

Reflection Monday 1st Week Lent 2024

This week opens on the theme of Justice. The advice given is either what not to do or to decide to act positively and lovingly to others whoever they are or whatever they have done.

In Jesus' account of the Last Judgement, it is clear that it is in how we respond to people and particularly to those in any kind of need that is the important factor. There is no mention of prayer or worship?? However, Jesus showed us by his life that we need to go to the Father to guide us and encourage us in our actions in order to see if we are doing God's work and not doing it for our own glory and betterment. We also know that it is through the power and presence of God in our lives that we are able to act justly, generously and lovingly towards others. The psalm is very helpful in telling us how God helps us when we respond to him.

The Law of the Lord revives the soul.

The rule of the Lord gives us wisdom.

The precepts of the Lord gladden the heart.

The command of the Lord gives light to the eyes.

The decrees of the Lord are truth and all of them just.

*And so, with the psalmist we pray that the words we speak
and the thoughts of our hearts, will be those of the Lord.*

We do all in the name of the Lord for the praise and glory of his name!