



# SS MICHAEL AND MARTIN

Roman Catholic Parish of Hounslow  
Archdiocese of Westminster

*This Parish is served by the Spiritans*

## PARISH NEWSLETTER

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## 11<sup>th</sup> Sunday in Ordinary Time

## 18<sup>th</sup> June 2023

### Instructions on Receiving Holy Communion with Proper Reverence (2)

#### IF ONE RECEIVES ON THE TONGUE

Open your mouth wide, stick out your tongue, and hold still. Please do not move your neck, head, tongue, mouth, or body. Hold still, and do not move until the Priest has placed the Host on your tongue and removed his hand; otherwise, you may get the Host on the nose, teeth, or who knows where. Please do not lick the Priest's hand - just hold still, and all will be well.

#### CHILDREN

Make sure you hold your hands up high so the Priest can reach your hands. Parents, please instruct your children accordingly.

#### CONSUMING THE BODY OF CHRIST

Once you have received the Sacred Host (after the Priest has moved his hand), consume the Host immediately and directly in front of the Priest and then reverently move on --do not step aside and bless yourself, genuflect, etc.

#### TONGUE OR HAND?

There is nothing intrinsically more reverent about reception on the tongue or less reverent about receiving in hand. Reverence or irreverence are generally determined by other factors: the spiritual attitude of the recipient, the demeanor of the one giving communion, the adequacy of Eucharistic understanding, and how the Eucharistic elements are treated both within and outside Mass ...*to be continued!*

#### SUNDAY MASSES

Sat Vigil 6.15pm  
7:30am, 9am,  
10.30am, 12noon  
6pm

#### WEEKDAY MASSES

Mon – Sat 9am  
Mon -- Thu 6pm  
Fri 7pm

#### CONFESSIONS

Friday 6pm –  
6:30pm  
Saturday 9:30am –  
10:15am &  
4:30pm – 5:15pm

#### PARISH ROSARY

Mon – Fri at  
8:15am

#### HOLY HOUR & BENEDICTION

Saturday 4.30-  
5.30pm

**PARISH OFFICE HOURS: MONDAY – THURSDAY 9:30AM – 1PM (FRIDAY THE OFFICE IS CLOSED)**

**Parish Priest:** Fr Daniel Adayi, CSSp.

[danieladayi@rcdow.org.uk](mailto:danieladayi@rcdow.org.uk) (Day off: Mon)

**1st Assistant Priest:** Fr David Atuanya, CSSp.

[davidatuanya@rcdow.org.uk](mailto:davidatuanya@rcdow.org.uk) (Day off: Wed)

**2nd Assistant Priest & Chaplain at Heathrow**

**Airport:** Fr Damian-Mary Moneke, CSSp.

[damianmoneke@rcdow.org.uk](mailto:damianmoneke@rcdow.org.uk) (Day off: Thurs)

**PLEASE EMAIL OR CALL THE PRIEST  
DIRECTLY FOR AN APPOINTMENT**

**Parish Administrator:** Priya Joseph

[priyajoseph@rcdow.org.uk](mailto:priyajoseph@rcdow.org.uk)

**Parish Catechist:** Lionel Pereira

[hounslowcat@rcdow.org.uk](mailto:hounslowcat@rcdow.org.uk)

**Youth Worker:** Ivan Čižmárik

[ivancizmarik@rcdow.org.uk](mailto:ivancizmarik@rcdow.org.uk)

**Parish Centre Manager:** Señorita Evans

[senoritaevans@rcdow.org.uk](mailto:senoritaevans@rcdow.org.uk) – (07542 531 956)  
(BOOKINGS TAKEN BY PHONE MON, THURS,  
FRI 7.00-8.30AM TUES/WED 4.00-5.00PM, OR BY EMAIL)

**Parish Safeguarding Representatives:**

[hounslowsg@safeguardrcdow.org.uk](mailto:hounslowsg@safeguardrcdow.org.uk) (Lorna – Admin)  
[hounslowsg1@safeguardrcdow.org.uk](mailto:hounslowsg1@safeguardrcdow.org.uk) (Chinyere)  
[hounslowsg2@safeguardrcdow.org.uk](mailto:hounslowsg2@safeguardrcdow.org.uk) (Areis)  
[hounslowsg3@safeguardrcdow.org.uk](mailto:hounslowsg3@safeguardrcdow.org.uk) (Mary Pierre-  
Harvey)

## **PARISH NOTICES**

### **FATHER'S DAY**

This weekend we celebrate Father's Day! The entire parish rejoices with all the Fathers in our parish and asks God to strengthen them in their role in the family, society and our community. May St Joseph, the Protector and Guardian of the Holy Family, pray for you as you navigate the challenges of Family Life.

### **SPIRITAN PENTECOST MISSION APPEAL & SUPPORT**

The mission appeal carried out last week yielded **£2,243.88**. Thank you very much for your support!

### **ST ANTHONY'S FEAST DAY CELEBRATION**

The novena and the celebration of the feast were delights to see! We are grateful to the large team of organizers for their resourcefulness and availability in preparing the prayer sessions and the reception that concluded the celebrations. There were both spiritual and material gains. May the manifold blessing of St Anthony of Padua find a place in your hearts and homes. The funds generated will be published next week. It came too late for counting!

### **HEALTH ALERT!**

With the temperature rising, we have been dealing with more cases of parishioners fainting during the weekend Masses. We call on medics and paramedics who come to Mass here to be more vigilant and available!

### **CBCEW DAY FOR LIFE COLLECTION**

This Sunday, we celebrate the Day of Life, dedicated to raising awareness about the meaning and value of human life at every stage and in every condition. The Catholic Bishops' Conference of England and Wales has called for a second collection in all the Masses this weekend.

### **NEW DAILY COLLECTION BOXES!**

Two collection boxes have been placed at the Church's main entrance for offerings during the daily Masses.

## **ON ANNOUNCEMENTS AND POSTERS IN OUR PARISH**

All announcements for publication in the weekend newsletters should get to the Parish Office before 5.00 pm on Wednesdays. Please note that no one is allowed to post information on the notice boards or distribute leaflets without the expressed permission of the Parish Priest. This guideline covers activities organized by persons or groups in this parish. I implore everyone to abide by this guide strictly – Fr Daniel Adayi, CSSp.

### **A GENTLE REMINDER!**

As you bask in all summer offers, always remember to dress appropriately when you come to Mass. The dignity of the Church as a 'House of Prayer' and consideration for other worshippers oblige us to take this seriously!

### **CAFOD: UPDATE ON THE CONFLICT IN SUDAN**

Violent conflict continues in Sudan and thousands of people are running out of food, water and medicine. Working as part of the Caritas network, your previous donations to CAFOD are enabling our teams to provide practical help to families who have escaped to neighbouring countries, including South Sudan. Please join Pope Francis in praying for peace in Sudan. Find out more on the CAFOD website: [cafod.org.uk/news/emergencies-news/sudan-conflict](http://cafod.org.uk/news/emergencies-news/sudan-conflict)

## **REGULAR NOTICES**

### **MASS ATTENDANCE CARDS AND STICKERS**

Parents are reminded to take note of this development, and to remember that **they are responsible** for bringing their children to the church for weekend Masses, and on time as well. **The new Mass Attendance Card (Yellow Colour) (Sept 2022- Jun 2023) is for children in Year 5 and below only.** This Card will be requested by the Priest before signing of the *Certificate of Catholic Practise (CCP) for Catholic Schools*. Stickers will be given when you ENTER THE CHURCH BEFORE MASS BEGINS.

- Please ensure your card has a recent PHOTO of your child and their FULL NAME.

- All parents are reminded that a sticker will only be issued if the child is present for the Mass.
- Stickers will not be given if the card is not presented. We will stop issuing stickers once the First Reading starts.

### **MEETING WITH USHERS LEADERSHIP TEAM**

The Parish Priest will meet with the Ushers Leadership Team on Wednesday, 21 June at 18.45hrs at the presbytery.

### **LECTORS' SPECIAL PLENARY**

At the end of July, there will be a special plenary assembly of all the Lectors. Details later! Parish Priest

### **PLANNED GIVING BOXES 2023/2024**

Please collect your planned giving boxes 2023/2024 after any weekend Masses or from the Parish office (during parish office hours ONLY). Please note that you can set up a Standing order via your bank. Complete the Standing Order form (available in the Church porch area) or use contactless machines in the Church. Thank you for your generosity.

### **HOW TO REGISTER IN THIS PARISH?**

The first thing to do is to complete the **PARISH REGISTRATION FORM (GREEN FORM)** available in the parish office and the porch area of the church. Thereafter, you are requested to slip the completed parish registration form into the **MAILBOX in the Presbytery door**. Please allow at least two weeks for the Parish Registration forms to be processed. To obtain your family ID number, please email the parish office at [hounslow@rcdow.org.uk](mailto:hounslow@rcdow.org.uk), providing your full name and date of birth. If you are a visitor or worship with us for the first time, you are welcome to our parish family. We welcome all new parishioners to St Michael and St Martin Catholic Church Hounslow. We want you to feel at home in the parish.

### **MARRIAGE PAPERWORK PROCESS**

You must give 6 MONTHS' NOTICE of MARRIAGE – whether it is happening HERE or ABROAD. PLEASE DO NOT LEAVE IT TO THE LAST MINUTE. Couples or individuals should speak to a Priest VERY EARLY IN THE PROCESS – so there is no last-minute rush. Marriage Preparation Courses are NOT offered EVERY MONTH. All couples who want to do their marriage paperwork in the parish **should contact** either Fr Daniel Adayi, CSSp, Fr David Atuanya CSSp

or Fr Damian-Mary Moneke, CSSp, via email (contact details available on page 1).

## **CATECHETICAL PROGRAMMES**

### **WHERE TO FIND INFORMATION ON PARISH SACRAMENTAL PROGRAMMES:**

Type [parish.rcdow.org/Hounslow](http://parish.rcdow.org/Hounslow) in your browser. Then navigate to PARISH WEBSITE → PARISH LIFE → SACRAMENTAL PREPARATION; it has general information on the various programmes. The next place to check is the Parish Newsletter. If the information you seek is not found on either of these then email the Parish Catechist Lionel Pereira on [hounslowcat@rcdow.org.uk](mailto:hounslowcat@rcdow.org.uk). Please reserve phone calls for urgent matters.

### **BAPTISM PREPARATION COURSE**

Parents of infants and those seeking Baptism may register for the course using the online form available on the Baptism page of the Parish website. The next course will be run in July 2023. Read the Baptism webpage for requirements & other details.

### **FIRST HOLY COMMUNION**

The children currently undergoing preparation for FHC will receive the Sacrament over four Masses on Sat 24th, Sun 25th of June and Sun 2nd July. Please keep our candidates and their families in your prayers.

### **REGISTRATION FOR 2023-24 SACRAMENTAL PREPARATION PROGRAMMES**

We will begin on Sunday 25th June 2023. Registration forms for Walk With Me, First Holy Communion & Confirmation will be made available on the parish website on that date. Registration will remain open for a month, or until all available places are filled, whichever comes first.

### **BIBLE STUDY COURSE - A Biblical Walk through the Mass will start on Wednesday 28th June.**

The five-week session course will hold on Wednesdays in the Parish Centre. The participants can attend the sessions after 9 am or 6 pm Mass. For more information or to register, contact Ivan via email: [ivancizmarik@rcdow.org.uk](mailto:ivancizmarik@rcdow.org.uk). All are welcome!

## TEXTS FOR THIS SUNDAY'S MASS

### **11th Sunday in Ordinary Time**

**Exodus 19:2-6** – I will count you a kingdom of priests, a consecrated nation

**Psalm Response** – *We are his people, the sheep of his flock*

**Romans 5:6-11** – Now we have been reconciled by the death of his Son, surely we may count on being saved by the life of his Son

**Matthew 9:36-10:8** – The harvest is rich but the labourers are few

### NEXT SUNDAY'S MASS

### **12th Sunday in Ordinary Time**

**Jeremiah 20:10-13** – He has delivered the soul of the needy from the hands of evil men

**Psalm Response** – *In your great love, answer me, O Lord.*

**Romans 5:12-15** – The gift considerably outweighed the fall

**Matthew 10:26-33** – Do not be afraid of those who kill the body

## PARISH GROUP MEETINGS

### SINHALESE CHAPLAINCY MASS

Sunday, 11<sup>th</sup> June at 4pm

### GOAN CHAPLAINCY MASS

Sunday, 18<sup>th</sup> June at 4pm

### SYRO-MALABAR CHAPLAINCY MASS

Sunday, 2<sup>nd</sup> July at 3pm

### ST ANTHONY NOVENAS

St Anthony's novena will resume on 27<sup>th</sup> June at 7pm.

### NOVENA TO OUR LADY OF PERPETUAL HELP

Wednesdays at 5:15pm.

### CHURCH CLEANING

Thursdays after 9am Mass. Thank you

### DEVOTION TO THE SACRED HEART OF JESUS AND IMMACULATE HEART OF MARY

Thursdays from 5pm.

### DIVINE MERCY DEVOTION

First Friday of each month at 3pm.

### ST VINCENT DE PAUL SOCIETY (SVP) MEETINGS

Weekend: 2nd & 4th Saturday at 10am in the presbytery.

## WEEKLY OFFERTORY COLLECTION

**10<sup>th</sup>/11th June 2023**

Envelopes: £1,680.20

Loose: £4,444.40

**TOTAL: £6,124.60**

**Thank you for your generosity.**

## IN YOUR PRAYERS – REMEMBER

**OUR SICK:** Marie Lynch, Hubert Teles, Andrew Logadasan, Steve, Sandra, Carson Javier Dabasia, Amy & Denzil Burns, Terry Lynch, Igor Sitarska, and Don Lynch.

**DECEASED:** Roque Antonio Wellington Vaz, Edwin Rodrigues, Emmanuel Dankyi, Maria Viegas, Gina Coreixas (Mazzaschi), Roque Antonio Wellington Vaz, Lewis Barallon, Malcolm Rose, John Lynch, Edward Connelly, Sarah Patricia Trollope and Charles Bryne.

## LIVING WORD CATHOLIC CHARISMATIC RENEWAL PRAYER GROUP

Invites parishioners to our weekly prayer meeting/fellowship every Friday evening in the Parish Centre. Time: 7pm - 9pm. All are welcome.

Email us at livingwordccr@gmail.com; contact Sam (+447450355567),

Graham (+447908287917) for other enquiries.

## UNION OF CATHOLIC MOTHERS (UCM) MEETING

Tuesday 11<sup>th</sup> July at 9.30am Parish Centre and Rosary on Tuesday 22<sup>nd</sup> June evening at 7pm in the Parish Centre.

## NEWCOMERS WELCOME SUNDAYS/

## COFFEE MORNINGS: UPDATE ON HOSTING SOCIETIES

Hosts Societies are UCM (June & July) and Catechists (September), Sports & Cultural Team (SCS) in October and Parish Youth Group (August), CAFOD (November) & Goa Chaplaincy (December).

### PRAYER FOR THE SICK AND HOUSEBOUND

Father, we thank you for the gift of your Son in the Eucharist. We now place before you all the sick and housebound of our parish. As they share in this Eucharist with us, we pray that they may come to know the joy, the peace and healing of your presence. We make our prayer through Christ our Lord. Amen.