

Hertfordshire Health Walks

Stevenage

Timetable of walks MAY - AUGUST 2024



Enjoy the countryside and local green spaces with the FREE Hertfordshire Health Walks led by qualified volunteer leaders

Walks and meeting point	Day/time	Date	Walk Grade/Booking Information
Bedwell - NEW WALK Meet outside Bedwell Community Centre, Bedwell Crescent, Stevenage. Join us for a cuppa after in the Community Café	Tuesdays 10.15am	Weekly	Grade 2 45 minutes
Fairlands Gentle Warm Up Walk Meet outside Costellos Café, Fairlands Valley Park, Six Hills Way, Stevenage SG2 0BL	Wednesdays 10am	Weekly	Grade 1 Up to 30 minutes
Fairlands Brisk Step Out Walk Meet outside Costellos Café, Fairlands Valley Park, Six Hills Way, Stevenage SG2 0BL	Wednesdays 10.30am	Weekly	Grade 3 Up to 60 minutes

All walks are FREE with no booking is required. Just turn up 10 minutes before a walk or 15 minutes before your first walk to register as a new walker or you can register and pre-book online if you prefer. Walks range from a gentle First Steps (20-30 minutes) and increase in length and time from Grade 1 (30 mins) up to Grade 4 (90 mins) unless otherwise stated. Contact us: T: 01992 555888 E: Healthwalks.cms@hertfordshire.gov.uk or visit www.hertfordshire.gov.uk/healthwalks

If you have any questions about walks in Stevenage and would like to know about other walking events, please visit:

www.stevenage.gov.uk/leisure-culture-and-wellbeing/health-walks