

## Reflection Saturday Easter Week 5 - 2021

The story of Paul receiving a clear instruction, strikes a note of envy. How often do we turn to God and seek guidance about what to do or be given some indication of how to proceed and receive nothing??

Rather than live with regret, however, live in gratitude and you will continually experience God's guidance. So...

**Be grateful** if you woke up this morning – healthy with no illness, you are more blessed than the million people who will not survive this week.

Perhaps you have never experienced the danger of war and battle, the loneliness of imprisonment, the agony of torture, or the feeling of starvation – you are ahead of 500 million people in the world.

Can you attend a temple, church, or other religious meeting without fear of harassment, arrest, torture, or death? You are more blessed than three billion people in the world.

Do you have food in your fridge, clothes to wear, a roof overhead and a place to sleep – that means you are richer than 75% of the world.

You are among the top 8% of the worlds wealthy if you have money in the bank, in your wallet and spare cash.

Gratitude is very powerful. The way the “law of attraction” works means that – what you are grateful for today is multiplied. Look at your life and find things to be grateful for.

**Being grateful** is as simple as appreciating the fact that you have running water in your house. Someone had to conceptualise this, draw plans, gather resources, build a reservoir, purchase machinery and pipes, create the infrastructure, organise the maintenance and oversight of this system. Now you can roll out of bed when you are thirsty or hot and grab a glass of water without having to walk to a river and be attacked by wild life. Be grateful.

Know that God is truly grateful for having made you. We have Jesus to prove it!!

**Picabo Street** (*Shing waters*) was an American Alpine skier who was one of the most successful downhill skiers of the 1990s.

Well, it seems that Pickabo Street donated money to a local hospital. In gratitude, the hospital named their emergency ward after her-- it's now called the Picabo ICU.