

## Reflection Tuesday Week 6 of the Year 2026

It is surprising to find the disciples worrying about bread after witnessing the feeding of the four thousand. They hear Jesus speak of "*leaven*" and think only of bread. How often do we do the same? We reduce Jesus' words to their surface meaning and miss the deeper call to trust and look further. Our minds cling to immediate concerns, while Jesus' teaching invites us to look with the eyes of faith. James encourages us to persevere under trials since perseverance will bring us blessings.

Temptation and confusion do not come from a God who only gives us good gifts. When we struggle to understand, it is not a sign that Jesus has turned away since it is often the very place where faith is able to grow.

Like the disciples, we can be slow to grasp what the Lord is doing. Yet Jesus never abandons us in our weakness. He patiently teaches, corrects, and feeds us. If we persevere, trusting him fully even when we do not understand, Jesus will provide the grace and spiritual nourishment we need for the journey.