



SS MICHAEL AND MARTIN

Roman Catholic Parish of Hounslow
Archdiocese of Westminster

This Parish is served by the Spiritans

PARISH NEWSLETTER

94 Bath Road, Hounslow TW3 3EH

Tel: (020) 8570 1693

Email: hounslow@rcdow.org.uk

Web: parish.rcdow.org.uk/hounslow
[/ssmmhounslow](https://www.facebook.com/ssmmhounslow) [@ssmmhounslow](https://www.instagram.com/ssmmhounslow)

12th Sunday in Ordinary Time

25th June 2023

INSTRUCTIONS ON RECEIVING HOLY COMMUNION WITH REVERENCE (3)

Hand

St. Cyril of Jerusalem in the fourth century offered a beautiful and powerful catechesis on the mode of receiving communion in the hand that is still applicable today: "When you approach, do not go stretching out your open hands or having your fingers spread out, but make the left hand into a throne for the right which shall receive the King, and then cup your open hand and the Body of Christ, reciting the 'Amen.' Then sanctify with all care your eyes by touching the Sacred Body, and receiving it. But be careful that no particles fall, for what you lose would be to you as if you had lost some of your members.

Tongue

If you choose to receive it on the tongue, great! This has been the centuries-old custom of our ancestors. The contemporary church offers little instruction in this area so here is some advice. You should practice in a mirror. It's really very simple – while your mouth is closed, make sure your tongue is touching the inside of your lower lip. Then, maintaining this tongue position, open your mouth as wide as you can by lowering your lower jaw. Your mouth and tongue are then in the correct position for the Priest to place the Host on your tongue. Not all bishops' conferences have requested permission to allow people to receive communion in the hand, and the traveling Catholic should be ready to adapt to local customs with respect to posture and mode of receiving Communion.

SUNDAY MASSES

Sat Vigil 6.15pm
7:30am, 9am,
10.30am, 12noon
6pm

WEEKDAY MASSES

Mon – Sat 9am
Mon -- Thu 6pm
Fri 7pm

CONFESSIONS

Friday 6pm –
6:30pm
Saturday 9:30am –
10:15am &
4:30pm – 5:15pm

PARISH ROSARY

Mon – Fri at
8:15am

HOLY HOUR & BENEDICTION

Saturday 4.30-
5.30pm

PARISH OFFICE HOURS: MONDAY – THURSDAY 9:30AM – 1PM (FRIDAY THE OFFICE IS CLOSED)

Parish Priest: Fr Daniel Adayi, CSSp.

danieladayi@rcdow.org.uk (Day off: Mon)

1st Assistant Priest: Fr David Atuanya, CSSp.

davidatuanya@rcdow.org.uk (Day off: Wed)

2nd Assistant Priest & Chaplain at Heathrow

Airport: Fr Damian-Mary Moneke, CSSp.

damianmoneke@rcdow.org.uk (Day off: Thurs)

**PLEASE EMAIL OR CALL THE PRIEST
DIRECTLY FOR AN APPOINTMENT**

Parish Administrator: Priya Joseph

priyajoseph@rcdow.org.uk

Parish Catechist: Lionel Pereira

hounslowcat@rcdow.org.uk

Youth Worker: Ivan Čižmárik

ivancizmarik@rcdow.org.uk

Parish Centre Manager: Señorita Evans

senoritaevans@rcdow.org.uk – (07542 531 956)

(BOOKINGS TAKEN BY PHONE MON, THURS,
FRI 7.00-8.30AM TUES/WED 4.00-5.00PM, OR BY EMAIL)

Parish Safeguarding Representatives:

hounslowsg@safeguardrcdow.org.uk (Lorna – Admin)

hounslowsg1@safeguardrcdow.org.uk (Chinyere)

hounslowsg2@safeguardrcdow.org.uk (Areis)

hounslowsg3@safeguardrcdow.org.uk (Mary Pierre-

Harvey)

PARISH NOTICES

PARISH PRIEST UPDATE:

THE PARISH PASTORAL COUNCIL

In line with the provisions of Canon Law, our parish has a Pastoral Council. The current membership is ten, including the three priests on the pastoral team. The PC has only a consultative vote (C536*1). This Council's consultative and statutory nature allows for the development of specific and flexible norms in each parish.

Chair: Fr Daniel Adayi, CSSp

Vice-Chair: Cedric

Secretary: Lorna

Plans for the Council: An ad hoc Committee was set up in March to review the Council in light of the growing number and the shifting demographics of the parish and to make recommendations on the way forward. Some plans for the Council will unfold after its next meeting. Next Pastoral Council Meeting is on Tuesday, July 11, at 7.00 pm.

CBCEW DAY FOR LIFE COLLECTION

We raised the sum of **£255.55**. Thank you very much for your support!

ST ANTHONY'S FEAST DAY CELEBRATION 2023

The parish realized the sum of **£705.94** from the novena and the celebration of St Anthony of Padua. The Parish Priest invites the leadership team to a celebration review meeting at the presbytery after the devotion on Tuesday, 4 July.

BIBLE STUDY COURSE – A BIBLICAL WALK THROUGH THE MASS STARTS WEDNESDAY, 28 JUNE.

The five-week session course will hold on Wednesdays in the Parish Centre. The participants can attend the sessions after 9 am or 6 pm Mass. For more information or to register, contact Ivan via email: ivancizmarik@rcdow.org.uk. All are welcome!

ON ANNOUNCEMENTS AND POSTERS IN OUR PARISH

All announcements for publication in the weekend newsletters should get to the Parish Office before 5.00 pm on Wednesdays. Please do not post

information on the notice boards or distribute leaflets without the permission of the Parish Priest. This guideline covers activities organized by persons or groups in this parish. I implore everyone to abide by this guide strictly – Fr Daniel Adayi, CSSp.

ST MARK'S SCHOOL MASS ON THURSDAY

Years eight and nine students of St Marks will come to the Church for the Mass of SS Peter and Paul, Apostles at 11.15 am on Thursday.

MEETING WITH FLOWER TEAM

The flower decorators will meet with the parish Priest after 9.00 am Mass on Friday 30 June

LECTORS' PLENARY ASSEMBLY AND ELECTION

A full assembly of the Parish Lectors with elections of officers to run the affairs of the Board for the next two years.

2022 FINANCIAL STATEMENT NEXT SUNDAY

The Parish Priest, Fr Daniel Adayi, will present the financial statement of the parish on the first Sunday of July!

LIVESTREAMING SYSTEM INSTALLATION

The installation of live-streaming system for the parish is in progress. Kindly allow the technicians the atmosphere they need by keeping away from the work zones.

GRATITUDES AND BLESSINGS

- UCM for hosting the Coffee Morning and for the Father's token to the men.
- The parishioners who helped out at the Deanery Meeting of the priests and prepared the barbecue.
- Those who clean the church every Thursday after the morning Mass

NEW DAILY COLLECTION BOXES!

Two collection boxes have been placed at the Church's main entrance for offerings during the daily Masses.

ON ANNOUNCEMENTS AND POSTERS IN OUR PARISH

All announcements for publication in the weekend newsletters should get to the Parish Office before 5.00 pm on Wednesdays. Please note that no one

is allowed to post information on the notice boards or distribute leaflets without the expressed permission of the Parish Priest. This guideline covers activities organized by persons or groups in this parish. I implore everyone to abide by this guide strictly – Fr Daniel Adayi, CSSp.

REGULAR NOTICES

MASS ATTENDANCE CARDS AND STICKERS

Please note there will be **NO** distribution of Mass attendance cards and stickers during the month of July and August. The process will resume from 2nd/3rd September along with new cards this year. Parents are strongly advised to keep the previous attendance cards. Further instructions will be published in due course.

HOW TO REGISTER IN THIS PARISH?

The first thing to do is to complete the **PARISH REGISTRATION FORM (GREEN FORM)** available in the parish office and the porch area of the church. Thereafter, you are requested to slip the completed parish registration form into the **MAILBOX in the Presbytery door**. Please allow at least two weeks for the Parish Registration forms to be processed. To obtain your family ID number, please email the parish office at hounslow@rcdow.org.uk, providing your full name and date of birth. If you are a visitor or worship with us for the first time, you are welcome to our parish family. We welcome all new parishioners to St Michael and St Martin Catholic Church Hounslow. We want you to feel at home in the parish.

MARRIAGE PAPERWORK PROCESS

You must give 6 MONTHS' NOTICE of MARRIAGE – whether it is happening HERE or ABROAD. PLEASE DO NOT LEAVE IT TO THE LAST MINUTE. Couples or individuals should speak to a Priest VERY EARLY IN THE PROCESS – so there is no last-minute rush. Marriage Preparation Courses are NOT offered EVERY MONTH. All couples who want to do their marriage paperwork in the parish **should contact** either Fr Daniel Adayi, CSSp, Fr David Atuanya CSSp or Fr Damian-Mary Moneke, CSSp, via email (contact details available on page 1).

CATECHETICAL PROGRAMMES

WHERE TO FIND INFORMATION ON PARISH SACRAMENTAL PROGRAMMES:

Type parish.rcdow.org/Hounslow in your browser. Then navigate to PARISH WEBSITE→ PARISH LIFE → SACRAMENTAL PREPARATION; it has general information on the various programmes. The next place to check is the Parish Newsletter. If the information you seek is not found on either of these then email the Parish Catechist Lionel Pereira on hounslowcat@rcdow.org.uk. Please reserve phone calls for urgent matters.

BAPTISM PREPARATION COURSE

Parents of infants and those seeking Baptism may register for the course using the online form available on the Baptism page of the Parish website. The next course will be run in July 2023. Read the Baptism webpage for requirements & other details.

REGISTRATION FOR 2023-24 SACRAMENTAL PREPARATION PROGRAMMES

We will begin on Sunday 25th June 2023. Registration forms for Walk With Me, First Holy Communion & Confirmation will be made available on the parish website on that date. Registration will remain open for a month, or until all available places are filled, whichever comes first.

BIBLE STUDY COURSE - A Biblical Walk through the Mass will start on Wednesday 28th June.

The five-week session course will hold on Wednesdays in the Parish Centre. The participants can attend the sessions after 9 am or 6 pm Mass. For more information or to register, contact Ivan via email: ivancizmarik@rcdow.org.uk. All are welcome!

CONFIRMATION AT WESTMINSTER

The confirmation of our candidates will take place at the Westminster Cathedral on Saturday, July 1 at 2.30 pm. All should be seated at 2.00 pm.

FIRST HOLY COMMUNION MASSES

The reception of the First Holy Communion is in progress. The remaining Masses are Saturday, 24 June at 10.30 am; Sunday 25 June at 2.00 pm, and Sunday 2 July at 2.00 pm.

TEXTS FOR THIS SUNDAY'S MASS

12th Sunday in Ordinary Time

Jeremiah 20:10-13 – He has delivered the soul of the needy from the hands of evil men

Psalm Response – *In your great love, answer me, O Lord.*

Romans 5:12-15 – The gift considerably outweighed the fall

Matthew 10:26-33 – Do not be afraid of those who kill the body

NEXT SUNDAY'S MASS

13th Sunday in Ordinary Time

2 Kings 4:8-11,13-16 – This is a holy man of God, let him rest here

Psalm Response – *I will sing for ever of your, O Lord*

Romans 6:3-4,8-11 – When we were baptised we went into the tomb with Christ, so that we too might live a new life

Matthew 10:37-42 – Anyone who loses his life for my sake will find it

PARISH GROUP MEETINGS

SYRO-MALABAR CHAPLAINCY MASS

Sunday, 2nd July at 3pm

SINHALESE CHAPLAINCY MASS

Sunday, 9th July at 4pm

GOAN CHAPLAINCY MASS

Sunday, 16th July at 4pm

ST ANTHONY NOVENAS

Tuesdays at 7pm.

NOVENA TO OUR LADY OF PERPETUAL HELP

Wednesdays at 5:15pm.

CHURCH CLEANING

Thursdays after 9am Mass. Thank you

DEVOTION TO THE SACRED HEART OF JESUS AND IMMACULATE HEART OF MARY

Thursdays from 5pm.

DIVINE MERCY DEVOTION

First Friday of each month at 3pm.

ST VINCENT DE PAUL SOCIETY (SVP) MEETINGS

Weekend: 2nd & 4th Saturday at 10am in the presbytery.

WEEKLY OFFERTORY COLLECTION

17th/18th June 2023

Envelopes: £1,650.18

Loose: £ 3,538.33

TOTAL: £5,188.51

Thank you for your generosity.

IN YOUR PRAYERS – REMEMBER

OUR SICK: Peter Newton, Marie Lynch, Hubert Teles, Andrew Logadasan, Steve, Sandra, Carson Javier Dabasia, Amy & Denzil Burns, Terry Lynch, Igor Sitarska, and Don Lynch.

DECEASED: Roque Antonio Wellington Vaz, Edwin Rodrigues, Emmanuel Dankyi, Maria Viegas, Gina Coreixas (Mazzaschi), Roque Antonio Wellington Vaz, Lewis Barallon, Malcolm Rose, John Lynch, Edward Connelly, Sarah Patricia Trollope and Charles Bryne.

LIVING WORD CATHOLIC CHARISMATIC RENEWAL PRAYER GROUP

Invites parishioners to our weekly prayer meeting/fellowship every Friday evening in the Parish Centre. Time: 7pm - 9pm. All are welcome.

Email us at livingwordccr@gmail.com; contact Sam (+447450355567),

Graham (+447908287917) for other enquiries.

UNION OF CATHOLIC MOTHERS (UCM) MEETING

Tuesday 11th July at 9.30am Parish Centre and Rosary on Tuesday 25th July evening at 7pm in the Parish Centre.

NEWCOMERS WELCOME SUNDAYS/ COFFEE MORNINGS: UPDATE ON HOSTING SOCIETIES

Hosts Societies are UCM (June & July) and Catechists (September), Sports & Cultural Team (SCS) in October and Parish Youth Group (August), CAFOD (November) & Goa Chaplaincy (December).

PRAYER FOR THE SICK AND HOUSEBOUND

Father, we thank you for the gift of your Son in the Eucharist. We now place before you all the sick and housebound of our parish. As they share in this Eucharist with us, we pray that they may come to know the joy, the peace and healing of your presence. We make our prayer through Christ our Lord. Amen.