

Reflection Saturday Week 18 – 2023

How much do you need God? Do you only need God when you face an impossible situation? Not questions that we can easily answer. Deuteronomy tries to avoid us meeting the point where we need to ask for God's help by urging us to put God, the Lord, at the centre of our lives. Our lives do not revolve around ourselves but around God and in particular around Jesus Christ who is the starting point and the end point.

Pope Francis says:

Jesus Christ invites us to get to know him, to recognize him in our lives and in many different circumstances of life. Hence, we must ask ourselves is Jesus Christ at the centre of my life? And what is my relationship with Jesus Christ? To be able to put Jesus at the centre we must make sure that we know Him and that we are able to recognize Him. We must ask ourselves: Am I interested in getting to know Jesus? Or am I perhaps more interested in watching soap operas, in gossiping, in pursuing an ambition or talking about the lives of others?

To get to know Jesus, there is prayer, there is the Holy Spirit and also the Gospel. It's the only way to get to know Jesus. We must worship Jesus not just asking things of Him and thanking Him, but praying silently in adoration, and removing from our hearts other things we adore and that capture our interest. "All the rest is of use only if I am capable of worshiping God alone. Pray the 'Glory Be': "Glory be to the Father, and to the Son, and to the Holy Spirit. This prayer is adoration! It is a way of worshiping the Father, the Son and the Holy Spirit. A little prayer, in silence, before the greatness of God is a way to worship Jesus and say: 'You are the only one, you are the beginning and the end, and I want to stay with you throughout my life, throughout eternity. It is a way to chase away the things that prevent me from worshiping Jesus."

- *I told my boss three companies were after me and I needed a raise to stay at my job. We haggled for a few minutes, and he gave me a 5% raise. Leaving his office, he stopped and asked me, "By the way, which companies are after you?" I responded, "The gas, electric, and telephone companies."*