## **Reflection Wednesday Week 5 2023**

It is surely a puzzle why Adam and Eve chose to eat of the tree of knowledge knowing full well that they would die??? It is the same for us with sin. We make choices that ignore or knowingly offend God which only lead us to hurt and harm ourselves.

In the second Genesis story of creation today, we are reminded that it is God who breathed life into us and that he gave us so much. Yet, just like Adam and Eve, we want more and we have taken more, so much so that we are destroying the very creation that gives us life. Do we really not care about future generations???

Jesus is very clear about all the other ways we destroy our lives and the lives of others.

Let us think more about our children and our children's children and what kind of world we want them to inherit.

**Macrina Wiederkehr osb** found great inspiration in creation. It spoke to her of God as much as the bible or the presence of God in the people she encountered. Hopefully you do too?? She wrote the following about the things she learnt on the Great Hunt for God in life:

- All work (even menial tasks) can become a joy rather than a burden.
- "Practice" is one of the most important words in the spiritual life.
- It is harmful to my soul to judge others.
- All moments of waiting can become moments of keeping vigil.
- The book of the earth is as holy as the book of scripture.
- I am happiest when I am able to surrender my own will.
- If I am not happy with what I have, I probably won't be happier with more.
- Even if I don't agree with someone, I can learn much by listening to them.