

Reflection Easter Wednesday 2024

The fact that the two disciples on the road to Emmaus did not recognise Jesus despite having lived with him is reassuring when we fail to see Jesus' presence in our lives. Today we are reminded of the closeness of Jesus to us in the eucharist in which the Priest or Eucharistic Minister offers us his body and blood in his name. Beforehand Jesus speaks to us in the readings just as Jesus spoke to the two disciples. In fact, the first act of Jesus was to draw them into conversation, asking them to share with him the nature of their discussion. He sought to hear their tale; a tale filled with sorrow and loss. He wanted to fully engage with them in their moment of grief. He accepted them as they were, demonstrating a profound respect for their current state on their spiritual journey.

This is precisely how the Lord presents himself to us: he encounters us in our present circumstances, encouraging us to open our hearts to him and to speak of our deepest thoughts and feelings.

Only after attentively hearing the disciples' lament did the unrecognized visitor respond. His words cast an entirely new light on their despairing narrative. He made sense of their grief, by placing it within the greater narrative of God's plan - a narrative not concluded by death, but crowned with light and triumph.

Lord, help us to place our lives with all its blessings and troubles into your plan for us and for the world. You became a new light for us on Easter Sunday. Let your light show us the way forward with you!