

Reflection Tuesday Week 3 – 2024

Rather than try to ask why Jesus acted the way he did, why not wonder at the way Jesus was able to use every opportunity to speak about the love of God for us. To be called his mother, sister, brother is the greatest of honours. It reveals how precious we are to God. We are as close to him as was his Son. It challenges us to act in the same way towards others. We can ask what they can teach us about God's love for us? How can they reveal how God may be present in some special way in their lives and in ours?

Macrina Wiederkehr OSB ([Seven Sacred Pauses](#))

I long to live in the present moment. I want to stop trying to control the hours so that new paths of inspiration are free to unfold within me...Take my scattered thoughts, my fragmented moments. Breathe into them and draw them into your centred heart. Open my eyes that I may see the grace that waits for me in every moment. You are the Source of every moment's blessing. Teach me to live awake...

O Spirit, come. Come with your transforming power. Breathe upon and into my thoughts and actions this day. Let my work be a labour of love. May all those I encounter feel sheltered and cared for. May I do or say some small piece of goodness that will help others feel affirmed and supported. Let your wind and fire move me into those places where I am needed. Let me become your breath so that I may assist you in breathing new life into places that are stale and unfruitful. Make me forceful and gentle, powerful and humble. O Spirit, Come!