

## Reflection Tuesday 2<sup>nd</sup> Week Lent 2024

The Word of God has a multitude of attributes. It is the person of Jesus Christ, it is the Word at the origin of creation, it inspires, challenges, offers wisdom and understanding, it heals and forgives, it is merciful and compassionate and so much more. This Word reminds us of the deep love the Father has for us and the important and essential role he plays in our lives when we open our hearts to him.

It is by his Word that God created us in His image and we are called to represent God through our actions, our thoughts and our words, so that others may see the kindness, love and grace that God offers us. By reflecting this image of God in what we are and what we do, we can help others know Him! Lent is our season to discover how we can do this better and with a greater love.

Jesus spoke of himself as the light of the world which is what we want to be for others by letting Jesus' light shine through us. We were given that light in baptism and spend our lives trying to make it burn brighter. Being a spiritual light, it cannot be extinguished; we just need to let it shine!

During Lent let us walk more closely with Jesus so as to find peace and understanding in each situation we encounter. Let us also be a light to the world and show others how wonderful God truly is.

***And we all, who with unveiled faces contemplate the Lord's glory, are being transformed into his image with ever-increasing glory, which comes from the Lord, who is the Spirit.***

2 Cor 3:18