

# JESUS IS RISEN

## VISUAL AIDS

- > A cardboard or wooden cross covered in gold paper.
- > Spring flowers.
- > Eggs, chickens (or pictures).
- > Flower and egg shape cut-outs.

## WELCOME AND PROCLAIM THE GOSPEL

*Say/sing together:*

**Alleluia, alleluia!**  
**Happy are those**  
**who believe in Jesus.**  
**Alleluia!**

A reading from the Good News  
given to us by John.  
**Glorify to you, Lord.**

On the Sunday evening after Jesus  
had died on the cross, all his friends  
were scared and hiding in the house  
with the doors and windows shut  
tight. Suddenly, Jesus was there,  
standing among them.  
'Peace be with you' he said, and  
showed them his hands and his side.

## DISCUSSION

What is the first thing Jesus says  
each time?  
- peace: Jesus comes to bring us the  
new life of peace.

What happens to Thomas?  
- he changes; from doubt to belief.  
The risen Jesus comes to change  
everyone for the better.

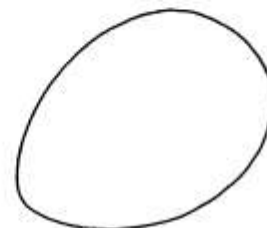
Encourage the children to give  
examples of other ways people  
could change.  
- from selfish to generous;  
- bad temper to good temper;  
- dishonest to honest.

## SHARING

Show the children the eggs, chickens  
and flowers. Encourage them to give  
other examples of signs of new life.

Show them the cross and explain it is  
golden, because it is a glorious cross.  
It is where Jesus conquered death, to  
rise to give us new life. The cross is  
the sign of Jesus' victory.

Praise God for Jesus' victory by  
singing or saying a Gloria.



Thomas was out when Jesus came,  
so when the others told him they had  
seen Jesus, he refused to believe it.  
'Unless I see for myself, and put my  
fingers in the holes in his hands, and  
my hand in the hole in his side, I will  
not believe.' A week later, they were  
all in the house again, including  
Thomas, when once more Jesus  
stood among them.  
'Peace be with you' he said. Then he  
turned to Thomas:

'Thomas, here are my hands; come,  
put your fingers in the holes. See my  
side; come, put your hand in. Doubt  
no longer, but believe.' Thomas said  
'My Lord and my God.'  
Jesus said  
'You believe because you can see me.  
Happy are those who have not yet  
seen and yet believe.'

This is the Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

## ACTIVITIES

- > Have the children mime the  
Gospel story.
- > Decorate the cross with the  
flowers.
- > Give out the cut-out shapes, and  
have the children write or draw  
on them what way they want  
Jesus to help them change in the  
next week.

- > Recite the  
children  
**God our  
source of  
life  
You share  
even you  
Father,  
for the  
which ]  
by his**

