Reflection Wednesday 4th Week Advent 21 December 2022

"Listening to Winter" (Macrina Wiederkehr)

The trees have shed their colourful autumn robes. Winter is raging through the dark, empty branches

and I am listening.

I am listening to the roar and to the quiet of winter.

I am listening to a beauty that sometimes remains unseen.

I am listening.

I am listening to the seed hidden in the earth.

I am listening to the dark swallowing up the light.

I am listening to faith rising out of doubt.

I am listening to the need to believe without seeing.

I am listening.

I am listening to the season of contemplation,

to the urgency of our world's need for reflection.

I am listening to all that waits within the earth,

to bulbs and seeds,

to deep roots dreaming.

I am listening to the sacred winter rest.

I am listening.

I am listening to long nights,

comforting darkness,

fruitful darkness,

beautiful darkness.

I am listening to the darkness of the winter season.

I am listening to the sparks of hope within the darkness.

I am listening.

I am listening to storms raging out my window,

to storms raging in my heart.

I am listening to all that makes me pull my cloak a little tighter.

I am listening to trust buried deep in the ground of my being.

I am listening.

I am listening to the kind permission of the season

to rest more often,

to reflect more deeply,

to pray without words.

I am listening to the sacrament of non-doing.

I am listening.

I am listening to my dreams and inner visions,

to the unknown wrapped in the mystery of my life,

to tears trapped in underground streams of my being,

to seeds watered daily by those tears.

I am listening.

I am listening to the quiet life in winter's womb.

I am listening to winter, nurturing spring.

I am listening to brilliant winter sunsets and lovely frosty mornings.
I am listening to snowflakes flying through the air, to the cold winds that often blow out there, to bare trees, so lovely in their emptiness, to one leaf that never did let go.

I am listening.

I am listening to winter handing over to spring.
I am listening to the poetry of winter.
I am listening.