## **Reflection Wednesday Easter Week 2023**

The disciples on the way to Emmaus said, after their encounter with Jesus, "Did not our hearts burn within us as he talked to us on the road and explained the scriptures to us?"

Jesus always walks alongside us every moment of our lives and like the two disciples, too often, we fail to recognise him. These disciples remind us that Jesus is present with us in a special way in the Eucharist. Would that each time we came to the Eucharist that our hearts burned within us, too.

## The Road of Trust by Macrina Wiederkehr, OSB

The road to Emmaus is not a road of the past. It is an everyday road. Someone is still walking along beside us explaining the scriptures to us, breaking bread with us, and then vanishing from our sight. And we are still rather slow about recognizing what's happening in the breaking of the bread, and that's because we are slow about trusting. It takes so long to be a Church. We seem unable to trust the struggle as divine and even in the struggle to cry out: "It is the Lord!" We long to recognize Christ before we trust the stranger he sends down our road. And so often we miss the blessing. It is not that we're on the wrong road. It is rather that we fail to trust and recognize strangers. The road we walk each day is the road to Emmaus.