

Reflection Tuesday Week 33 St Albert the Great 2022

St Albert (1206) was born at Lauingen on the Danube, in Germany. He studied in Padua and Paris before entering the Dominican Order. He taught in the University of Paris, where St Thomas Aquinas studied under him. He was one of the greatest philosophers of the Middle Ages, at time of the rediscovery of Aristotle. He had great interest in science and astronomy and became a Doctor of the Church, *Doctor Universalis*, the “Universal Doctor.” In 1260 the Pope made him Bishop of Regensburg, which lasted three years before he resigned. He made great efforts to secure peace between people and between cities. He died in Cologne in 1280.

The obvious link between our two readings today is that when we are truly in the presence of God, of the Spirit, of Jesus, the truth about ourselves reveals itself. In God’s presence that which is lacking or missing in our lives becomes clear. Let us examine ourselves in God’s presence and be open to what we may discover however troubling or painful or inspiring and do something about it. We certainly do not want to be neither cold nor warm – insipid. The first move is to say yes to God. Ask St Albert the Great, he will help.