

Reflection Friday 3rd Week Easter 2022

"Eat my flesh and drink my blood" says Jesus so that he will live in us with the Father and the Holy Spirit. I have met many young people passionate about reaching out to and speaking up for the more deprived members of our community. Without exception they will say they have been influenced by others and in many cases by their parents who visited people in care homes, helped on soup runs, helped children with disabilities or visited people in prison. The lives of their parents had rubbed off on them, inspiring them to do something similar in their lives. Eating the flesh and drinking the blood of Jesus will inspire and motivate to want to further his mission and live the example he gave us with joy and passion.

*The Jews of a small town in Russia eagerly awaited the arrival of a Rabbi. Being a rare event, they spent much time preparing the questions they wanted to ask the holy man. When he finally arrived, they met with him in the town hall. He could sense the tension in the atmosphere as all prepared to listen to the answers he had for them. He said nothing at first; he just gazed into their eyes, and hummed a haunting melody. Soon everyone began to hum. He started to sing and they sang along with him. He swayed and danced in solemn, measured steps. The congregation followed suit. Soon they became so involved in the dance, so absorbed in its movements that they were lost to everything else on earth; so, every person present was made whole, healed of the inner fragmentation that keeps us from the Truth. It was nearly an hour before the dance slowed down and stopped. With the tension drained out of their inner being, everyone sat in the silent peace that pervaded the room. Then the Rabbi spoke the only words he pronounced that evening: **"I trust that I have answered your questions."***