

Reflection for Wednesday 3rd Week of Easter 2020 – St Catherine of Siena

St. Catherine of Siena was born in 1347 in Italy. She became a third order Dominican, learned to read and write, and was known for her service to the poor and her involvement in politics. She worked for the unity of the Church and was loyal to the pope. She died April 29, 1380 at the age of thirty-three and was later proclaimed a Doctor of the Church. Her best-known spiritual writing is *The Dialogue*. Her quotes, though over six hundred years old, are still relevant today and can be a *launching pad for personal prayer*.

Let us take time today to reflect on the wisdom of St Catherine as found in the quotes below and, like her, discover that we are very special to God as we are and that we are called to be a light in the darkness, a light of truth, a light of encouragement, a light of hope. Let us seek to be instruments of God's Mercy, Love and Peace.

- *"Be who God meant you to be and you will set the world on fire."*
- *"Proclaim the truth and do not be silent through fear"*
- *"Nothing great is ever achieved without much enduring."*
- *"These tiny ants have proceeded from his thought just as much as I. It caused him just as much trouble to create the angels as these animals and the flowers on the trees."*
- *"The soul is in God and God is in the soul. God is closer to us than water is to a fish."*
- *"What is it you want to change? Your hair, your face, your body? Why? For God is in love with all those things and he might weep when they are gone."*
- *"We are such value to God that he came to live among us ... and to guide us home. He will go to any length to seek us, even to being lifted high upon the cross to draw us back to himself. We can only respond by loving God for his love."*

And remember that the yoke of Jesus (his mission for us) is easy and its burden (i.e. its purpose) is light, because Jesus is with us every step of the way. St Catherine is proof of this.

End Notes: They don't get worse than these

A man tells his doctor, "Doc, help me. I'm addicted to Twitter!"

The doctor replies, "Sorry, I don't follow you ..."

Why should the number 288 never be mentioned? It's two gross!

What did the left eye say to the right eye? Between you and me, something smells.

What do you call a pony with a cough? A little horse!

What did the pirate say when he turned 80? Aye matey. (*read this aloud*)

Did you hear about the two people who stole a calendar? They each got six months.