are those**  
**with a generous heart.**  
**Alleluia!**

A reading from the Good News  
given to us by Luke.

**Glory to you, Lord.**

Jesus came to a village and went to visit his friends Martha and Mary. Martha welcomed him, and brought him into the house. Martha's sister Mary sat down and listened to Jesus. Meanwhile Martha was busy getting things ready, and serving. She said to Jesus,

## **DISCUSSION**

Who was Jesus going to visit?  
- Martha and Mary.

What was Martha doing?  
- getting the meal ready.

What was Mary doing?  
- listening to Jesus.

What happened then?  
- Martha grumbled because Mary wasn't helping.

What was Jesus' answer?  
- do what you have chosen to do.

It is important that each one of us should do whatever we can for Jesus.



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## 16th SUNDAY IN ORDINARY TIME

### SHARING

Show the pictures and the household objects.

What do they mean to the children?

- they are all about being busy
- except the listening picture.

The clock is about time.

How do we use our time?

How do we fill it?

Do we have time for others?

little brothers and sisters?

older people?

time to clear and help?

time to pray?

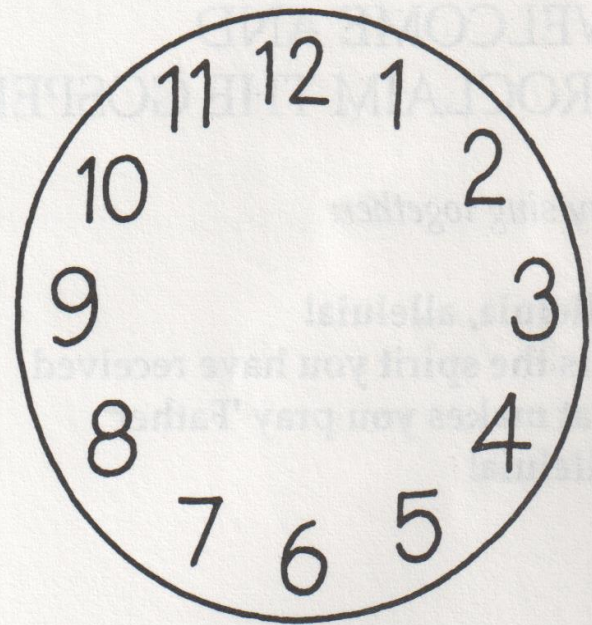
time for Jesus?

Today Jesus talks to his friends about being busy, about the right way to spend their time.

'Lord, don't you care that my sister is leaving me to do all the work by myself? Tell her to help me.' Jesus answered

'Martha, Martha! You worry too much. Mary chose the right thing for her. You should do what you have chosen to do - leave others to do what they have chosen.'

This is the Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**



### ACTIVITIES

- > Have the children act out the story, but adding modern day examples, e.g.
  - why should I clear up and not you?
  - why should I go to bed early?
  - why should I go to church?
- > Give out the clock faces, and have the children fill in how they spend their Sunday time. How much time is given to Jesus?