

Reflection Thursday Week 22 – 2022

The wisdom hour (Louisa May Alcott) comes mid-afternoon. In this hour we remember that all things are passing, impermanent. This day as beautiful, frustrating, or productive as it has been, will not last forever. It will fade into night and into a new day. Day's end is symbolic of life's end. This is not intended in a dismal sense. It is a loving reminder of the beautiful fragility in the lives of human beings on earth. An honest remembrance that all things are passing can help us grow in gratitude for all of creation.

Let us:

- Remember the impermanence of all things.
- Put things in order as day begins to fade.
- Ask what needs to be kept from the day and released.
- Practice forgiving ourselves and other for the weaknesses or mistakes of the day.
- Embrace the art of holy surrender and letting go.

With evening approaching, it is time for giving and forgiving for they are kindred spirits. In forgiving we give back life to the other. We lift a burden from ourselves and the other. As we look to the dying day, it is fitting to reflect on the ancient proverb, *"Let not the sun go down upon your anger."* We want to close the day as we began, with the chalice of our lives raised high. Love is all we can take with us when we go and it makes the end so easy.

O Ancient Wisdom,
so deeply rooted in the ground of my being,
anoint me with wise knowing.
As I look toward day's end,
let me draw energy from your insight and good judgment.
Open my eyes to the riches you have gifted me with this day.
Help me gather it all in as a bountiful harvest.
Let me sit at your feet and learn from you,
how to live and die,
how to give and forgive.
O teach me wisdom.
May it come to pass.

Between wealth and wisdom what will you choose ?

Teacher: If you are offered wealth and wisdom what will you choose?

Student: Wealth

Teacher: No. That's a bad answer. I will choose wisdom.

Students: That's ok, sir. We have to choose what we don't have.