

## Reflection Friday Week 28 – 2022

Isn't it good to begin a day being reassured that we are very special, especially when that affirmation comes straight from God? To be told that the Holy Spirit has taken up residence within us, has made us into a home for God – a temple, fills us with joy. The presence of the Spirit is not passive but inspirational and motivating, urging us to be Good News to all those we encounter through the day ahead. Jesus warns us against hidden evils and yet every day we walk through a land filled with treasures found in the lives of the people we encounter and in the land and creation around us. Already the leaves of the trees are changing colour revealing new wonders every day.

In recognising these hidden wonders in others do we stop to think that we too hold hidden treasures of which we are unaware. We need others to uncover these hidden jewels for us in the same way that we can do for them. Just as we need to spend time in the presence of nature to be touched by its breathtaking beauty which is an experience of the heart as well as sensual and visual. So too with people, those we encounter, we need time in their presence to be touched by their grace and inner holiness that too often lies hidden. When Jesus looks at us, he sees all these hidden treasures which reflect the wonder and goodness of God in whose image we are made. No wonder, then, that Jesus is Good News. The salvation Jesus won for us enables us to reveal these hidden treasures for each other and we have the Holy Spirit to help us do this!