

Reflection Wednesday 3rd Week Lent 2022

Since law is often linked with punishment, it is often viewed with dislike and even dread. Law enforcers who have abused the punishment imposed and created a terror of the Law have not helped. But the Law that Moses and Jesus talk about is a Law that offers a life full of wisdom and prudence. In other words, the real intention of Law is to help and guide us into making wise and healthy decisions for the good of the whole community. It reminds us that we live in a large family that Christians call the *Kingdom of God*.

Law promotes good-will and compassion, encourages common sense and helps create a welcoming community. A community in which everyone has a place and is enabled to make a unique contribution for the good of all. Moses stated and Jesus showed that God is very, very close to this family. Present in everything, God makes all things, including us, holy and alive with his grace, goodness and love.

As members of this family, like Macrina Wiederkehr we would want to pray: -

O Holy Spirit, come. Come with your transforming power. Breathe upon and into my thoughts and actions this day. Let my work be a labour of love. May those who come into contact with me feel cared for and sheltered. May I do or offer some small piece of goodness that will help others feel affirmed and supported. Let your wind and fire move me into those places where I am needed. Let me become your breath so that I may assist you in breathing new life into places that are stale and unfruitful. Make me forceful and gentle, powerful and humble. O Holy Spirit, Come!

“Know that the Law is an instrument of freedom. It enables us to be freer and not become enslaved to passions and sin. The Law allows us to trust and entrust ourselves to God, to the grace of God and to the gratuitousness that God gives us. It prompts us to welcome the hand that God constantly extends to us so that our efforts and our necessary commitment can be supported by God’s help, full of goodness and mercy.” **Pope Francis**