

YEAR A  
5th SUNDAY IN ORDINARY TIME

# SHINE LIKE A LIGHT

## VISUAL AIDS

- > Things mentioned in the Gospel: salt; various lights, e.g. torch; table-lamp; lampstand and bucket.
- > Baptismal candle.
- > Several card sets of the individual words: 'LET'; 'YOUR'; 'GOODNESS'; 'SHINE'; 'LIKE'; 'A'; 'LIGHT'.
- > Candle shape cut-outs.

## WELCOME AND PROCLAIM THE GOSPEL

*Say/sing together:*

**Alleluia, alleluia!**  
**Jesus is the Light of the world.**  
**All who follow him**  
**have the light of life.**  
**Alleluia!**

*Use the visual aids as appropriate during the proclamation of the Gospel.*

## DISCUSSION

At Baptism we were each given a lighted candle, a sign of the light of Jesus. We were asked to keep the light of Jesus burning brightly. We keep our light burning brightly by the love we have for one another. When we love everyone we show that we are friends of Jesus.

## ACTIVITIES

- > Give each child a cut-out candle to colour. Encourage them to make the flames very bright!
- > Have the children write or draw how they will let their light shine in the coming week.
- > Introduce and use the psalm:



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### SHARING

Give out the card sets which the children have to rearrange to find the message.

Today Jesus tells us that there are two things we cannot do without. From the visual aids, have the children guess what they are.

On a large piece of paper make two columns: one for salt; the other for light. As the children offer reasons why they are so important, put a tick in the appropriate column.

A reading from the Good News given to us by Matthew.  
**Glory to you, Lord.**

Jesus says to his friends:  
'You are the salt of the earth.  
But if salt loses its taste, what can make it salty again?  
It is no good for anything except to be thrown out and trampled upon.

You are the light of the world.

When you light a lamp, you put it high on a lampstand, where it will give light for all the people of the house.

You do not hide it under a bucket.  
Let your light shine,  
then everyone will know what God means to you,  
and they will give him praise.'

This is the Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

*All say the response between verses, standing up straight and stretching their hands above their heads. Groups take it in turn to say the verses.*

**Response: Being good is like being a light in the darkness.**

Those who are good are like lights in the darkness;  
they are generous, merciful and just.  
They look after the poor and the needy.

They live their lives with care. *Resp.*

Those who are just will never waver.  
They will be remembered forever.  
They have no fear of bad news.  
They trust the Lord in their hearts.

*Resp.*

Their love is steady, no need to fear.  
They give open-handedly to the poor.  
You can count on them to be just always.

Their heads will be raised high in glory.

*Resp.*

