## **Reflection Easter Friday 2022**

As opposed to the Last Supper that we celebrate on Holy Thursday, today we encounter Jesus at his last breakfast with his disciples. It could be a called a working breakfast as the disciples had been fishing during the early morning and, at the request of Jesus, thrown out their nets one more time gathering in 153 fish. This time Jesus provides the meal of bread and fish. From time to time the ministers in Hitchin meet together over a working breakfast and have found it to be a good way to meet together and discuss how best to serve the faithful of Hitchin. We learn from and support one another. Eating together around a table and recognising the presence of Jesus among us strengthens the unity and collaboration that exists among us — Christian unity at its best. If there is any doubt as to the reality of Jesus' resurrection, he eats with them once again just as Jesus eats with us every time we celebrate the eucharist. The eucharist that binds us more closely and more lovingly together.

## **Exalted Manna Malcolm Guite**

I love to lift you in the Eucharist, for you descended to the depth for me, you stooped beneath the whole weight of the world, and held it as the nails drove through each wrist, you held us all through your long agony, held all the taunts and curses that we hurled; held all our hurts deep in your heart for healing. And when we lifted you onto your cross you lifted all of us up to the Father and made your outspread arms a sign, revealing God's all-sustaining love, that bears our loss, becomes our daily bread, calls as to gather each love, as manna in the wilderness. So, lift me as I lift you, lift and bless.