

Reflection Friday Week 11 2022

Like Love that can never be extinguished because its source and origin is God, neither can put out the light of God's presence within us, represented by the candle we receive in Baptism. We can hide them away, pretend and believe they no longer exist within, but they are ready and eager to burst into life at any moment if we allow them.

A young rabbi complained to the rabbi of Rizhyn: "During the hours when I devote myself to my studies, I feel life and light, but the moment I stop studying, the feeling is gone. "What shall I do?"

The rabbi of Rizhyn replied: This is similar to a man who makes his way through the forest on a dark night, and for a time another joins him, lantern in hand; but when they part at the crossroads, the first must grope on alone. If a man carries his own light with him, he need never to be afraid of darkness.

We have been reminded recently that we carry the light of the Spirit within us as bearers of God. The God news, we carry and share, offers its own courage and support to guide our way. As with everything we receive as gift from God, the more we share the light - give it away - the stronger it becomes.

Pope Francis:

From my point of view, God is the light that illuminates the darkness, even if it does not dissolve it, and a spark of divine light is within each of us.