

Reflection Saturday Christmas Week 7th Day of Octave 2022

This season of Christmas following the birth of Christ should be a time that sets us apart. Our joy should be visibly apparent and cause others to question, even if interiorly, “why are they so happy?”

Well then, why are we so happy? Why does the Church celebrate for so long? Because God, in His Infinite Mercy, would choose to redeem us by sending His only Son to be born of a Virgin Mother.

“...For God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life.” (Jn 3:16).”

The intense love of our God should arouse immense joy within our hearts and souls. This too should be our deepest intention in giving Christmas gifts. Love wants to share. May our hearts slowly prepare the way for the coming of our Lord. Casting aside all sin and imperfection will pave the way for virtues to spring forth in our everyday life, particularly joy. Joy that Jesus, the Son of God, would become the Son of Man out of love for us sinners.

St Bede asks us to:

LEARN HUMILITY FROM JESUS

During these days we read and ponder the Gospel that describes the infancy and boyhood of our Redeemer. He shared our humanity in order to teach us how to live humanly and humbly. Having in mind the humility of the Son’s incarnation we should set ourselves to learn this from Him. It is in true humility that we find the cure for the wounds of all sins. We are dust and ashes. We need to meditate with faithful and open hearts on our own humble state. We need to do this both out of love for our God and in order that we may be saved.

Jesus asks: *“Let your light so shine before all that they may see your good words and give glory to your Father in Heaven”*. Doing this is the daily bread that makes us to grow into the full stature of Christ. We eat this bread day by day, and always. It is the bread of true humility.