

Friday 3d Week Lent St Patrick 2023

St Patrick (385 - 461) was born in Roman Britain around the end of the 4th century, and died in Ireland about the middle of the 5th century. As a missionary bishop, he endured many hardships and faced opposition even from his friends and fellow Christians. Nevertheless, he worked hard to conciliate, to evangelize, and to educate local chieftains and their families. He is remembered for his simplicity and pastoral care, for his humble trust in God, and for his fearless preaching of the gospel to the very people who had enslaved him in his youth.

We too are God's missionaries. Let Patrick inspire us through prayer.

I arise today through a mighty strength, the invocation of the Trinity,
through belief in the Threeness,
through confession of the Oneness
of the Creator of creation.

I arise today through the strength of Christ's birth with His baptism,
through the strength of His crucifixion with His burial,
through the strength of His resurrection with His ascension,
through the strength of His descent for the judgment of doom.

I arise today, through the strength of heaven,
the light of the sun, the radiance of the moon,
the splendour of fire, the speed of lightning,
the swiftness of wind, the depth of the sea,
the stability of the earth, the firmness of rock.

I arise today, through God's strength to pilot me,
God's might to uphold me,
God's wisdom to guide me,
God's eye to look before me,
God's ear to hear me,
God's word to speak for me,
God's hand to guard me,
God's shield to protect me,
God's host to save me from snares of devils,
from temptation of vices,
from everyone who shall wish me ill,
afar and near.

Christ with me, Christ before me,
Christ behind me, Christ in me,
Christ beneath me, Christ above me,
Christ on my right, Christ on my left,
Christ when I lie down, Christ when I sit down,
Christ when I arise, Christ in the heart of every man who thinks of me,
Christ in the mouth of everyone who speaks of me,
Christ in every eye that sees me,
Christ in every ear that hears me.

I arise today through a mighty strength, the invocation of the Trinity,
through belief in the Threeness,
through confession of the Oneness of the Creator of creation.