

## Reflection Monday 5<sup>th</sup> Week Easter 2022

In John's Gospel the Holy Spirit is named '*Paracitos*' which means counsellor, advocate, consoler, and mediator. Experience of the Holy Spirit reveals that all these names apply in one situation or another. It often appears that the Holy Spirit brings the Father and the Son together and strengthens their relationship, then reaches out to us in many different ways. This suggests that the Holy Spirit is the *power* of God at work. Isn't this why we often use the word *power* when talking about the Holy Spirit. The stories of the Apostles and of Paul and Barnabas testify to the power of the Spirit at work through their healing, like that of the cripple.

What is helpful in the first reading is that Paul and Barnabas recognise that the cripple is not healed by them but by the power of God, the power of the Spirit. If only it was possible to see everything in this way. The good that we do, the virtues we have and live by, the talents and abilities we use to help others, our successes are all testimony to the *power* of the Spirit at work in us and through us.

**A Force for Good.** *Sue O'Donnell*

The Spirit of life  
is the Spirit of love,  
being the Spirit of God.  
The Spirit belongs fully  
to the Lord God Almighty,  
and to His beloved Son  
whom we call 'Christ Jesus';  
because sent by the Spirit,  
Jesus came to save us from sinfulness.  
The work of the Holy Spirit,  
and the work of the Lord Jesus,  
are but one and the same  
in God's merciful plan and purpose.  
Together the holy Three,  
whom we call a Trinity,  
combine to be ***a force for good.***