## Reflection Wednesday 2nd Week Easter 2024

These words of Jesus sum up everything we need to know: "God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life." God has only ever wanted life for us. We only have to say YES!

However, the world can often feel like a dark place, as Jesus says, "People have shown they prefer darkness to the light', even though we were made for the light and to be light. We are always happier as the light in the evenings lasts longer and longer. It fills us with an uplifting joy and reassurance knowing that daylight is lengthening every day at this time of the year. John, however, is referring not to daylight but to the one who declares himself to be the light of the world, to Jesus. We too will be filled with joy as we move closer to Jesus' light.

Yet, it is good to know that our faith can actually grow even in times of darkness. Dark times can become pivotal moments that can mark and even shape our future. Experience teaches us that it is often only after times of trial that we discover a deeper level of understanding and begin to see how God was present in those difficult and challenging moments. These moments can expand our hearts and enable us to value all those good things in life which we can too often ignore when things were going well.