

Reflection Friday Week 11 - 2021

Anyone concerned about the future of the planet is aware of the importance of light for growth. This is why we call Jesus the Light of the world since he lies at the heart of everything that grows. Being at the heart of everything, Jesus' presence makes everything holy. Whatever our connection with the planet, we stand on Holy Ground: A poem by Macrina Wiederkehr OSB

My bare feet walk the earth reverently
for everything keeps crying, *Take off your shoes*
The ground you stand on is holy
The ground of your being is holy.

When the wind sings through the pines like the breath of God
awakening you to the sacred present
calling your soul to new insights
Take off your shoes!

When the sun rises above your rooftop
colouring your world with dawn
Be receptive to this awesome beauty
Put on your garment of adoration
Take off your shoes!

When the Red Maple drops its last leaf of summer
wearing its 'burning bush' robes no longer
read between its barren branches, and
Take off your shoes!

When sorrow presses close to your heart
begging you to put your trust in God alone
filling you with a quiet knowing
that God's hand is not too short to heal you.
Take off your shoes!

When a new person comes into your life
like a mystery about to unfold
and you find yourself marvelling over
the frailty and splendour of every human being
Take off your shoes!

When, during the wee hours of the night
you drive slowly into the new day
and the morning fog, like angel wings
hovers mysteriously above you
Take off your shoes!

Take off your shoes of distraction
Take off your shoes of ignorance and blindness
Take off your shoes of hurry and worry
Take off anything that prevents you
from being a *child of wonder.*

Take off your shoes;
The ground you stand on is holy.
The ground you are is holy.