

Reflection Tuesday Week 6 – 2024

On this Shrove Tuesday it is good to listen to St James who writes: *Never, when you have been tempted, say, 'God sent the temptation'; God cannot be tempted to do anything wrong, and he does not tempt anybody. Everyone who is tempted is attracted and seduced by his own wrong desire.*

Despite some prayers suggesting the contrary, Jesus never has and never will lead us into temptation. We cannot duck our responsibilities for any harm we have done to others and to God.

Would it not be helpful to think of the sacrament of Reconciliation, we know as confession, as telling God about the weaknesses and failings in our lives so that God knows how we want and need his help? This help offered by Jesus is one he passionately and lovingly wants to give us.

God created us as loving, good, compassionate and kind people. Our failings prevent those good qualities coming to the surface in our lives. Among other things Salvation means setting our goodness free.

We might even think of Lent as a time for a makeover or having a Spring Clean. We always feel better after doing this and it enables us to see ourselves in a much brighter and healthier way, which is what Jesus seeks to encourage and promote within us.

No wonder we call Lent a season of Joy because it encourages us to discover and feel the presence of Jesus' love for us more strongly and develop that inner glow that will inspire and uplift others.

Have a happy Lent everybody!!!