

Reflection Wednesday 4th Week Lent 2024

We respond to the psalm with the words *The Lord is kind and full of compassion*. But, do we really believe these words when life seems to turn against us and throw up all sorts of troubles and challenges that seem completely unfair. Of course, if you believe that it is God who sends you these trials, then it will be difficult to find them helpful or positive in any way. But God does not do that.

The readings this week reveal how much God wants us to have life and will do everything in his power for that to happen. All we need to do is to open ourselves fully to him. God walks closely by our side whatever life throws at us. God will support and strengthen us through pain, suffering and loss, happy to share in our joys, successes and happiness.

Unfortunately, as the government has decided to build more fossil fuel stations to provide electricity, they little realise that the world is rapidly moving towards implosion and they will be useless.

Isaiah would certainly not have written that same passage for today's world. Yet God still sees us, his people, as a beautiful garden. Maybe, if we did the same, we would be living more simply and treat every aspect of life as sacred and want to hold onto the divine beauty inherent in us. We will treat our planet better if we uncover and reveal the divine beauty of our lives this Lent, for *the Lord is kind and full of compassion!*