



## SS MICHAEL AND MARTIN

Roman Catholic Parish of Hounslow  
Archdiocese of Westminster

*This Parish is served by the Spiritans*

## PARISH NEWSLETTER

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☐/ssmmhounslow ☐@ssmmhounslow

### 5th Sunday in Ordinary Time

### 04<sup>th</sup> February 2024

## PARISH VOLUNTEER POLICY

We immensely thank those who have signed and returned the volunteer policy. Your willful response is highly esteemed and your willingness to continue your volunteering services in our parish is highly appreciated. We gently remind all the existing volunteers who have not signed and returned the volunteer policy, that after the 3<sup>rd</sup> of February, they cease to have permission of the parish priest to volunteer in our parish until they sign and return the volunteer policy.

## ASH WEDNESDAY MASS TIMINGS

**LENT** – 14th February is Ash Wednesday, this starts our preparation for the celebration of EASTER. Masses will be at 7.30am, 9am, 12noon, 6pm and 7.30pm with the distribution of ashes.

## PRAYER FOR RACIAL JUSTICE

God of light and truth, you call men and women to live lives of holiness and justice. Help us to see in one another: a heart which is tender, a mind which is humble and a care for our brothers and sisters; so that together we may build up the Body of Christ as a sign of hope and mercy for all. We make this prayer through Jesus our Lord. *Amen*

### SUNDAY

#### MASSES

Sat Vigil 6.15pm  
7:30am, 9am,  
10.30am,  
12noon  
6pm

### WEEKDAY

#### MASSES

Mon – Sat 9am  
Mon -- Thu 6pm  
Fri 7pm

### CONFESSIONS

Friday 6pm –  
6:30pm  
Saturday 9:30am  
– 10:15am &  
4:30pm – 5:15pm

### PARISH

#### ROSARY

Mon – Fri at  
8:15am

### HOLY HOUR & BENEDICTION

Saturday 4.30-  
5.30pm

**PARISH OFFICE HOURS: MONDAY – THURSDAY 9:30AM – 1PM (FRIDAY THE OFFICE IS CLOSED)**

**Parish Priest:** Fr Damian-Mary Moneke, CSSp.  
[damianmoneke@rcdow.org.uk](mailto:damianmoneke@rcdow.org.uk) (Day off: Mon)

**1st Assistant Priest:** Fr Ignatius Nguyen Quy Quan,  
CSSp

[quyquannguyen@rcdow.org.uk](mailto:quyquannguyen@rcdow.org.uk) (Day off: Wed)

**2nd Assistant Priest & Chaplain at Heathrow**

**Airport:** Fr Terkura Igbe, CSSp.

[terkuraigbe@rcdow.org.uk](mailto:terkuraigbe@rcdow.org.uk) (Day off: Thurs)

**PLEASE EMAIL OR CALL THE PRIEST  
DIRECTLY FOR AN APPOINTMENT**

**Parish Administrator:** Priya Joseph  
[priyajoseph@rcdow.org.uk](mailto:priyajoseph@rcdow.org.uk)

**Parish Catechist:** Lionel Pereira  
[hounslowcat@rcdow.org.uk](mailto:hounslowcat@rcdow.org.uk)

**Youth Worker:** Ivan Čižmárik  
[ivancizmarik@rcdow.org.uk](mailto:ivancizmarik@rcdow.org.uk)

**Parish Centre Manager:** Señorita Evans  
[senoritaevans@rcdow.org.uk](mailto:senoritaevans@rcdow.org.uk) – (07542 531 956)  
(BOOKINGS TAKEN BY PHONE MON, THURS,  
FRI 7.00-8.30AM TUES/WED 4.00-5.00PM, OR BY EMAIL)

**Parish Safeguarding Representatives:**  
[hounslowsg@safeguardrcdow.org.uk](mailto:hounslowsg@safeguardrcdow.org.uk) (Lorna – Admin)  
[hounslowsg1@safeguardrcdow.org.uk](mailto:hounslowsg1@safeguardrcdow.org.uk) (Chinyere)  
[hounslowsg2@safeguardrcdow.org.uk](mailto:hounslowsg2@safeguardrcdow.org.uk) (Areis)  
[hounslowsg3@safeguardrcdow.org.uk](mailto:hounslowsg3@safeguardrcdow.org.uk) (Mary Pierre-Harvey)

## **PARISH NOTICES**

### **SPECIAL COLLECTION**

We have raised a total of £1,237.71. The collection will be gathered from parishes by the Finance Department to be forwarded to the Latin Patriarch as a response to his appeal. Thank you for your generosity.

### **NEWCOMERS WELCOME SUNDAYS/COFFEE MORNINGS: CALL FOR SOCIETIES HOST**

The third Sunday of each month is the Parish Coffee/Tea Morning, which occurs after 9am and 10.30am Masses in the Parish Centre. To book a place, please email [hounslow@rcdow.org.uk](mailto:hounslow@rcdow.org.uk). Months currently available are March, April, August, & December.

### **RACIAL JUSTICE COLLECTION**

This Sunday is Racial Justice collection. There will be special collection in all our masses this weekend.

### **ANNUAL MASS OF OUR LADY OF LOURDES, 10TH FEBRUARY 2024**

On Saturday 10th February 2024, 2.30pm, Cardinal Vincent will celebrate the Annual Mass of Our Lady of Lourdes here at the Cathedral, during which anointing of the sick will be offered. To book tickets (specifying the categories below), please email [hounslow@rcdow.org.uk](mailto:hounslow@rcdow.org.uk). Please note, tickets are limited.

#### **Tickets are in three categories:**

1. Wheelchair users who require anointing
2. Walking sick who require anointing
3. Those assisting the sick, who **do not** require anointing.

### **UNION OF CATHOLIC MOTHERS (UCM) MEETING**

Next meeting, **Tuesday 6th February at 9.00am** in the parish centre. All parishioners are welcome to the Union of Catholic Mothers' Lenten lunch, to be held in the parish centre on Saturday 24th March. Further details to follow.

### **ST VINCENT DE PAUL SOCIETY**

The SVP Parish Foodbank is available on the following schedule:

**When: Every 2nd Saturday of the month**

**Time: 10:30am to 12pm**

### **Location: Church Car Park / Parish Centre**

All safety guidelines are adhered to (Note: If you want to donate food then you can either do that during the above time slot or **before/after weekday/weekend masses in the Church**. Contact the number below for more information) SVP Contact: Jwela on 07824 067524.

### **COFFEE MORNING/PANCAKE SUNDAY**

**Sunday 11th February** - Pancake Sunday (The Sunday before Ash Wednesday). The Parish Sports and Cultural Society (SCS) team would like to invite you on Sunday 11th February to join us for free tea/coffee after the **9am and 10:30am mass in the Parish Centre**. We will also have variety of delicious pancakes for your taste buds! Thank you for your support. All are welcome.

### **PARISH GENERAL ASSEMBLY**

The Parish General Assembly will be held on **Tuesday the 13th of February at 7pm in the parish Centre**. All coordinators of the parish groups are expected to attend.

### **ADMISSION IN A HOSPITAL**

If you are admitted to any hospital (or a family member), and desires to receive Holy Communion or Sacrament of Anointing, kindly inform the staff there to call a Priest on duty for you. You have to notify them by telling them that you are a Roman Catholic. There is a Priest on duty every day in any hospital. For those going to West Middlesex Hospital, all the parishes in Hounslow Deanery take turns to respond to hospital calls on daily basis. **St Michael and St Martin Church Hounslow covers West Middlesex Hospital every Thursday from 6am to Friday 6am**. However, should any sick parishioners require a priest, please do not hesitate to contact us at any time.

### **MASS ATTENDANCE CARDS AND STICKERS**

This Card will be requested by the Priest before signing of the *Certificate of Catholic Practise (CCP) for Catholic Schools*. Stickers will be given when you **ENTER THE CHURCH BEFORE MASS BEGINS**.

- Please ensure your card has a recent **PHOTO** of your child and their **FULL NAME**.
- All parents are reminded that a sticker will only be issued if the child is present for the Mass.

- Stickers will not be given if the card is not presented. We will stop issuing stickers once the First Reading starts.

## IMPORTANT REMINDER – THE TOILETS

The Church toilets are open only during Mass times when we have volunteers to assist with their use. While the toilet at the main entrance of the Church is for both males and females, **the toilet by the side of Our Lady's Chapel, inside the church is for females only.** Please avail yourself of other public toilets when our toilets are closed.

## REGULAR NOTICES

### HOW TO REGISTER IN THIS PARISH?

The first thing to do is to complete the **PARISH REGISTRATION FORM (GREEN FORM)** which is available in the parish office and also in the porch area of the church. Thereafter, you are requested to slip the completed parish registration form into the **MAILBOX in the Presbytery door.** Please allow at least two weeks for the Parish Registration forms to be processed. To obtain your family ID number, please send an email to the parish office [hounslow@rcdow.org.uk](mailto:hounslow@rcdow.org.uk), providing your full name and date of birth. If you are a visitor or worshipping with us for the first time, you are very welcome to our parish family. We welcome all new parishioners to St Michael and St Martin Catholic Church Hounslow. We want you to feel at home in the parish.

### MARRIAGE PAPERWORK PROCESS

You must give 6 MONTHS' NOTICE of MARRIAGE – whether it is happening HERE or ABROAD. PLEASE DO NOT LEAVE IT TO THE LAST MINUTE. Couples or individuals should speak to a Priest VERY EARLY IN THE PROCESS – so there is no last-minute rush. Marriage Preparation Courses are NOT offered EVERY MONTH. All couples who want to do their marriage paperwork in the parish **should contact** Fr Damian-Mary Moneke, CSSp (contact details are available on page 1).

### CATHOLIC PRACTICE CERTIFICATE (CCP) SIGNING

Parents are advised to come to the Parish office, between 10am-12noon, either on **Tuesdays or**

**Thursdays** for signing of the CCP. Please ensure you have your Mass attendance card from the previous year. If you are new to the parish, bring a letter from your PREVIOUS parish confirming your attendance. No appointments required!

## CATECHETICAL PROGRAMMES

### WHERE TO FIND INFORMATION ON PARISH SACRAMENTAL PROGRAMMES:

Type [parish.rcdow.org/Hounslow](http://parish.rcdow.org/Hounslow) in your browser. Then navigate to PARISH WEBSITE → PARISH LIFE → SACRAMENTAL PREPARATION; it has general information on the various programs. The next place to check is the Parish Newsletter. If the information you seek is not found on either of these then email the Parish Catechist Lionel Pereira on [hounslowcat@rcdow.org.uk](mailto:hounslowcat@rcdow.org.uk). Please reserve phone calls for urgent matters.

### BAPTISM PREPARATION COURSE

Parents of infants and those seeking Baptism may register for the course using the online form available on the Baptism page of the Parish website. The next course will be run in March 2024. Read the Baptism webpage for requirements & other details.

### VOLUNTEER CATECHISTS & ASSISTANTS

Your parish requires more volunteer catechists and assistants to aid in the Sacramental preparation of our children. If you wish to serve your parish, are willing to contribute your time, want to learn more about your faith and share it with others, then please send an email to [hounslowcat@rcdow.org.uk](mailto:hounslowcat@rcdow.org.uk) Prior experience is helpful, but not necessary.

### PRAYER FOR THE SICK AND HOUSEBOUND

**Father, we thank you for the gift of your Son in the Eucharist. We now place before you all the sick and housebound of our parish. As they share in this Eucharist with us, we pray that they may come to know the depth of your love for them and, the joy, the peace and healing of your presence. We make our prayer through Christ our Lord. Amen.**

## TEXTS FOR THIS SUNDAY'S MASS

### **5th Sunday in Ordinary Time**

**Job 7:1-4,6-7** – My life is but a breath

**Psalm Response** – *Praise the Lord who heals the broken-hearted*

**1 Corinthians 9:16-19,22-23** – I should be punished if I did not preach the Gospel

**Mark 1:29-39** – He cast out devils and cured many who were suffering from disease

## NEXT SUNDAY'S MASS

### **6th Sunday in Ordinary Time**

**Leviticus 13:1-2,44-46** – The unclean man must live outside the camp

**Psalm Response** – *You are refuge, O Lord, you fill me with the joy of salvation*

**1 Corinthians 10:31-11:1** – Take me for your model, as I take Christ

**Mark 1:40-45** – The leprosy left the man at once, and he was cured

## WEEKLY OFFERTORY COLLECTION

**27<sup>th</sup>/28th January 2024**

Envelopes: £2,245.84

Loose: £3,654.51

**TOTAL: £5,900.35**

**May God bless your generosity!**

## IN YOUR PRAYERS – REMEMBER

**OUR SICK:** Nizelle Soares, Peter Newton, Hubert Teles, Andrew Logadasan, Steve, Sandra, Carson Javier Dabasia, Amy & Denzil Burns, Terry Lynch, Igor Sitarska, and Don Lynch.

**DECEASED:** Sean Feeney, Rosaria Castro, Remy Vaz, Marie Lynch, Baby Nyssa, Roque Antonio Wellington Vaz, Emmanuel Dankyi, Maria Viegas, Gina Coreixas (Mazzaschi), Lewis Barallon, Malcolm Rose and John Lynch.

## PARISH GROUP MEETINGS

### **SYRO-MALABAR CHAPLAINCY MASS**

Sunday 4<sup>th</sup> February at 4pm

### **SINHALESE CHAPLAINCY MASS**

Sunday 11<sup>th</sup> February at 4pm

### **GOAN CHAPLAINCY MASS**

Sunday, 18<sup>th</sup> February at 4pm

### **ST ANTHONY NOVENAS**

St Anthony Novenas on Tuesday at 7pm in Church.

### **NOVENA TO OUR LADY OF PERPETUAL HELP**

Will resume on Wednesday 21<sup>st</sup> February.

### **CHURCH CLEANING**

Thursdays after 9am Mass. Thank you

### **DEVOTION TO THE SACRED HEART OF JESUS AND IMMACULATE HEART OF MARY**

Thursdays from 5pm.

### **DIVINE MERCY DEVOTION**

First Friday of each month at 3pm

### **ST VINCENT DE PAUL SOCIETY (SVP) MEETINGS**

Weekend: 2nd & 4th Saturday at 10am in the Parish Centre.

## **LIVING WORD CATHOLIC CHARISMATIC RENEWAL PRAYER GROUP**

Invites parishioners to our weekly prayer meeting/fellowship every Friday evening in the Parish Centre. Time: 7pm - 9pm. All are welcome. Email us at livingwordccr@gmail.com; contact Sam (447450355567), Graham (+447908287917) for other enquiries.

### **A DAY WITH MARY PILGRIMAGE TO FATIMA**

A Day With Mary Pilgrimage to Fatima 7 to 14 June 2024. Please see poster displayed in the porch area of the Church for further information.

### **Online Giving/ Standing Order**

To make your donation online, please visit:  
<https://parish.rcdow.org.uk/hounslow/donate/other-ways-to-give/>

### **Bank Transfer**

To make a one-off donation please use the parish bank account details:

Account Name: **WRCDT Hounslow**

Sort Code: **40-05-20**

Account Number: **11095463**

Reference: **Surname and First Initial**

If you are a UK taxpayer, please Gift Aid your donation. The government will top up your gift by 25 percent, meaning a £20 offering becomes £25, at NO cost to you.