

YEAR A  
3rd SUNDAY OF LENT

# I WILL GIVE YOU LIVING WATER

## VISUAL AIDS

- > Pictures of rivers, springs, waterfalls, wells, etc.
- > Bucket shape cut-outs.

## WELCOME AND PROCLAIM THE GOSPEL

*Say/sing together:*

**Praise to you, O Christ, our Saviour.  
Lord, give us living water.  
Praise to you, O Christ, our Saviour.**

A reading from the Good News  
given to us by John.  
**Glory to you, Lord.**

Jesus was hot, tired and thirsty after his long journey when he arrived at the Samaritan town of Sychar. He sat down beside the well. While he was sitting there a Samaritan woman came along with her bucket to draw water from the well. Jesus said to her,

## DISCUSSION

What did Jesus ask the woman for?

Why was the woman surprised?  
- explain, as necessary, about Jews and Samaritans.

What did Jesus offer the woman?  
- living water.

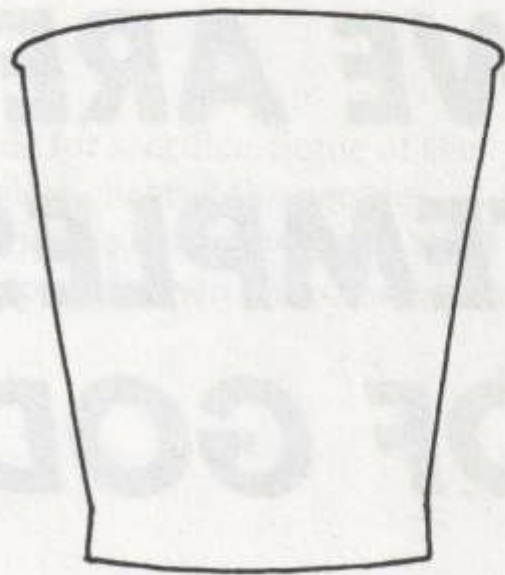
What does this living water bring?  
- new life, eternal life.

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### SHARING

Talk about how life depends on water. Encourage the children to give examples, e.g. plants in the garden, for pets, crops and animals on farms. Remind the children of the new life they received in baptism when water was poured over them. Talk about the life of Jesus: has this life grown in them? how? Through love, kindness, prayer . . .



'Give me a drink.'

'What!' said the woman - she was surprised because Jews and Samaritans do not usually mix together. Jesus replied, 'If only you knew what God is offering and who it is that is asking you for a drink, you would be the one asking him for a drink, and he would give you living water. Anyone who drinks the water from this well will be thirsty again, but

anyone who drinks the water that I shall give will never be thirsty again.'

This is the Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

### ACTIVITIES

- > Have the children mime the Gospel.
- > Have the children mime ways of being living water:  
e.g. being patient; helping at home; looking after younger brothers and sisters.
- > Give out the cut-outs.
- > On them, have the children write or draw:  
either, ways in which their lives can be full of living water in the week ahead;  
or, ways in which they can share living water with others;  
or, ways in which the living water can become eternal life.

