

BELIEVE IN ME AND LIVE FOR EVER

VISUAL AIDS

- > Crucifix.
- > Soil and flower seeds in a packet.
- > Cross shape cut-outs.

WELCOME AND PROCLAIM THE GOSPEL

Say/sing together:

**Praise to you, O Christ, our Saviour.
Anyone who wants to serve the
Lord must follow him.
Praise to you, O Christ, our Saviour.**

A reading from the Good News
given to us by John.
Glory to you, Lord.

Jesus was on his way to the Temple
when some people came trying to see
and speak to him. This is what Jesus
said:
'Unless the seed falls into the ground
and dies it will never be anything but
a lonely seed.
But if it dies in the soil,

SHARING

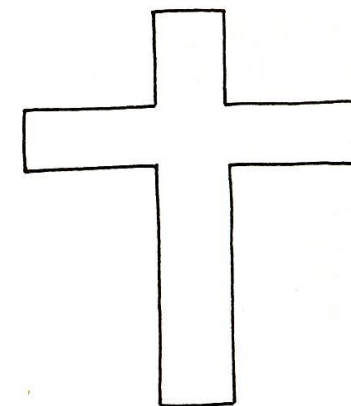
Show the packet of seeds to the
children. Open it and show them the
seeds.
What use are they in the packet?
Is it better to keep them in the packet
or in the dark soil?
What will happen to them in the
soil?
Each seed has within it the power to
become a beautiful flower.

We have the power to grow into
beautiful people.
Supposing a seed wants to stay in
the packet, what will happen to it? It
remains dry and will never grow.
If we are selfish it is like being a seed
wrapped in its packet.

Today Jesus speaks of seeds and
growing.

it will grow into a plant
and produce many more seeds.
So too the time has come for me to be
glorified.
My father will glorify me
and when I am lifted up
I shall draw all to myself.'

This is the Gospel of the Lord.
Praise to you, Lord Jesus Christ.



DISCUSSION

What did Jesus say about the seed?
- that the seed must fall and die to
rise again.

And what did he say about himself?
- that he would be glorified
- that he would be lifted up.

What do the children think Jesus
meant?

- he is talking about his death on the
cross and his resurrection.

ACTIVITIES

- > Give out the cross shape cut-outs.
- > On them have the children write
or draw the gifts they have that
they want to grow.
- > Say this prayer together, the
children repeating it phrase by
phrase:

**Father in heaven,
help us to grow more like Jesus
every day.
He died to give us new life.
Help us to die to selfishness and
misery,
and to be alive to love and
happiness this Easter.**