## Reflection Monday Week 1 Year 1 2023

The letter to the Hebrews shows us not only that Jesus is head above all but the significance, importance and value of all that he does for us who are members of his family, as well as for everyone in the world. Jesus came into the world in a family, lived in the family community of Nazareth so it made sense to him to begin his apostolic work in a family by calling his disciples together and forming the family we call apostles. Family is a strong theme every year in the Church and, because of the pandemic, the wars and injustices of the world, we have come to realise its importance not just in terms of our blood relatives but in a wider sense of reaching out and including those who have lost family; those forced to migrate; those facing economic hardship and shortages of food. More than ever the family of the parish has become an important factor in our lives and in our town. We are called to foster and strengthen it in the days and weeks ahead.

## Stronger Together Gadifele Kilele

we are not strong
on our own
we need each other
we are family
we support each other
we guide each other
teach each other
and restore each other
we are leaders
not losers
we are givers
not seekers
we are stronger together.

Where can you buy chicken broth in bulk? The stock market!

What do you call a cow with two legs? Lean beef!