

Reflection Wednesday Advent Week 2 2020

Although we not want to think of life as a yoke, a burden, it can seem like that at times. We would speak more of a way of life than a yoke. Today Jesus offer us an opportunity to adopt his way of life which he says is better than any other and Jesus always tells the truth. It is harder to believe Isaiah who states that walking and running grow easier with age despite placing all our hope in the Lord. What *is* true, however, is that God never tires of helping and guiding us, picking us up however many times we fall. God never leaves us, never deserts us and loves us through and through. Advent reminds us that God sent his Son to us and repeats that, time and time again, because we are so precious to him. This is why the yoke that Jesus refers to is better than any other we might seek to adopt. Adopting Jesus' yoke, we never live our lives alone. We do not have to self-isolate ever and, if we do, God will find a way of breaking through. We are never alone. Let us spend time this Advent reflecting on this ever faithful, ever trustworthy, every loving God and give thanks for his friendship, guidance and love and above his gift of Jesus.

- *This Christmas, when Christ comes, will He find a warm heart? Mark the season of Advent by loving and serving the others with God's own love and concern. **Mother Teresa.***
- *Advent increases our hope, a hope which does not disappoint. The Lord never lets us down. **Pope Francis***
- *Advent is the spiritual season of hope par excellence, and in this season the whole Church is called to be hope, for itself and for the world. **Pope Benedict XVI***
- *To predispose our mind to welcome the Lord who, as we say in the Creed, one day will come to judge the living and the dead, we must learn to recognize him as present in the events of daily life. Therefore, Advent is, so to speak, an intense training that directs us decisively toward him who already came, who will come, and who comes continuously. **Pope John Paul II***

I told my wife that I didn't like the way she makes eggs. She got mad and threw one of the eggs at my head. And now the yokes on me!!

Meringues. They're no yoke!