

## Reflection Friday Easter Week 2023

In the City of God (13.22) **St Augustine of Hippo**: writes that *the bodies of the righteous at the resurrection will need neither any fruit to preserve them from dying of disease or the wasting decay of old age nor any bodily nourishment to prevent hunger and thirst. For they will be endowed with such a sure and inviolable gift of immortality that they will not eat because they have to, but only if they want to. Not the power but the necessity of eating and drinking shall be taken away from them... just like our Saviour after his resurrection took meat and drink with his disciples, with spiritual but still real flesh, not for the sake of nourishment, but in an exercise of his power.*"

After two experiences of the risen Jesus the disciples find it easier to recognise him when he appears to them. How many resurrections of Jesus have you experienced? Surely, by now you will be well aware of his presence. Jesus returns again and again to help us find it easier to recognise him in each other, in those around us and in the daily events of our lives. The fact that the media does its hardest to focus only on the events that defy the presence of good, of the divine, but then the media is blind to God's presence. Those with resurrection eyes will see the good even in the presence of war and injustice and the abuse of power and its evil consequences. That goodness and that presence is sustained and nurtured, as seen in the Gospel, through the breaking of the bread and the sharing of the Eucharist.

Chap goes to a shop picks up a loaf of bread, a pint of milk and a newspaper. Going to pay he says **"I'm sorry but I only have a £50 note"**.

Cashier says **"Oh, OK, you will just have to put one of them back then"**.