

Reflection for Monday 7th Week of Easter – St Bede

St Bede (673 - 735) is venerated as the “light of the Church” in the Dark Ages, and as a forerunner of the 8th and 9th century renaissance of the Western Church. Like St Bede we live in a time of darkness. Uncertain when the church doors will be opened; uncertain when we will be able to celebrate the eucharist together; uncertain as to the outcome of Covid-19 and its future prognosis. We too are in need of a light that will negate the power of darkness that surrounds us. The coming of the Spirit changed the outlook and future of the community in Ephesus. It must also be one of our hopes. For the coming of the Spirit at Pentecost will not only bring us light but change our lives with a new hope, a new sense of God’s presence. Spend time now reflecting on the wisdom of St Bede:

- *I was no longer the centre of my life and therefore I could see God in everything.*
- *Unfurl the sails, and let God steer us where He will.*
- *Christ is the Morning Star, who, when the night of this world is past, gives to his saints the promise of the light of life, and opens everlasting day.*
- *If history records good things about good people, the thoughtful hearer is encouraged to imitate what is good; or if it records the evil of wicked people, the godly listener or reader is encouraged to avoid all that is sinful and bad, and to do what he knows to be good and pleasing to God.*
- *He alone loves the Creator perfectly who manifests a pure love for his neighbour.*
- *We abide in God insofar as we do not sin.*
- *The life of man appears for a short period of time, but of what went before, or what is to follow, we are utterly ignorant.*
- *All the ways of this world are as fickle and unstable as a sudden storm at sea.*
- *And I pray to you, loving Jesus, that as you have graciously given me to drink in with delight the words of your knowledge, so you would mercifully grant me one day to be with you, the fountain of all wisdom, and to appear forever before your face.*

Smiles or Groans!?

A photon checks into a hotel and the porter asks him if he has any luggage. The photon replies, "No, I'm traveling light."

Atheism is a non-prophet organization.

I would avoid the sushi if I was you. It's a little fishy.

I used to work in a shoe recycling shop. It was sole destroying.