

## Reflection Saturday Week 23 – 2023

It is encouraging when Paul speaks of the way God saved him with his abundance of mercy and forgiveness for it conveys the sense that God values Paul and his whole life. The salvation offered inspires Paul to see that he is wanted for a special mission which we know Paul fulfilled with the whole of his being. This is the same salvation Jesus has offered us. It comes with the special mission he wishes us to fulfil and Paul wants to show us that whatever God asks from us, God will help us fulfil. We can do this if, as Jesus asks, we build our faith on solid rock. What rock is more solid than Jesus Christ?

We also build our faith on the rock of the Church founded on the rock of Peter and is our guide, our inspiration, our source of grace and encouragement. A rock built on countless lives of faith down through the ages and a reminder that we do not journey alone. It does not hide the frailty of faith in individuals but shows us that we are upheld by the faith of many others.

**This is my Rock,**  
this is where I stand  
this is where I find rest  
in God's almighty hand.

This is my Trust,  
this is where I find  
God's peace and calm  
for my heart and mind.

This is my Anchor,  
this is what I hold on to  
this is what I know to be  
trustworthy and true.

This is my Hope,  
this is where I go  
this is my salvation  
whenever storms blow.

This is my Rock,  
this is where I wait  
this is where I place  
my eternal fate!

This is my Rock and that Rock is Christ. (Deborah Ann)