



# SS MICHAEL AND MARTIN

Roman Catholic Parish of Hounslow  
Archdiocese of Westminster

*This Parish is served by the Spiritans*

## PARISH NEWSLETTER

94 Bath Road, Hounslow TW3 3EH

Tel: (020) 8570 1693

Email: [hounslow@rcdow.org.uk](mailto:hounslow@rcdow.org.uk)

Web: [parish.rcdow.org.uk/hounslow](http://parish.rcdow.org.uk/hounslow)  
[/ssmmhounslow](https://www.facebook.com/ssmmhounslow) [@ssmmhounslow](https://www.instagram.com/ssmmhounslow)

## 1<sup>st</sup> Sunday of Lent

18<sup>th</sup> February 2024

### ANNUAL MASS OF THANKSGIVING FOR THE SACRAMENT OF MATRIMONY

Westminster Cathedral, Saturday 25th May 2024 at 2:30pm. The Cardinal is inviting to this Mass all couples in the Diocese, who are celebrating their **5<sup>th</sup>, 10<sup>th</sup>, 25<sup>th</sup>, 30<sup>th</sup>, 40<sup>th</sup>, 50<sup>th</sup> and 60<sup>th</sup> (and every year over 60)** wedding anniversary of Catholic marriage in 2024. If you are celebrating an anniversary, please email the parish office, [hounslow@rcdow.org.uk](mailto:hounslow@rcdow.org.uk), and the following details: husband and wife's names, wedding date, full postal address and email (or telephone number, if no email).

### PARISH MASS LIVE STREAMING

We would like to inform parishioners and volunteers that from weekend commencing 25th February every Sunday 12noon Mass will be live streamed. Stations of the Cross every Friday at 7pm will be live streamed, including special occasion Masses.

### CARDINAL'S LENTEN APPEAL 2024

If you can, please show your support for the Cardinal's Lenten Appeal. All funds raised go towards projects across our Diocese. Each year, the Diocese uses donations made to support the work of our services, such as Marriage & Family Life; Youth Ministry, and Education. Funds are also used to support the work of Caritas Westminster, who work for and with some of the most vulnerable people in our Diocese. His Eminence, Cardinal Nichols, has expressed his gratitude to everyone who supports the Appeal, with whatever they can afford. So, please take a donation envelope today, for more information. You can use the QR code to make your donation online. Thank you for your generosity.

**PARISH OFFICE HOURS: MONDAY – THURSDAY 9:30AM – 1PM (FRIDAY THE OFFICE IS CLOSED)**

**Parish Priest:** Fr Damian-Mary Moneke, CSSp.  
[damianmoneke@rcdow.org.uk](mailto:damianmoneke@rcdow.org.uk) (Day off: Mon)

**1st Assistant Priest:** Fr Ignatius Nguyen Quy Quan, CSSp  
[guyquannguyen@rcdow.org.uk](mailto:guyquannguyen@rcdow.org.uk) (Day off: Wed)

**2nd Assistant Priest & Chaplain at Heathrow**

**Airport:** Fr Terkura Igbe, CSSp.

[terkuraigbe@rcdow.org.uk](mailto:terkuraigbe@rcdow.org.uk) (Day off: Thurs)

**PLEASE EMAIL OR CALL THE PRIEST DIRECTLY FOR AN APPOINTMENT**

**Parish Administrator:** Priya Joseph  
[priyajoseph@rcdow.org.uk](mailto:priyajoseph@rcdow.org.uk)

**Parish Catechist:** Lionel Pereira  
[hounslowcat@rcdow.org.uk](mailto:hounslowcat@rcdow.org.uk)

**Youth Worker:** Ivan Čížmárik  
[ivancizmarik@rcdow.org.uk](mailto:ivancizmarik@rcdow.org.uk)

**Parish Centre Manager:** Señorita Evans  
[senoritaevans@rcdow.org.uk](mailto:senoritaevans@rcdow.org.uk) – (07542 531 956)  
(BOOKINGS TAKEN BY PHONE MON, THURS, FRI 7.00-8.30AM TUES/WED 4.00-5.00PM, OR BY EMAIL)

**Parish Safeguarding Representatives:**  
[hounslowsg@safeguardrcdow.org.uk](mailto:hounslowsg@safeguardrcdow.org.uk) (Lorna – Admin)  
[hounslowsg1@safeguardrcdow.org.uk](mailto:hounslowsg1@safeguardrcdow.org.uk) (Chinyere)

**SUNDAY MASSES**  
Sat Vigil 6.15pm  
7:30am, 9am,  
10.30am,  
12noon  
6pm

**WEEKDAY MASSES**  
Mon – Sat 9am  
Mon – Thu 6pm  
Fri 7pm

**CONFESSIONS**  
Friday 6pm – 6:30pm  
Saturday 9:30am –  
10:15am & 4:30pm –  
5:15pm

**PARISH ROSARY**  
Mon – Sat at 8:15am

**HOLY HOUR & BENEDICTION**  
Saturday 4.30-  
5.30pm

**THE ANGELUS PRAYER**  
Before every evening  
Mass

## **PARISH NOTICES**

### **STATIONS OF THE CROSS (LENT SEASON)**

Every Friday in the church after the 9am Mass, led by a lay faithful, and 7pm Mass, led by a Priest. In addition, Stations of the Cross, led by a lay faithful, takes place every Saturday after the 9am Mass.

### **LENTEN RECOLLECTION**

Our Parish Lenten Recollection will take place on Saturday 02nd March in the church. The recollection will begin at 4.00pm and ends with Benediction at 5.30pm.

### **PARISH VOLUNTEER MASS**

The next Parish volunteer Mass will be on Thursday 25<sup>th</sup> April. Refreshments that will be provided by the Parish. If any group would like to help to serve the refreshments immediately after Mass, please email the parish office [hounslow@rcdow.org.uk](mailto:hounslow@rcdow.org.uk).

### **CAFOD FAMILY FAST DAY APPEAL**

This Lent, your donations to CAFOD's Family Fast Day appeal will help hardworking people like James the fisherman in Liberia with resources, tools and training to feed their families for good. Give today using the envelope or online at [cafod.org.uk](http://cafod.org.uk) and please join us in praying with James that our sisters and brothers around the world have what they need to feed their families. Use the envelope in church or give online at [cafod.org.uk](http://cafod.org.uk).

### **CAFÉ TOGETHER**

Café Together will offer a weekly warm meal, company and assistance to people who need a little help at St Johns' Church Hall, Isleworth (St John's Road, TW7 6NY), starting on Wednesday 7<sup>th</sup> February at 6:30pm. Café Together will be held every Wednesday at St John's Church Hall, Isleworth from 6:30pm to 8:30pm, from the 7th February to the 27th March.

### **VOLUNTEERS NEEDED: PROJECTOR/SLIDES TEAM**

Are you passionate about enhancing worship experiences through technology? Our Parish is currently seeking dedicated volunteers to join our Projector/Slides Team who will operate the projector during weekend masses and other events. This is an opportunity to contribute to the worship experience and support our church community.

If you are interested in joining the Projector/Slides Team, please contact Sam via text on 07450355567. Training will be provided for all volunteers, so no prior experience is necessary. Thank you for considering this opportunity to serve!

### **UCM EVENTS**

The Union of Catholic Mothers is holding a welcome **coffee morning after the 9.00am and 10.30am masses on Sunday 18th Feb. A LENTEN LUNCH in the Parish Centre, on Saturday 24th February 2024 from 1.00pm.** Tickets will be on sale after all masses. Adults £3.00; children under 12 £1.50. Come and enjoy a bowl of soup or jacket potato for charity.

### **UCM MEETING**

Tuesday 27th February at 7.00pm in the Parish Centre.

### **CAFOD BIG LENT WALK:**

Fr Tony Convery will be doing the Lent Walk for CAFOD this year and would be glad if you could sponsor him. Donations can be made through his fundraising page at <https://walk.cafod.org.uk/fundraising/fr-tonys-fundraising-page>

### **BIBLE STUDY COURSE – WISDOM: GOD'S VISION FOR LIFE WILL START ON WEDNESDAY 13TH MARCH.**

The eight-week session course will be held on Wednesdays in the Parish Centre. Parishioners can attend the sessions after 9 am or 6 pm Mass. Participants of Wisdom will receive a journal that costs £24.99 each. For more information or to register, contact Ivan via email: [ivancizmarik@rcdow.org.uk](mailto:ivancizmarik@rcdow.org.uk).

All are welcome!

### **MASS ATTENDANCE CARDS AND STICKERS**

This Card will be requested by the Priest before signing of the *Certificate of Catholic Practise (CCP) for Catholic Schools*. Stickers will be given when you ENTER THE CHURCH BEFORE MASS BEGINS.

- Please ensure your card has a recent PHOTO of your child and their FULL NAME.
- All parents are reminded that a sticker will only be issued if the child is present for the Mass.

- Stickers will not be given if the card is not presented. We will stop issuing stickers once the First Reading starts.

## IMPORTANT REMINDER – THE TOILETS

The Church toilets are open only during Mass times when we have volunteers to assist with their use. While the toilet at the main entrance of the Church is for both males and females, **the toilet by the side of Our Lady's Chapel, inside the church is for females only.** Please avail yourself of other public toilets when our toilets are closed.

## REGULAR NOTICES

### HOW TO REGISTER IN THIS PARISH?

The first thing to do is to complete the **PARISH REGISTRATION FORM (GREEN FORM)** which is available in the parish office and also in the porch area of the church. Thereafter, you are requested to slip the completed parish registration form into the **MAILBOX in the Presbytery door.** Please allow at least two weeks for the Parish Registration forms to be processed. To obtain your family ID number, please send an email to the parish office [hounslow@rcdow.org.uk](mailto:hounslow@rcdow.org.uk), providing your full name and date of birth. If you are a visitor or worshipping with us for the first time, you are very welcome to our parish family.

### MARRIAGE PAPERWORK PROCESS

You must give 6 MONTHS' NOTICE of MARRIAGE – whether it is happening HERE or ABROAD. PLEASE DO NOT LEAVE IT TO THE LAST MINUTE. Couples or individuals should speak to a Priest VERY EARLY IN THE PROCESS – so there is no last-minute rush. Marriage Preparation Courses are NOT offered EVERY MONTH. All couples who want to do their marriage paperwork in the parish **should contact** Fr Damian-Mary Moneke, CSSp (contact details are available on page 1).

## CATECHETICAL PROGRAMMES

### WHERE TO FIND INFORMATION ON PARISH SACRAMENTAL PROGRAMMES:

Type [parish.rcdow.org/Hounslow](http://parish.rcdow.org/Hounslow) in your browser. Then navigate to PARISH WEBSITE → PARISH LIFE → SACRAMENTAL PREPARATION; it has general information on the various programs. The next place to check is the Parish Newsletter. If the information you seek is not found on either of these then email the Parish Catechist Lionel Pereira on

[hounslowcat@rcdow.org.uk](mailto:hounslowcat@rcdow.org.uk). Please reserve phone calls for urgent matters.

### BAPTISM PREPARATION COURSE

Parents of infants and those seeking Baptism may register for the course using the online form available on the Baptism page of the Parish website. The next course will be run in March 2024. Read the Baptism webpage for requirements & other details.

### VOLUNTEER CATECHISTS & ASSISTANTS

Our parish requires more volunteer catechists and assistants to aid in the Sacramental preparation of our children. If you wish to serve our parish, are willing to contribute your time, want to learn more about your faith and share it with others, then please send an email to [hounslowcat@rcdow.org.uk](mailto:hounslowcat@rcdow.org.uk) Prior experience is helpful, but not necessary.

### CATECHIST ON ANNUAL LEAVE

Please note that the catechist Lionel Pereira is on annual leave from 10<sup>th</sup> February and will return on Monday 19<sup>th</sup> February.

#### Online Giving/ Standing Order

To make your donation online, please visit:

<https://parish.rcdow.org.uk/hounslow/donate/other-ways-to-give/>

#### Bank Transfer

To make a one-off donation please use the parish bank account details:

Account Name: **WRC DT Hounslow**

Sort Code: **40-05-20**

Account Number: **11095463**

Reference: **Surname and First Initial**

If you are a UK taxpayer, please Gift Aid your donation. The government will top up your gift by 25 percent, meaning a £20 offering becomes £25, at NO cost to you.

**NO FLOWERS IN THE CHURCH  
DURING LENTEN SEASON PLEASE.**

**THANK YOU**

## TEXTS FOR THIS SUNDAY'S MASS

### **1<sup>st</sup> Sunday of Lent**

**Genesis 9:8-15** – 'There shall be no flood to destroy the earth again'

**Psalms Response** – *Your ways, Lord, are faithfulness and love for those who keep your covenant*

**1 Peter 3:18-22** – The water on which the Ark floated is a type of the baptism which saves you now

**Mark 1:12-15** – Jesus was tempted by Satan, and the angels looked after him

## NEXT SUNDAY'S MASS

### **2<sup>nd</sup> Sunday of Lent**

**Genesis 22:1-2,9-13,15-18** – The sacrifice of Abraham, our father in faith

**Psalms Response** – *I will walk in the presence of the Lord, in the land of the living*

**Romans 8:31-34** – God did not spare his own Son

**Mark 9:2-10** – This is my Son, the Beloved

## PARISH GROUP MEETINGS

### **GOAN CHAPLAINCY MASS**

Sunday, 18<sup>th</sup> February at 4pm

### **SYRO-MALABAR CHAPLAINCY MASS**

Sunday 3<sup>rd</sup> March at 4pm

### **SINHALESE CHAPLAINCY MASS**

Sunday 10<sup>th</sup> March at 4pm

### **ST ANTHONY NOVENAS**

St Anthony Novenas on Tuesday at 7pm in Church.

### **NOVENA TO OUR LADY OF PERPETUAL HELP**

Will resume on Wednesday 21<sup>st</sup> February.

### **CHURCH CLEANING**

Thursdays after 9am Mass. Thank you

### **DEVOTION TO THE SACRED HEART OF JESUS AND IMMACULATE HEART OF MARY**

Thursdays from 5pm.

### **DIVINE MERCY DEVOTION**

First Friday of each month at 3pm

### **ST VINCENT DE PAUL SOCIETY (SVP) MEETINGS**

Weekend: 2<sup>nd</sup> & 4<sup>th</sup> Saturday at 10am in the Parish Centre.

## WEEKLY OFFERTORY COLLECTION

**10<sup>th</sup>/11<sup>th</sup> February 2024**

Envelopes: £1,486.20

Loose: £4,142.63

**TOTAL: £5,628.83**

**May God bless your generosity!**

## IN YOUR PRAYERS – REMEMBER

**OUR SICK:** Nizelle Soares, Peter Newton, Hubert Teles, Andrew Logadasan, Steve, Sandra, Carson Javier Dabasia, Amy & Denzil Burns, Terry Lynch, Igor Sitarska, and Don Lynch.

**DECEASED:** Sean Feeney, Rosaria Castro, Remy Vaz, Marie Lynch, Baby Nyssa, Roque Antonio Wellington Vaz, Emmanuel Dankyi, Maria Viegas, Gina Coreixas (Mazzaschi), Lewis Barallon, Malcolm Rose and John Lynch.

## LIVING WORD CATHOLIC CHARISMATIC RENEWAL PRAYER GROUP

Invites parishioners to our weekly prayer meeting/fellowship every Friday evening in the Parish Centre. Time: 7pm - 9pm. All are welcome. Email us at livingwordccr@gmail.com; contact Sam (447450355567), Graham (+447908287917) for other enquiries.

### **A DAY WITH MARY PILGRIMAGE TO FATIMA**

A Day with Mary Pilgrimage to Fatima 7 to 14 June 2024. Please see poster displayed in the porch area of the Church for further information.

### **UPCOMING FEAST**

Thursday 22<sup>nd</sup> February – CHAIR OF ST PETER, APOSTLE. Masses at 9am & 6pm.

### **PRAYER FOR THE SICK AND HOUSEBOUND**

Father, we thank you for the gift of your Son in the Eucharist. We now place before you all the sick and housebound of our parish. As they share in this Eucharist with us, we pray that they may come to know the depth of your love for them and, the joy, the peace and healing of your presence. We make our prayer through Christ our Lord. Amen.