## Reflection Thursday Week 4 – 2024

After only a short time with Jesus his apostles and disciples are sent out to continue Jesus' teaching. Mark constantly shows that these disciples lacked understanding, yet Jesus was ready and willing to send them out to preach the Good News in his name. They had the knowledge to know that Jesus had sent the Holy Spirit to guide and help them and, by all accounts, they were extremely successful. Ultimately, we preach the Good News better by trusting in the Holy Spirit, trusting in Jesus and trusting the Father to help and guide us. It is allowing God to make us instruments of his power and presence to enter into others and lead them to the truth that will set them free.

What is more is that they were given the power to heal people which is why we will be offering the Sacrament of the Sick to those who wish at the Sunday masses this week-end.

A prayer for those who suffer by Canon Roly Riem, Vice-Dean at Winchester Cathedral:

Lord Jesus,
who in your earthly life
bore our grief and carried our sorrows,
stand with us, we pray,
in our fear, distress and uncertainty.
Draw near to all who are suffering:
strengthen those who care for them;
and guide those involved in research.
Lead us all, through the depths of the cross,
to the height and joy of resurrection. Amen